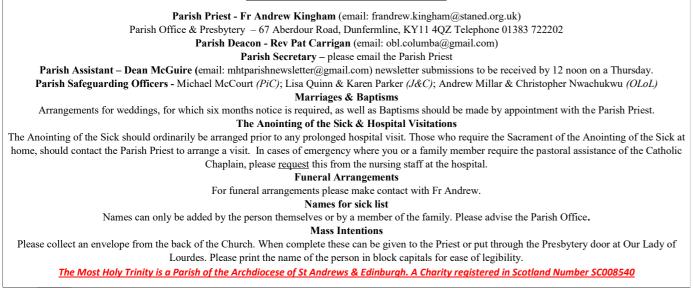
DATE	TIME	CHUI	RCH	LITURGICAL ACT	INTENTION
Sunday 28 January 4th Sunday of the Year	5:00pm (Sat)	St Peter in Chains		Vigil Mass	Special Intention
	9:30am	St John & St Columba		Holy Mass	Special Intention
	11:30am	Our Lady of Lourdes		Holy Mass	For the People
	5:00pm	Our Lady of Lourdes		Holy Mass	Special Intention
Monday 29 January 4th Week of the Year	10:00am	St Peter in Chains		Holy Mass	Jenny Smith (RIP)
Tuesday 30 January 4th Week of the Year	7:00pm	St John & St Columba		Holy Mass	Robert Smith (RIP)
Wednesday 31 January St John Bosco	NO	MASS		CELEBRATED	TODAY
Thursday 1 February 4th Week of the Year	7:00pm	Our Lady of Lourdes		Holy Mass	Gary Wood & Family (Thanksgiving)
Friday 2 February Presentation of the Lord	10:00am	St Peter in Chains		Holy Mass	Anne & David Burke (Spec. Int)
Saturday 3 February 4th Week of the Year	10:00am	St John & St Columba		Holy Mass	Darragh Owens (RIP)
5th Sunday of the Year	5:00pm	St Peter in Chains		Vigil Mass	Constance Faccenda (RIP)
Sunday 4 February 5th Sunday of the Year	9:30am	St John & St Columba		Holy Mass	James Meade Snr (Anniv.)
	11:30am	Our Lady of Lourdes		Holy Mass	For the People
	5:00pm	Our Lady of Lourdes		Holy Mass	Elizabeth Markie (Anniv.)
Sacrament of Reconciliation			Rosary & Adoration of the Blessed Sacrament		
Tuesday - St John & St Columba - 6:30pm - 6:50pm			Tuesday - St John & St Columba - 6:30pm - 7:00pm		
Thursday - Our Lady of Lourdes - 6:30pm - 6:50pm			Thursday - Our Lady of Lourdes - 6:30pm - 7:00pm		
Saturday - St John & Colu	umba - 10:30am -	11:00am	Saturd	lay - St John & St Colu	mba - 9:30am - 10:00am
- St Peter in Chains - 4:30pm - 4:50pm			Sunday - St John & St Columba 9:00am - 9:30am		
				Our Lady of Lourdes	4:30pm - 5:00pm
	PA	ARISH CONTA	CT INFORM	ATION	

PARISH CONTACT INFORMATION



The Catholic Parish of the Most Holy Trinity

Parish Newsletter. Sunday 28 January 2024 Fourth Sunday in Ordinary Time (B)

This Week's Reflection – Beginning the Journey

Following directly from the call of the first four disciples in last week's Gospel, this week we are plunged into the ministry of Jesus. The gospels of the 4th, 5th and 6th Sundays detail Jesus' ministry in Capernaum.

Last Sunday the Gospel highlighted the disciples' call to live and work in active partnership with Jesus. To become 'fishers of people' they left behind all that was known and familiar to them, including their thriving fishing businesses and families. They took 'a leap of faith', not knowing where their journey with Jesus would take them.

Over the next three Sundays we get some insight into who Jesus is and what that journey is about.

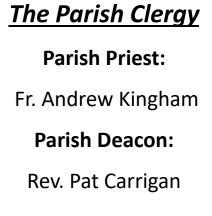
Today's gospel finds Jesus and the disciples arriving in Capernaum, a small town on the northern edge of the Sea of Galilee, which will be Jesus' base for his ministry in Galilee.

On the Sabbath Jesus and the disciples attend the Sabbath service during which Jesus gives a teaching. His words strike the people as authentic and having the 'ring of truth' about them. Jesus' words not only move the people but also release a man from an unclean spirit. Jesus' action is in response to the question the man poses, 'Have you come to destroy us?' Rather than destroy, Jesus liberates the man from the unclean spirit, restoring him to health and wholeness.

Jesus' way is not about crushing people with the power and authority of God, but about bringing freedom and liberation from the evil which holds them bound.

Many people are afraid of God, but Jesus keeps saying and showing that we don't need to be afraid of God. God is about doing good for his people, not about punishing them. God's power heals, restores and frees so that we can grow into the people God has always dreamed we might become.

The disciples are learning something new about who God is through the words and actions of Jesus. There is a call here to greater faith and trust in the goodness of God.



Contact details can be found on the back page.



