

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 4 February 5th Sunday of the Year	5:00pm (Sat)	St Peter in Chains	Vigil Mass	Constance Faccenda (RIP)
	9:30am	St John & St Columba	Holy Mass	James Meade Snr (Anniv.)
	11:30am	Our Lady of Lourdes	Holy Mass	For the People
	5:00pm	Our Lady of Lourdes	Holy Mass	Elizabeth Markie (Anniv.)
Monday 5 February <i>St Agatha</i>	10:00am	St Peter in Chains	Holy Mass	Helen Stevens (RIP)
	12:00pm	Our Lady of Lourdes	Funeral Mass	David Muir (RIP)
Tuesday 6 February <i>St Paul Miki & Companions</i>	10:00am	St Peter in Chains	Funeral Mass	Bernadette McShane (RIP)
	7:00pm	St John & St Columba	Holy Mass	Stuart Trainer (RIP)
Wednesday 7 February 5th Week of the Year	NO	MASS	CELEBRATED	TODAY
Thursday 8 February <i>(St Jerome Emiliani)</i> <i>(St Josephine Bakhita)</i>	7:00pm	Our Lady of Lourdes	Holy Mass	Patricia Donald (ill)
Friday 9 February 5th Week of the Year	10:00am	St Peter in Chains	Holy Mass	Ron Price (RIP)
Saturday 10 February <i>St Scholastica</i> 6th Sunday of the Year	10:00am	St John & St Columba	Holy Mass	Bill Boyle (RIP)
	5:00pm	St Peter in Chains	Vigil Mass	Charlie Burke (RIP)
Sunday 11 February 6th Sunday of the Year Solemnity of Our Lady of Lourdes	9:30am	St John & St Columba	Holy Mass	For the People
	11:30am	Our Lady of Lourdes	Holy Mass	Anna Hain (RIP)
	5:00pm	Our Lady of Lourdes	Holy Mass	Liz Ward (RIP)

Sacrament of Reconciliation

Tuesday - St John & St Columba - 6:30pm - 6:50pm
 Thursday - Our Lady of Lourdes - 6:30pm - 6:50pm
 Saturday - St John & Columba - 10:30am - 11:00am
 - St Peter in Chains - 4:30pm - 4:50pm

Rosary & Adoration of the Blessed Sacrament

Tuesday - St John & St Columba - 6:30pm - 7:00pm
 Thursday - Our Lady of Lourdes - 6:30pm - 7:00pm
 Saturday - St John & St Columba - 9:30am - 10:00am
 Sunday - St John & St Columba 9:00am - 9:30am
 Our Lady of Lourdes 4:30pm - 5:00pm

PARISH CONTACT INFORMATION

Parish Priest - Fr Andrew Kingham (email: frandrew.kingham@stened.org.uk)

Parish Office & Presbytery - 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202

Parish Deacon - Rev Pat Carrigan (email: obl.columba@gmail.com)

Parish Secretary - please email the Parish Priest

Parish Assistant - Dean McGuire (email: mhparishnewsletter@gmail.com) newsletter submissions to be received by 12 noon on a Thursday.

Parish Safeguarding Officers - Michael McCourt (PiC); Lisa Quinn & Karen Parker (J&C); Andrew Millar & Christopher Nwachukwu (OLoL)

Marriages & Baptisms

Arrangements for weddings, for which six months notice is required, as well as Baptisms should be made by appointment with the Parish Priest.

The Anointing of the Sick & Hospital Visitations

The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. Those who require the Sacrament of the Anointing of the Sick at home, should contact the Parish Priest to arrange a visit. In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain, please request this from the nursing staff at the hospital.

Funeral Arrangements

For funeral arrangements please make contact with Fr Andrew.

Names for sick list

Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office.

Mass Intentions

Please collect an envelope from the back of the Church. When complete these can be given to the Priest or put through the Presbytery door at Our Lady of Lourdes. Please print the name of the person in block capitals for ease of legibility.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

*The Catholic Parish of the
Most Holy Trinity
Parish Newsletter.*

Sunday 4 February 2024

Fifth Sunday in Ordinary Time (B)

This Week's Reflection – On the Journey with Jesus

The story of Jesus' first day of ministry in Capernaum continues in the Gospel for this Sunday. After leaving the synagogue where he has healed the possessed man Jesus goes to Simon's house. He heals Simon's mother-in-law and restores her to her rightful place as hospitality provider - a sacred ministry in Jewish households. No words are spoken. Jesus simply holds her hand and helps her up. In doing so he would have broken taboos about touching a sick person, and touching a woman to whom he was not related. But in Mark's Gospel law and custom cannot stand in the way of God's healing power.

That evening, after sunset, after the Sabbath day was over, people begin to bring the sick and possessed to Jesus for healing.

Notice how 'local' all these elements of Mark's story are: a local man in the local synagogue, a local woman in her own house, local people crowd around the door, local people are brought for healing.

In all the healing stories, Mark presents Jesus in conversation with each individual. There are no 'en masse' healings - each person gets individual treatment - sometimes with words, sometimes by touch, sometimes both. There is a sense of intimacy in Jesus' healing ministry.

Interestingly, the devils seem to know exactly who Jesus is, but the human beings take much longer to recognise Jesus.

In the early morning Jesus goes off to pray by himself. Jesus prays both in public worship in the Synagogue and in moments of quiet communion with God. Mark helps us understand that both are necessary for would-be disciples. Jesus begins and ends his day in prayer.

When they find Jesus the disciples beg him to return to the town, but Jesus has other ideas. His preaching and healing is not only for the people of Capernaum, but for the whole people of Galilee.

