DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 18 February 1st Sunday of Lent	5:00pm (Sat)	St Peter in Chains	Vigil Mass	Stephen Morgan (RIP)
	9:30am	St John & St Columba	Holy Mass	For the People
	11:30am	Our Lady of Lourdes	Holy Mass	Ann Marie Hepburn (Spec. Int)
	5:00pm	Our Lady of Lourdes	Holy Mass	Mike Ward (RIP)
Monday 19 February 1st Week of Lent	10:00am	St John & St Columba	Holy Mass	Special Intention
	7:00pm	Our Lady of Lourdes	Stations of the Cross	
Tuesday 20 February 1st Week of Lent	7:00pm	St John & St Columba	Holy Mass	Bill Sharkey (RIP)
Wednesday 21 February (St Peter Damian)	7:00pm	St Peter in Chains	Stations of the Cross	
Thursday 22 February Chair of St Peter the Apostle	7:00pm	Our Lady of Lourdes	Holy Mass	Isabel Cardinale (RIP)
Friday 23 February (St Polycarp)	10:00am	St Peter in Chains	Holy Mass	Margaret O'Brien (Anniv.)
	7:00pm	St John & St Columba	Stations of the Cross	
Saturday 24 February 1st Week of Lent	10:00am	St John & St Columba	Holy Mass	Maureen Coleman (RIP)
2nd Sunday of Lent	5:00pm	St Peter in Chains	Vigil Mass	Special Intention
Sunday 25 February 2nd Sunday of Lent	9:30am	St John & St Columba	Holy Mass	For the People
	11:30am	Our Lady of Lourdes	Holy Mass	Philip Patterson (Anniv.)
	5:00pm	Our Lady of Lourdes	Holy Mass	Joyce Connolly (Spec Int.)

Sacrament of Reconciliation

Tuesday - St John & St Columba - 6:30pm - 6:50pm

Thursday - Our Lady of Lourdes - 6:30pm - 6:50pm

Saturday - St John & Columba - 10:30am - 11:00am

- St Peter in Chains - 4:30pm - 4:50pm

Rosary & Adoration of the Blessed Sacrament

Tuesday - St John & St Columba - 6:30pm - 7:00pm

Thursday - Our Lady of Lourdes - 6:30pm - 7:00pm

Saturday - St John & St Columba - 9:30am - 10:00am

Sunday - St John & St Columba 9:00am - 9:30am

Our Lady of Lourdes 4:30pm - 5:00pm

PARISH CONTACT INFORMATION

Parish Priest - Fr Andrew Kingham (email: frandrew.kingham@staned.org.uk)
Parish Office & Presbytery − 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202

Parish Deacon - Rev Pat Carrigan (email: obl.columba@gmail.com)

Parish Secretary – please email the Parish Priest

Parish Assistant – Dean McGuire (email: mhtparishnewsletter@gmail.com) newsletter submissions to be received by 12 noon on a Thursday.

Parish Safeguarding Officers - Michael McCourt (PiC); Lisa Quinn & Karen Parker (J&C); Andrew Millar & Christopher Nwachukwu (OLoL)

Marriages & Baptisms

Arrangements for weddings, for which six months notice is required, as well as Baptisms should be made by appointment with the Parish Priest.

The Anointing of the Sick & Hospital Visitations

The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. Those who require the Sacrament of the Anointing of the Sick at home, should contact the Parish Priest to arrange a visit. In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain, please request this from the nursing staff at the hospital.

Funeral Arrangements

For funeral arrangements please make contact with Fr Andrew.

Names for sick list

Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office.

Mass Intentions

Please collect an envelope from the back of the Church. When complete these can be given to the Priest or put through the Presbytery door at Our Lady of Lourdes. Please print the name of the person in block capitals for ease of legibility.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

The Catholic Parish of the Most Holy Trinity

Parish Newsletter.

Sunday 18 February 2024 First Sunday of Lent (B)

From Temptation to Transfiguration

Our great Lenten journey has begun! It's a journey which begins in ash and ends in water. Fire is a profound part of our experience. We know its power to destroy, blacken and reduce to ash.

We know that evil can do the same - destroy our wholeness of spirit, blacken our lives and reduce the beauty of human life to so much dust.

We begin Lent in the ash of acknowledging our own part in harbouring, creating and doing evil - those places in our hearts where the fire of anger, bitterness, selfishness or narrowness of mind and heart has left nothing but cold ash.

The ash is a reminder that our true life is not found in mortal things which eventually turn to dust, but in eternal things. We also know that out of ash new life can bud, grow strong, bloom into fullness - that's the Easter miracle.

As always, the Gospels of the first two Sundays in Lent provide a road map for our Lenten journey from temptation (this Sunday) to transfiguration (next Sunday).

We allow ourselves to be tempted out of the ash of selfishness and narrowness of heart and into a life of open-hearted goodness. We celebrate God's graciousness to us by sharing what we have with those in need whether it be food, wealth, time, love, friendship or compassion. That's what it means to 'repent and believe the Good News'.

In these days when we are so conscious of the impact of human life on God's creation, perhaps we could think about some permanent fasting from our excessive consumption of power, food and petrol in order to allow our earth to heal, to breathe and to continue to be a source of nourishment and life for the whole human family.