St Peter in Chain's Church, Inverkeithing



St John & St Columba's Church, Rosyth



Our Lady of Lourdes Church, Dunfermline

Scripture Readings & Responses

FIRST READING

DEUTERONOMY 18:15-20

Moses said to the people: 'The Lord your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die."

The Word of the Lord- Thanks be to God.

RESPONSORIAL PSALM

- R. O that today you would listen to his voice! 'Harden not your hearts.'
- 1. Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks, with songs let us hail the Lord. (R)
- 2. Come in; let us bow and bend low; let us kneel before the God who made us: for he is our God and we the people who belong to his pasture, the flock that is led by his hand. (*R*)
- 3. O that today you would listen to his voice! 'Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.' (R)

SECOND READING

1 CORINTHIANS 7:32-35

PSALM 94

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

The Word of the Lord- Thanks be to God.

GOSPEL ACCLAMATION

MATTHEW 11.25

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth for revealing the mysteries of the kingdom to mere children. Alleluia!

GOSPEL

MARK 1:21-28

Jesus and his disciples went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

The Gospel of the Lord- Praise to you Lord Jesus Christ.

Scripture Readings from The Jerusalem Bible © 1966 1967 and 1968 by Darton Longman & Todd Ltd and Doubleday and Company Ltd. Text of the Psalms: Copyright © 1963, The Grail (England).

Sick of the Parish

Please keep in your prayers those who are sick in our Parish at this time, especially: Patricia Donald.

Lord, we lift up to you those who are sick and housebound. We ask that you would bring them healing and comfort. May they feel your presence with them, and may they be strengthened by your love. We pray that you will grant them peace and rest, and that they will be restored to full health. Amen.

This Week's News & Events

For You Prayers

The Funeral Mass of the late David Muir RIP will take place on Monday 5 February in Our Lady of Lourdes at 12 noon. David's committal will then take place at Dunfermline Crematorium at 1:15pm. Eternal rest grant unto him O Lord and let perpetual light shine upon him. May he rest in Peace and rise in glory, Amen. Please continue to keep David's family in your prayers at this time.

For You Prayers

The Funeral Mass of the late Bernadette McShane RIP will take place on Tuesday 6 February in St Peter in Chains at 12 noon. Bernadette's committal will then take place at Dunfermline Crematorium 1:15pm. Eternal rest grant unto her O Lord and let perpetual light shine upon her. May she rest in Peace and rise in glory, Amen. Please continue to keep Bernadette's family in your prayers at this time.

Count Down to Lent

You should return your old palms from last year and leave them in the baskets at the back of the church. These will be burned to make ashes for this year's celebration.

Ash Wednesday

Ash Wednesday takes place on 14 February marking the beginning of our lenten journey towards Christ's resurrection at Easter. Holy Mass and the distribution of ashes will take place in St Peter in Chains at 10am, and in Our Lady of Lourdes at 7pm. A reminder that this day is a day of fasting and abstinence for those who are able.

Sacramental Preparation

Parents who have children in classes P3, P4, and P7 attending non Catholic schools and who wish their child to be prepared for the Sacraments should contact Deacon Pat as soon as possible by email to register for instruction. Please include child's name, class and school in this correspondence and email it to <u>DeaconPatrick.Carrigan@staned.org.uk</u>. Please note this email address is case sensitive so should be copied as above.

Lenten SCIAF Campaign

As part of our Lenten journey and the encouragement of almsgiving, the Scottish Catholic International Aid Fund (SCIAF) launch their 'wee box' appeal. Look out next weekend for your 'wee box' which will be inserted into your newsletter. Information booklets will also be available at the back of the Church. Please also have a look at the posters located on the noticeboard in your Church. As a parish, lets raise the most money we ever have for this very worthwhile cause.

Flower Arranging at Our Lady of Lourdes

Were are looking for an individual or small team who would be willing to take on the role of arranging the flowers at Our Lady of Lourdes. If you think this is something you would be interested in, or you would like to help as part of a team. Please speak to or email Father Andrew.

New Dawn Day

New Dawn in Scotland hosts a conference and parish healing service at Ss John Cantius & Nicholas Parish, West Main Street, Broxburn, EH52 5RJ on Saturday 3 February from 9:30am. Speakers are Fr Frankie Mulgrew, priest from the Diocese of Salford (and a former comedian), and Terry Quinn, an International Catholic Evangelist and bible scholar. We will also be offering workshops, prayer ministry, testimonies, youth & children's ministries along with adoration and rosary. There will also be priests available to hear confessions. Please bring a packed lunch along on the day. Visit <u>https://newdawninscotland.com for more information.</u>

21 January 2024 Thank you for your generosity	<u>St Peter in Chain's</u> Inverkeithing	<u>St John & St Columba's</u> <u>Rosyth</u>	<u>Our Lady of Lourdes</u> <u>Dunfermline</u>
Offertory Collection (Sunday)	£211.97	£138.62	£498.19
Second Collection		£65.23 (Building Fund)	£19.55 (Building Fund)
Standing Orders	£158.75	£364.63	£100.50
Bank Account Details	RBS A/C No: 00600297 Sort Code:833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300