

The Catholic Parish of the Most Holy Trinity Parish Newsletter.

Sunday 9th July 2023

14th Sunday of the Year in Ordinary Time (A)

Reflection - Lifting the Burden; Lightening the Load

The Gospel today is a joyful, ecstatic outburst of feeling by Jesus.

Matthew's community must have been deeply troubled by the fact that the 'learned and clever' religious leaders of their day did not accept the message of Jesus. Surely they, of all people, should have been able to recognise the truth. But in this passage, Matthew explains that it is not from a position of knowledge or power that one recognises who Jesus is. Rather, it is from an attitude of openness and simplicity, such as we often find in children.

Matthew also makes the point that Jesus does not approach us like a warlord, with threats of punishment, but in humility and gentleness.

The tone of the reading is set by Jesus' warm and intimate address of 'Abba' (Father) which occurs five times in this short passage. This intimate relationship is characterised by God's entrusting all of things to the Son, and the Son in turn revealing them to those who have faith. These, in turn, are drawn into intimate relationship with God.

The rules and laws of religious leaders in Jesus' day often added to the burden experienced by those regarded as simple and sinful. Whereas Jesus always tried to lift burdens from people. Jesus invitation in today's Gospel is for everyone. It could be an invitation for us to look at our lives and ask what burdens we impose on others. Do our concerns, anxieties, our need for power, wealth and status, exact a high price from others and ourselves?

Are we a burden or a blessing for each other? What can we do to make life easier for each other - to lift the burdens and share the load?

(Reflection shared with permission from Carmelites website Ocarm.org)

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 9th July <i>14th Sunday of the Year in Ordinary Time (A)</i>	9:30am	Ss John & Columba's	Holy Mass	June Leong (Spec Int)
	11:30am	Our Lady of Lourdes	Holy Mass	Mary Canning (RIP)
	5:00pm	Our Lady of Lourdes	Holy Mass	Michael Tierney (Ann)
Monday 10th July <i>Weekday in the 14th Week of the Year</i>	NO	MASS	CELEBRATED	TODAY
Tuesday 11th July <i>Feast of St Benedict</i>	10:30am	Our Lady of Lourdes	Funeral Mass	Janina Jawniak (RIP)
	6:30pm	Ss John & Columba's	<i>Divine Mercy & Confessions</i>	
	7:00pm		Holy Mass	John Mooney (RIP)
Wednesday 12th July <i>Weekday in the 14th Week of the Year</i>	9:30am	St Peter in Chains	<i>Rosary</i>	
	10:00am		Holy Mass	Samantha Motherwell (RIP)
Thursday 13th July <i>Weekday in the 14th Week of the Year</i>	6:30pm	Our Lady of Lourdes	<i>Rosary & Confessions</i>	
	7:00pm		Holy Mass	Stella Morrison (RIP)
Friday 14th July <i>Weekday in the 14th Week of the Year</i>	9:30am	St Peter in Chains	<i>Rosary</i>	
	10:00am		Holy Mass	Cathleen McHale (Ann)
Saturday 15th July <i>Memorial of St Bonaventure</i>	9:30am	Ss John & Columba's	<i>Rosary, Adoration & Confessions</i>	
	10:00am		Holy Mass	Elizabeth Flynn (RIP)
<i>Vigil of the 15th Sunday of the Year in Ordinary Time (A)</i>	4:30pm	St Peter in Chains	<i>Confessions</i>	
	5:00pm		Holy Mass	Jackie Pope (RIP)
Sunday 16th July <i>15th Sunday of the Year in Ordinary Time (A)</i>	9:30am	Ss John & Columba's	Holy Mass	People of the Parish
	11:30am	Our Lady of Lourdes	Holy Mass	Mary Pringle (RIP)
	5:00pm	Our Lady of Lourdes	Holy Mass	David Burtenshaw (Special Int)

PARISH GENERAL INFORMATION

Parish Administrator - Fr Joshua Kauras, (email: admin@catholicswife.com)

Parish Office & Priest's Address - 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202

Parish Deacon - Rev Pat Carrigan (email: obl.columba@gmail.com)

Parish Secretary - Mary Irvine (email: marylol@btinternet.com) general enquiries only.

Parish Assistant - Dean McGuire (email: mhtparishnewsletter@gmail.com) Submissions by 12 noon on a Friday.

Parish Safeguarding Officers - Michael McCourt (PiC); Lisa Quinn & Karen Parker (J&C); Andrew Millar & Christopher Nwachukwu (OLoL)

Marriages & Baptisms

Arrangements for weddings for which six months notice is required and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations & Funeral Arrangements

Those who require the Sacrament of the Sick at home should contact the parish office to arrange for Fr. Joshua to visit. For funeral arrangements please contact Fr Joshua or Deacon Pat. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain please request this from the nursing staff at the hospital. The Catholic Chaplain to the Victoria Hospital is Fr Gowans (Tel: 01592 592111) and for Queen Margaret Hospital Fr Syriac (625611) *A patient/family request must be made before the clergy can visit.*

Names for sick list

Names can only be added by the person themselves or by a member of the family. *Please advise the Parish Office.*

Mass Intentions

If you wish for a Mass to be said for deceased relatives or friends, an anniversary or special or private intention, please collect an envelope from the back of the Church. When complete these can be placed in collection plate or post through the door of the presbytery at Our Lady of Lourdes, or given to the Priest, please print the name of person in block capitals for ease of eligibility.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

The Parish Clergy

Parish Administrator:

Rev Fr. Joshua Kauras

Parish Deacon (Permanent):

Rev. Pat Carrigan

Parish Office Staff:

Mary Irvine &
Dean McGuire



St Peter in Chains Church, Inverkeithing



Ss John & Columba's Church, Rosyth



Our Lady of Lourdes Church,
Dunfermline

Scripture Readings & Responses

FIRST READING

ZECHARIAH 9:9-10

The Lord says this: Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.

