

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 29th January <i>Fourth Sunday of the Year (A)</i>	9:30am	*St John & Columba's	Holy Mass	Sick of the Parish
	11:30am	Our Lady of Lourdes	Holy Mass	Peter Wainwright (Ann)
	5:00pm	Our Lady of Lourdes	Holy Mass	Robert Smith (Ann)
Monday 30th January <i>Weekday in Ordinary Time</i>	NO	MASS	CELEBRATED	TODAY
Tuesday 31st January <i>Memorial of St John Bosco</i>	6:30pm	Ss John & Columba's	<i>Divine Mercy & Confessions</i>	
	7:00pm		Holy Mass	Helen Logue (RIP)
Wednesday 1st February <i>Weekday in Ordinary Time</i>	10:00am	St Peter in Chains	Requiem Mass	Eileen Collins (RIP)
Thursday 2nd February <i>Feast of the Presentation of the Lord</i>	6:30pm	Our Lady of Lourdes	<i>Rosary & Confessions</i>	
	7:00pm		Holy Mass	Elizabeth Markie (Ann)
Friday 3rd February <i>Weekday in Ordinary Time</i>	9:30am	St Peter in Chains	<i>Rosary</i>	
	10:00am		Holy Mass	Claire Key (RIP)
Saturday 4th February <i>Weekday in Ordinary Time</i> <i>Vigil of the Fifth Sunday of the Year (A)</i>	9:30am	Ss John & Columba's	<i>Adoration, Rosary & Confessions</i>	
	10:00am		Holy Mass	James Meade Sr (Ann)
	4:30pm	St Peter in Chains	<i>Confessions</i>	
	5:00pm		Holy Mass	People of the Parish
Sunday 5th February <i>Fifth Sunday of the Year (A)</i>	9:30am	Ss John & Columba's	Holy Mass	Frank O'Donnell (Ann)
	11:30am	Our Lady of Lourdes	Holy Mass	Helen Stevenson (Ann)
	5:00pm	Our Lady of Lourdes	Holy Mass	Deborah D'Mello (Ann)

PARISH GENERAL INFORMATION

Parish Administrator - Fr Joshua Kauras, (email: admin@catholicswife.com)
 Parish Office & Priests Address – 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202
Parish Deacon - Rev Pat Carrigan (email: obl.columba@gmail.com)
Parish Secretary – Mary Irvine (email: maryolol@btinternet.com) general enquiries only.
Parish Assistant & Newsletter Coordinator – Dean McGuire (email: mhparishnewsletter@gmail.com) Submissions by 12 noon on a Friday.
Parish Safeguarding Officers - Vacant (PiC); Lisa Quinn & Karen Parker (J&C); Vacant (OLOL)

Marriages & Baptisms

Arrangements for weddings for which six months notice is required and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations & Funeral Arrangements

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Joshua to visit. For funeral arrangements please contact Fr Joshua or Deacon Pat. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain please request this from the nursing staff at the hospital. The Catholic Chaplain to the Victoria Hospital is Fr Gowans (Tel: 01592 592111) and for Queen Margaret Hospital Fr Syriac (625611) *A patient/family request must be made before the clergy can visit.*

Names for sick list

Names can only be added by the person themselves or by a member of the family. *Please advise the Parish Office.*

Mass Intentions

If you wish for a Mass to be said for deceased relatives or friends, an anniversary or special or private intention, please collect an envelope from the back of the Church. When complete these can be placed in collection plate or post through the door of the presbytery at Our Lady of Lourdes, or given to the Priest.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

The Catholic Parish of the Most Holy Trinity.

Parish Newsletter.

Sunday 29th January 2023
Fourth Sunday of the Year (A)

Reflection - Catching the Vision

Last Sunday's Gospel introduced the beginning of Jesus' ministry in Galilee, his call to repentance, the choice of some disciples and the spread of his fame.

