

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 11 February 6th Sunday of the Year (World Day for the Sick)	5:00pm (Sat) 9:30am	St Peter in Chains St John & St Columba	Vigil Mass Holy Mass	Charlie Burke (RIP) For the People
SOLEMNITY OF OUR LADY OF LOURDES	11:30am 5:00pm	Our Lady of Lourdes Our Lady of Lourdes	Holy Mass Holy Mass	Anna Hain (RIP) Liz Ward (RIP)
Monday 12 February 6th Week of the Year	10:00am	St John & St Columba	Funeral Mass	Tom McKillop (RIP)
Tuesday 13 February 6th Week of the Year	7:00pm	St John & St Columba	Holy Mass	Marianne Stewart (RIP)
Wednesday 14 February Ash Wednesday (Fast and Abstinence)	10:00am 7:00pm	St Peter in Chains Our Lady of Lourdes	Holy Mass Holy Mass	Joe Hunter (Birthday) Phil Parsons (Spec. Int)
Thursday 15 February Thursday after Ash Wednesday	7:00pm	Our Lady of Lourdes	Holy Mass	Alex McAuley (RIP)
Friday 16 February DAY OF PRAYER FOR THOSE WHO SUFFERED ABUSE	10:00am	St Peter in Chains	Holy Mass	Ethil Foy
Saturday 17 February (Seven Holy Founders of the Servite Order)	10:00am	St John & St Columba	Holy Mass	Ladi Kauras (Anniv.)
1st Sunday of Lent	5:00pm	St Peter in Chains	Vigil Mass	Stephen Morgan (RIP)
Sunday 18 February 1st Sunday of Lent	9:30am 11:30am	St John & St Columba Our Lady of Lourdes	Holy Mass Holy Mass	For the People Ann Marie Hepburn (Spec. Int)
	5:00pm	Our Lady of Lourdes	Holy Mass	Mike Ward (RIP)

Sacrament of Reconciliation

Tuesday - St John & St Columba - 6:30pm - 6:50pm
 Thursday - Our Lady of Lourdes - 6:30pm - 6:50pm
 Saturday - St John & Columba - 10:30am - 11:00am
 - St Peter in Chains - 4:30pm - 4:50pm

Rosary & Adoration of the Blessed Sacrament

Tuesday - St John & St Columba - 6:30pm - 7:00pm
 Thursday - Our Lady of Lourdes - 6:30pm - 7:00pm
 Saturday - St John & St Columba - 9:30am - 10:00am
 Sunday - St John & St Columba 9:00am - 9:30am
 Our Lady of Lourdes 4:30pm - 5:00pm

PARISH CONTACT INFORMATION

Parish Priest - Fr Andrew Kingham (email: frandrew.kingham@staned.org.uk)
 Parish Office & Presbytery - 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202
Parish Deacon - Rev Pat Carrigan (email: obl.columba@gmail.com)

Parish Secretary - please email the Parish Priest

Parish Assistant - Dean McGuire (email: mhparishnewsletter@gmail.com) newsletter submissions to be received by 12 noon on a Thursday.

Parish Safeguarding Officers - Michael McCourt (PiC); Lisa Quinn & Karen Parker (J&C); Andrew Millar & Christopher Nwachukwu (OLoL)

Marriages & Baptisms

Arrangements for weddings, for which six months notice is required, as well as Baptisms should be made by appointment with the Parish Priest.

The Anointing of the Sick & Hospital Visitations

The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. Those who require the Sacrament of the Anointing of the Sick at home, should contact the Parish Priest to arrange a visit. In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain, please request this from the nursing staff at the hospital.

Funeral Arrangements

For funeral arrangements please make contact with Fr Andrew.

Names for sick list

Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office.

Mass Intentions

Please collect an envelope from the back of the Church. When complete these can be given to the Priest or put through the Presbytery door at Our Lady of Lourdes. Please print the name of the person in block capitals for ease of legibility.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

*The Catholic Parish of the
 Most Holy Trinity
 Parish Newsletter.*

**Sunday 11 February 2024
 Sixth Sunday in Ordinary Time (B)**

Continuing the Journey with Jesus

Following last week's Gospel, Jesus has set out to preach and heal in the other towns of Galilee when a leper comes to him and pleads for healing.