The Parish Clergy

Parish Priest:

Fr. Andrew Kingham

Parish Deacon:

Rev. Pat Carrigan

Contact details can be found on the back page.



St Peter in Chain's Church, Inverkeithing



St John & St Columba's Church, Rosyth



Our Lady of Lourdes Church, Dunfermline

Scripture Readings & Responses

FIRST READING GENESIS 9:8-15

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.' God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The Word of the Lord- Thanks be to God.

RESPONSORIAL PSALM PSALM 24

R. Your ways, Lord, are faithfulness and love for those who keep your covenant.

- 1. Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my saviour. (R)
- 2. Remember your mercy, Lord, and the love you have shown from of old. In your love remember me, because of your goodness, O Lord. (R)
- 3. The Lord is good and upright. He shows the path to those who stray, He guides the humble in the right path, He teaches his way to the poor. (R)

SECOND READING 1 PETER 3:18-22

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

The Word of the Lord- Thanks be to God.

GOSPEL ACCLAMATION

MATTHEW4:4

Praise to you, O Christ, King of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, King of eternal glory!

GOSPEL MARK 1:12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him. After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord-Praise to you Lord Jesus Christ.

Scripture Readings from The Jerusalem Bible © 1966 1967 and 1968 by Darton Longman & Todd Ltd and Doubleday and Company Ltd. Text of the Psalms: Copyright © 1963, The Grail (England).

Apostles' Creed

I believe in god, the Father almighty, creator of heaven and earth, and in Jesus Christ, his only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

This Week's News & Events

Stations of the Cross

As a Parish we will make the Way of the Cross during the season of Lent. This will begin next week taking place on Monday's in Our Lady of Lourdes, Wednesday's in St Peter in Chains and Friday's in St John & St Columba and will begin at 7pm. If you are able, please consider coming along and spending time in prayer with God.

SCIAF Wee Boxes

For those who have not received theirs, there are a number of SCIAF 'wee boxes' available at the back of the Church. During this season of Lent the Church encourages us to support charitable work and almsgiving. This is a great way of supporting a very worthwhile cause for those in poverty. Please return boxes to the Church by Palm Sunday. Boxes will be brought forward as our gifts for the poor in our offertory procession on Holy Thursday.

Easter Duties

Those of the faithful who infrequently attend the sacraments of Penance and the Holy Eucharist should be aware of the long ecclesial tradition associating the precept of confessing grave sins and receive Holy Communion at least once during the Lenten season, or preferably Eastertide. (Directory on Popular Piety and the Liturgy, 125) The period for fulfilling the Easter Precept began on Ash Wednesday and ends on Trinity Sunday.

Archdiocesan Stations of the Cross

Join people across the Archdiocese each Monday throughout Lent for our annual Stations of the Cross. It takes place on Zoom at 7:45pm, beginning on 19 February, and lasts around 30 minutes. We will be praying for unborn children, their mothers and all pro-life intentions. Register here at bit.ly/lentstations

Lent Video Reflections

Join Canon Hugh White each week in Lent as he reflects on the 'Challenge of the Gospel', in weekly videos posted each Monday morning on the Archdiocesan YouTube channel: bit.ly/ArchYouTube

Retreat for Young Adults

The ARISE retreat on Saturday 24 February is for 16-35 year-olds across Scotland to gather for a day of faith, fun and friendship at St Albert's Chaplaincy, George Square, Edinburgh. The day includes Mass, Adoration, talks, small group discussion, opportunities for Confession and more. Tickets £15 which includes lunch & dinner. Please register at the following website https://www.youth2000.org/events/Edinburgh

Archdiocesan Day for Catechists

If you are involved with RCIA, children's liturgy, sacramental preparation or any other catechist role, please register for the Archdiocesan Day for Catechists at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB, on Saturday 9 March from 10:30am-3:00pm. While the day is aimed at Catechists, all are welcome. Please visit the following link to for more details https://bit.ly/dayforcatechists

Remembering Service

A service for those who have suffered the loss of a child, from the beginning of pregnancy onwards, together with those who wish to come in love and support, to have time in quiet surroundings to fully recognise their loss and help with healing. Sunday 3 March, 5:00pm at St John the Baptist RC Church, Edinburgh. Ecumenical and all are welcome.

Archdiocesan Lourdes Pilgrimage 2024

The Archdiocesan Pilgrimage to Lourdes will take place from 5-12 July 2024. To find out more information please visit https://www.edinburgh-lourdes.com/lourdes24

Legacy Legacies

A gift in your will can support your parish, assist retired priests after a lifetime of service, help train our seminarians, or help the Church prosper in many other ways. To find out more visit https://archedinburgh.org/legacies

11 February 2024 Thank you for your generosity	St Peter in Chain's Inverkeithing	St John & St Columba's Rosyth	Our Lady of Lourdes Dunfermline
Offertory Collection	£221.60	£120.62	£611.33
Second Collection		£69.82 (Building Fund)	£19.10 (Building Fund)
Standing Orders	£158.75	£364.63	£100.50
Bank Account Details	RBS A/C No: 00600297 Sort Code:833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300