Now, over the next four Sundays, the church will take us on a journey through Jesus' teaching in Chapters 5-7 of Matthew's Gospel. These chapters form the Sermon on the Mount. Each Sunday's Gospel builds on the one before – they are part of this first discourse in Matthew's Gospel and need to be understood in a connected sense, not as a series of isolated sayings.

The text we know as the 'Beatitudes' introduces Jesus' teaching about the kingdom, discipleship, the true meaning of the Law and true righteousness (virtue), interior disposition of the heart against external fulfilment of Law, trust in God and keeping the Kingdom as the focus of the disciple's life.

Matthew's beatitudes have been understood as a pattern of life for the follower of Jesus. Put in the context of Jesus' call to conversion (the idea of radical change and transformation), those willing to be transformed will enjoy the blessings of the kingdom as their reward.

To be 'poor in spirit', to experience sadness ('mourn') because of the present state of affairs, to be gentle and unselfish rather than on the make, to have a passionate commitment to justice, to exercise mercy instead of taking advantage, to be 'pure in heart', to be 'peacemakers', to endure persecution and calumny for the sake of the right way of life ('righteousness') and allegiance to Christ: all these things make one vulnerable here and now, entailing much loss. The vulnerable make the world safe for humanity.*

For those who live according to the heart of God as Jesus reveals it, the blessings of the Kingdom will be theirs, their place in the household of God will be assured and they will be making the world a safe place for their brothers and sisters.

(Reflection shared with permission from Carmelites website Ocarm.org)

The Parish Clergy

Parish Administrator:

Fr. Joshua Kauras

Parish Deacon

(Permanent):

Rev. Pat Carrigan

Parish Secretary:

Mary Irvine



St Peter in Chains Church, Inverkeithing



Ss John & Columba's Church, Rosyth



Our Lady of Lourdes Church, Dunfermline

Scripture Readings & Responses

FIRST READING

ZEPHANIAH 2:3,3:12-13

Seek the Lord, all you, the humble of the earth, who obey his commands. Seek integrity, seek humility: you may perhaps find shelter on the day of the anger of the Lord. In your midst I will leave a humble and lowly people, and those who are left in Israel will seek refuge in the name of the Lord. They will do no wrong, will tell no lies; and the perjured tongue will no longer be found in their mouths. But they will be able to graze and rest with no one to disturb them.

The Word of the Lord— Thanks be to God.

RESPONSORIAL PSALM

PSALM 145

R. How happy are the poor in spirit: theirs is the kingdom of heaven.

1. It is the Lord who keeps faith for ever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. (R)
2. It is the Lord who gives sight to the blind, who raises up those who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan. (R)
3. It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. (R)

SECOND READING

1 CORINTHIANS 1:26-31

Take yourselves for instance, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord.

The Word of the Lord— Thanks be to God.

ACCLAMATION

MATTHEW 11:25

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

GOSPEL

MATTHEW 5:1-12A

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them: 'How happy are the poor in spirit; theirs is the kingdom of heaven. Happy the gentle: they shall have the earth for their heritage. Happy those who mourn: they shall be comforted. Happy those who hunger and thirst for what is right: they shall be satisfied. Happy the merciful: they shall have mercy shown them. Happy the pure in heart: they shall see God. Happy the peacemakers: they shall be called sons of God. Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven. 'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

The Gospel of the Lord— Praise to you Lord Jesus Christ

Scripture Readings from The Jerusalem Bible © 1966 1967 and 1968 by Darton Longman & Todd Ltd and Doubleday and Company Ltd. Text of the Psalms: Copyright © 1963, The Grail (England). Used with permission Used with permission of A.P. Watt Ltd . All rights reserved.

Sunday 22nd January 2023 <i>Thank you for your generosity</i>	<u><i>St Peter in Chains</i></u> <u><i>Inverkeithing</i></u>	<u><i>Ss John & Columba's</i></u> <u><i>Rosyth</i></u>	<u><i>Our Lady of Lourdes</i></u> <u><i>Dunfermline</i></u>
Offertory Collection	£225.20	£123.50	£502.46
Building Fund		£45.50	
Standing Orders	£220.00	£415.25	£144.75
Bank Account Details	RBS A/C No: 00600297 Sort Code:833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300

This Weeks News & Events

For Your Prayers

Please pray for the repose of the soul of Jean Devaney RIP, who has died recently. Jean's Funeral Service will take place at 11:30am on Tuesday 7th February in Dunfermline Crematorium. Eternal rest grant unto her O Lord and let perpetual light shine upon her, may she rest in Peace, Amen. May God continue to console and guide Jean's family and reward her with eternal life.