In Biblical times people with any kind of shiny, scaly skin condition were usually considered to have leprosy. This is not Hansen's Disease - the proper name for leprosy as we know it today.

Anyone suspected of being leprous had to live outside their town for fear of spreading the disease to others. They had to leave their home and family, their job, their community and their synagogue. They were dependent on others to bring them food and water.

This sense of fear and suspicion about lepers is a stark contrast to the welcome given by Jesus to the man in the Gospel.

He comes to Jesus and asks him to make him clean, to cure him. Jesus is deeply moved and touches the man (which must have required great compassion) and cures him. In healing the man, Jesus has done much more for him than simply relieving him of a distressing ailment. Jesus has literally given the man his life back. Now he can go home to his family, take up his job again and renew his religious practice in the synagogue.

In Jesus' day many people took illness, disease and disability as a sign that people were also morally ill, that they had sinned, done something wrong. By healing the sick, Jesus removes the taint of evil from them as well.

Interestingly, there is a kind of 'role-reversal' in this Gospel. In the beginning it is the leper who is the outcast, the one who must live outside the town. Because the cured man tells the story everywhere, Jesus now becomes the one who has to stay outside the towns and villages. Never the less, the people, like the leper, still come to him for healing.

Aware of our need for healing, we, too, can take the initiative by approaching Jesus. We will be met with welcome, compassion and love. We can be restored to our rightful place as beloved sons and daughters. We, too, can tell the story of what God has done for us.

(Reflection shared with permission from Carmelites website Ocarm.org)

The Parish Clergy

Parish Priest:

Fr. Andrew Kingham

Parish Deacon:

Rev. Pat Carrigan

Contact details can be found on the back page.



St Peter in Chain's Church, Inverkeithing



St John & St Columba's Church, Rosyth



Our Lady of Lourdes Church, Dunfermline

Scripture Readings & Responses

FIRST READING

LEVITICUS 13:1-2,44-46

The Lord said to Moses and Aaron, ‘If a swelling or scab or shiny spot appears on a man’s skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons. ‘The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, “Unclean, unclean.” As long as the disease lasts he must be unclean; and therefore he must live apart: he must live outside the camp.’

The Word of the Lord— Thanks be to God.

RESPONSORIAL PSALM

PSALM 31

R. You are my refuge, O Lord; you fill me with the joy of salvation.

1. Happy the man whose offence is forgiven, whose sin is remitted. O happy the man to whom the Lord imputes no guilt, in whose spirit is no guile. **(R)**
2. But now I have acknowledged my sins; my guilt I did not hide. I said: ‘I will confess my offence to the Lord.’ And you, Lord, have forgiven the guilt of my sin. **(R)**
3. Rejoice, rejoice in the Lord, exult, you just! O come, ring out your joy, all you upright of heart. **(R)**

SECOND READING

1 CORINTHIANS 10:31-11:1

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone – to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved. Take me for your model, as I take Christ.

The Word of the Lord— Thanks be to God.

GOSPEL ACCLAMATION

EPHESIANS 1:17.18

Alleluia, alleluia! May the Father of Our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us. Alleluia!

GOSPEL

MARK 1:40-45

A leper came to Jesus and pleaded on his knees: ‘If you want to’ he said ‘you can cure me.’ Feeling sorry for him, Jesus stretched out his hand and touched him. ‘Of course I want to!’ he said. ‘Be cured!’ And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, ‘Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.’ The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

The Gospel of the Lord— Praise to you Lord Jesus Christ.

Scripture Readings from The Jerusalem Bible © 1966 1967 and 1968 by Darton Longman & Todd Ltd and Doubleday and Company Ltd.
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Sick of the Parish

Please keep in your prayers those who are sick in our Parish at this time.

Lord, we lift up to you those who are sick and housebound. We ask that you would bring them healing and comfort. May they feel your presence with them, and may they be strengthened by your love. We pray that you will grant them peace and rest, and that they will be restored to full health. Amen.