The Word of the Lord— Thanks be to God.

RESPONSORIAL PSALM

PSALM 144

R. *I will bless your name for ever, O God my King.*

1. I will give you glory, O God my king, I will bless your name for ever. I will bless you day after day and praise your name for ever. **(R)**
2. The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures. **(R)**
3. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. **(R)**
4. The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down. **(R)**

SECOND READING

ROMANS 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you. So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

The Word of the Lord— Thanks be to God.

ACCLAMATION

MATTHEW 11:25

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

GOSPEL

MATTHEW 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him. 'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord— Thanks be to God.

Scripture Readings from The Jerusalem Bible © 1966 1967 and 1968 by Darton Longman & Todd Ltd and Doubleday and Company Ltd.
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Sunday 25th June 2023 <i>Thank you for your generosity</i>	<u>St Peter in Chains</u> <u>Inverkeithing</u>	<u>Ss John & Columba's</u> <u>Rosyth</u>	<u>Our Lady of Lourdes</u> <u>Dunfermline</u>
Offertory Collection	£234.16	£452.50	£487.56
Second Collection		£86.80 (Grotto)	TBC (Building Fund)
Standing Orders	£220.00	£415.25	£144.75
Bank Account Details	RBS A/C No: 00600297 Sort Code:833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300

This Weeks News & Events

Special Collection - This Weekend

There will be a special collection this weekend at all masses for St Peter's Pence which supports the Holy Father's charitable initiatives for the universal church. Please contribute if you are able to. Thank you.

Archdiocesan Pilgrimage to Lourdes

Please remember in your prayers those who have travelled to Lourdes on the Archdiocesan pilgrimage including those from our own parish. We keep in our thoughts the helpers and clergy (as well as His Grace the Archbishop) who will provide the spiritual nourishment to those in need on their pilgrimage. Mary our Blessed Mother, pray for them.

Streaming of Mass

At its meeting held in June the Bishop's of Scotland have requested that parishes now return to liturgical practices that were in place prior to the covid pandemic. With a greater number having already returned to attending mass in person measures such as mass streaming is also requested to cease in parishes. With this in the mind, today (Sunday 9th July) will be the last streamed live mass. Thank you to all have supported with streaming services and watched services thus far.

Demolition of the Hall at Our Lady of Lourdes

Please note that demolition work will begin on the hall at Our Lady of Lourdes on Wednesday 12th July. To allow for this work to be undertaken safely a number of safety measures will be put in place by the contractor which will include safety fencing. Parishioners are requested to remain clear of the site until work has been fully completed. With this in mind parking in the church grounds will be restricted during this time. If you are required to park on the public road please remember to do so safely with consideration for other road users and local residents. Thank you.

Parish Training Courses

The Archdiocese will shortly commence the roll out of various training courses such as manual handling, working at height as well as general health & safety training. We are also looking at arranging first aid courses as well as fire awareness training. Our Parish Assistant Dean will be in touch with those who will require some level of training to arrange this in the next couple of weeks. Thank you.

Housebound Sacraments

Parishioners who are housebound and would like to receive Holy Communion are asked to arrange this directly with Fr Joshua through the parish office. This is to allow for the Priest or Communion Minister to attend to the person. For the Sacrament of the Sick please also contact Fr Joshua for this to be arranged.

Parish Sponsored Walk - Thank you

Many thanks who took part or assisted with the sponsored walk over the Forth Bridge yesterday, the sun shone and all who attended has a wonderful time. The money raised will go towards the grotto at Ss John & Columba's. If you would still like to sponsor the group please fill the sponsor sheet in at the back of the church. Money should be given to Fr Joshua (for St Peter in Chains & Our Lady of Lourdes) and Dean McGuire for Ss John & Columba's please bring this along to mass next Sunday. Thank you.

Ss John & Columba's Grotto - Weekly Update

The grand total so far for the grotto is **£2121.80**. As you can see work on the grotto commenced but has been briefly paused, work will commence again very soon. Once completed the final items such as benches as well as plants etc will be added. His Grace the Archbishop plans to be with us on Saturday 30th September to open and dedicate the grotto. Thank you to everyone for all their support thus far if you are able to, please continue to financially support this worthwhile cause through the second collection or our fundraising events.

Festival Mass

Archbishop Cushley will celebrate the annual Festival Mass at midday next Sunday (13 August 2023). This will take place at St Mary's Cathedral in Edinburgh. All are welcome.

Study Theology in Edinburgh

The MA in Applied Catholic Theology is offered by St Mary's University in Scotland and begins in September 2023. The course provides a thorough grounding in key aspects of Catholic theology and develops the skills to apply that theology to the challenges and opportunities of the contemporary world. Visit <https://www.stmarys.ac.uk/courses/postgraduate/applied-catholic-theology>