Congratulations

A massive congratulations to Fr Joshua who this week has passed his driving test. On behalf of everyone here in the parish we offer Father our best wishes. I'm sure you will see him on the road very soon!

A Message from Archbishop Leo Cushley

Friends, this Thursday (2 Feb) is World Day of Consecrated Life. A total of 26 religious orders are based in our Archdiocese, with religious brothers and sisters from Scotland and across the world serving our communities in Jesus' name. Let's pray for them and celebrate their work. May the Holy Spirit continue to inspire women and men to respond generously to God's call to a priestly or religious vocation.

Female Vocations

Join other young Catholic women to chat and explore God's will in five monthly get-togethers in Edinburgh. The first takes place today (Sunday 29 January), 4-7pm at St Columba's, 9 Upper Gray Street. It is a chance to pray, share and discuss in a relaxed environment, and refreshments will be served. The series continues at the same time/venue: 26 Feb, 26 Mar, 30 Apr, 28 May. To register please email religiousvocations@staned.org.uk

Day for Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion are invited to a day of reflection and prayer from 11am-3pm this will take place on Saturday 4 February. It takes place at the Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB. Light lunch provided, free parking onsite. Register now at bit.ly/extraordinaryministers.

Come and See Day - Who are Lay Dominicans?

Lay Dominicans are men and women who live the Dominican charism in their daily lives. On Saturday 4 February the Edinburgh group has a day for those interested in finding out more. Begins with Mass at St Albert's Chapel, George Square, Edinburgh, EH8 9LD, at 12 noon (entry via George Square Lane).

Retreat

St Albert's Catholic Chaplaincy in Edinburgh hosts 'RETURN!', a one-day retreat for young adults aged 18-35. The day includes talks, workshops, confession, adoration, Holy Mass, and a chance to grow friendships rooted in the love of Christ. It takes place on Saturday, 11 February from 9am-9pm at 24 George Square, Edinburgh, EH8 9LD. To Register please do so at bit.ly/retainedinburgh

Holy Hour with Archbishop Cushley

Join Archbishop Cushley for Eucharistic Adoration at 6pm on Sunday 12 February at St Margaret's Chapel at the Gillis Centre, 100 Strathearn Road, Edinburgh, to pray for "insight, courage and joy in our mission," as part of the Synod 2023. The final Holy Hour will take place at the same time/location on Sunday 12 March. No registration is required please just come along.

Ecumenical Prayer Service for Peace in Ukraine

Archbishop Cushley will join Bishop Kenneth Nowakowski, the Catholic Ukrainian Eparch in the UK, along with other Christian faith leaders for an Ecumenical Prayer Service for Peace in Ukraine on Friday, 24 February, 7:00pm at St Mary's Cathedral in Edinburgh. Save the date and join Christians in praying for peace.

Remembering Service

A service for those who have suffered the loss of a child, from the beginning of pregnancy onwards, takes place on Sunday 19 February, 5:00pm at St John the Baptist RC Church, St Ninian's Road, Corstorphine, Edinburgh. It is a chance to have time in quiet surroundings to fully recognise the loss and to help with healing. Those who wish to come in love and support are also welcome. The service is ecumenical and open to all.

Valentine's Retreat 2023

This free half-day retreat offers couples a chance to reflect on their love and commitment to each other, to God and to their community. It will be led by Annette and Paul O'Beirne, of Equipes Notre-Dame - Teams of Our Lady. The retreat takes place from 2-5pm on Saturday 11 February at the Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB (free parking onsite). Register at bit.ly/valentineretreat