4 February 2024 <i>Thank you for your generosity</i>	<i>St Peter in Chain's Inverkeithing</i>	<i>St John & St Columba's Rosyth</i>	<i>Our Lady of Lourdes Dunfermline</i>
Offertory Collection	£281.35	£163.14	£564.04
Second Collection		£62.61 (Building Fund)	£22.40 (Building Fund)
Standing Orders	£158.75	£364.63	£100.50
Bank Account Details	RBS A/C No: 00600297 Sort Code: 833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300

This Week's News & Events

For Your Prayers

Please pray for the repose of the soul of Patricia Donald who has died. Eternal rest grant her, O Lord, and let perpetual light shine upon her. May she rest in Peace and rise in glory. Amen.

World Day of the Sick

Today (Sunday 11 Feb) is World Day of the Sick. It was introduced by Pope St John Paul II to help us remember to pray for all those who are ill and for their care-givers. He chose this day because it coincides with the Feast of Our Lady of Lourdes, Lourdes being a place of pilgrimage renowned for healing. Please pray for the sick of our parish and the family members, friends and professionals who help them.

Weekday Mass Change

Please note there will be no morning Mass in St Peter in Chains on Monday 13 February. This is due to the funeral of the late Tom McKillop RIP taking place in St John & St Columba.

Ash Wednesday

Ash Wednesday takes place this week on 14 February, marking the beginning of our lenten journey towards Christ's resurrection at Easter. Holy Mass and the distribution of ashes will take place in St Peter in Chains at 10am, and in Our Lady of Lourdes at 7pm. A reminder that this day is a day of fasting and abstinence. Fasting is to be observed by those aged 18 to 60. The law of abstinence binds those who have completed their fourteenth year. On days of fasting only one full meal a day is taken. Two lighter meals are permitted to main strength according to each one's needs. Eating between meals is not permitted, but liquids, including milk and fruit juices, are allowed. The law of abstinence forbids the eating of meat but eggs, milk products, and condiments may from meat may be eaten. Fish and all cold blooded animals may be eaten.

Easter Duties

Those of the faithful who infrequently attend the sacraments of Penance and the Holy Eucharist should be aware of the long ecclesial tradition associating the precept of confessing grave sins and receive Holy Communion at least once during the Lenten season, or preferably Eastertide. (Directory on Popular Piety and the Liturgy, 125) The period for fulfilling the Easter Precept began on Ash Wednesday and ends on Trinity Sunday.

St John & St Columba 200 Club Winners - January

1st prize, Mr & Mrs R Neil; 2nd prize, Tommy Bryce; 3rd prize, Chris Bennett. Congratulations to all this month's winners. To ensure that the 200 club remains viable, we need more members to join. For more information on how the club raises funds for the Church or if you would like to join, please speak with Lisa Quinn after Mass.

Sacramental Preparation

Parents who have children in classes P3, P4, and P7 attending non-Catholic schools and who wish their child to be prepared for the Sacraments should contact Deacon Pat as soon as possible by email to register for instruction. Please include child's name, class and school in this correspondence and email it to DeaconPatrick.Carrigan@staned.org.uk. Please note this email address is case sensitive so should be copied as above.

Archdiocesan Stations of the Cross

Join people across the Archdiocese each Monday throughout Lent for our annual Stations of the Cross. It takes place on Zoom at 7:45pm, beginning on 19 February, and lasts around 30 minutes. We will be praying for unborn children, their mothers and all pro-life intentions. Register here at bit.ly/lentstations

Lent Video Reflections

Join Canon Hugh White each week in Lent as he reflects on the ‘Challenge of the Gospel’, in weekly videos posted each Monday morning on the Archdiocesan YouTube channel: bit.ly/ArchYouTube

Lourdes Pilgrimage 2024

The Archdiocesan Pilgrimage to Lourdes will take place from 5-12 July 2024. To find out more information please visit <https://www.edinburgh-lourdes.com/lourdes24>

Archdiocesan Day for Catechists

If you are involved with RCIA, children's liturgy, sacramental preparation or any other catechist role, please register for the Archdiocesan Day for Catechists at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB, on Saturday 9 March from 10:30am-3:00pm. While the day is aimed at Catechists, all are welcome. Please visit the following link to for more details <https://bit.ly/dayforcatechists>