No doubt, the disciples enjoyed being in the presence of such a wonder-worker as Jesus! But Jesus' focus is not himself; it is his mission of proclaiming the Good News of God's love through healing words and actions. The healing stories underline the idea that contact with God through the person of Jesus brings healing and wholeness, not death and destruction.

The preaching of Jesus together with the healing/wholeness stories is fundamentally about the transformation of real, living human beings into the new People of God.

(Reflection shared with permission from Carmelites website Ocarm.org)

The Parish Clergy

Parish Priest:

Fr. Andrew Kingham

Parish Deacon:

Rev. Pat Carrigan

Contact details can be found on the back page.



St Peter in Chain's Church, Inverkeithing



St John & St Columba's Church, Rosyth



Our Lady of Lourdes Church, Dunfermline

Scripture Readings & Responses

FIRST READING

JOB 7:1-4,6-7

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

The Word of the Lord— Thanks be to God.

RESPONSORIAL PSALM

PSALM 146

R. Praise the Lord who heals the broken-hearted.

1. Praise the Lord for he is good; sing to our God for he is loving; to him our praise is due. (R)
2. The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds. He fixes the number of the stars; he calls each one by its name. (R)
3. Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust. (R)

SECOND READING

1 CORINTHIANS 9:16-19,22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak: I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

The Word of the Lord— Thanks be to God.

GOSPEL ACCLAMATION

JOHN 8:12

Alleluia, alleluia! I am the light of the world, says the Lord, anyone who follows me will have the light of life. Alleluia!

GOSPEL

MARK 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Gospel of the Lord— Praise to you Lord Jesus Christ.

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Sick of the Parish

Please keep in your prayers those who are sick in our Parish at this time, especially: Patricia Donald.

Lord, we lift up to you those who are sick and housebound. We ask that you would bring them healing and comfort. May they feel your presence with them, and may they be strengthened by your love. We pray that you will grant them peace and rest, and that they will be restored to full health. Amen.

This Week's News & Events

Message of Thanks

Fr Andrew was pleased to welcome His Grace Archbishop Leo Cushley to the Parish of the Most Holy on Saturday 3 February. The Archbishop was the principal celebrant at the 10am Mass in St John & St Columba's, Rosyth. David Hunter was awarded the Archdiocesan Medal by His Grace for his long years of service to the Society of St Vincent de Paul and the Fife Furniture Project. Congratulations David from everyone in the Parish!

For Your Prayers

The Funeral Mass of the late Tom McKillop RIP will take place on Monday 12 February in St John & St Columba's at 10am. Tom's committal will then take place at Douglas Bank Cemetery at 11:15am. Eternal rest grant unto him O Lord and let perpetual light shine upon him. May he rest in Peace and rise in glory, Amen. Please continue to keep Tom's family in your prayers at this time.

Archdiocesan Lourdes Mass

The February Mass in honour of Our Lady of Lourdes takes place at 3pm **today** (Sunday 4 February) at St John the Baptist Church, 37 St Ninian's Road, Corstorphine, Edinburgh EH12 8AL. The Mass is organised by the Edinburgh Lourdes Pilgrimage team. Refreshments in hall afterwards. All welcome.

Ash Wednesday

Ash Wednesday takes place next week on 14 February, marking the beginning of our lenten journey towards Christ's resurrection at Easter. Holy Mass and the distribution of ashes will take place in St Peter in Chains at 10am, and in Our Lady of Lourdes at 7pm. A reminder that this day is a day of fasting and abstinence for those who are able.

Sacramental Preparation

Parents who have children in classes P3, P4, and P7 attending non Catholic schools and who wish their child to be prepared for the Sacraments should contact Deacon Pat as soon as possible by email to register for instruction. Please include child's name, class and school in this correspondence and email it to DeaconPatrick.Carrigan@staned.org.uk. Please note this email address is case sensitive so should be copied as above.

Flower Arranging at Our Lady of Lourdes

We are looking for an individual or small team who would be willing to take on the role of arranging the flowers at Our Lady of Lourdes. If you think this is something you would be interested in, or you would like to help as part of a team. Please speak to or email Father Andrew.

Archdiocesan Valentine's Retreat

The Archdiocesan Valentine's Retreat for married and engaged couples takes place at St Kentigern's Church, Parkgrove Avenue, Barnton, Edinburgh, EH4 7QR, on Saturday 10 February 2024, 2-5pm. It is an ideal way for all couples to spend time together in quiet reflection and prayer, in thanksgiving to God for each other and all the positive things that spring from your relationship. Creche available for children of primary school age and older. Register here at <https://bit.ly/valretreat>

Archdiocesan Stations of the Cross

Join people across the Archdiocese each Monday throughout Lent for our annual Stations of the Cross. It takes place on Zoom at 7:45pm, beginning on 19 February, and lasts around 30 minutes. We will be praying for unborn children, their mothers and all pro-life intentions. Register here at bit.ly/lentstations

Lourdes Pilgrimage 2024

The Archdiocesan Pilgrimage to Lourdes will take place from 5-12 July 2024. To find out more information please visit <https://www.edinburgh-lourdes.com/lourdes24>

Archdiocesan Events Calendar

For a full list of forthcoming events in the Archdiocese please visit <https://archedinburgh.org/news-events/>

28 January 2024	<i>St Peter in Chain's Inverkeithing</i>	<i>St John & St Columba's Rosyth</i>	<i>Our Lady of Lourdes Dunfermline</i>
Thank you for your generosity			
Offertory Collection	£248.81	£119.02	£653.07
Second Collection		£58.93 (Building Fund)	£6.30 (Building Fund)
Standing Orders	£158.75	£364.63	£100.50
Bank Account Details	RBS A/C No: 00600297 Sort Code:833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300