DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 18th December	9:30am	*St John & Columba's	Holy Mass	Anna Jack (Spec Int)
4th Sunday in the Season of Advent (A)	11:30am	Our Lady of Lourdes	Holy Mass	Thomas Higgins (Spec Int)
(*live Streamed)	5:00pm	Our Lady of Lourdes	Holy Mass	John Yuill (RIP)
Monday 19th December Advent Feria by Date	NO	MASS	CELEBRATED	TODAY
Tuesday 20th December Advent Feria by Date	10:30am	Our Lady of Lourdes	Funeral Mass	Jennifer Sullivan (RIP)
	6:30pm	*Ss John & Columba's	Divine Mercy & Confessions	
	7:00pm		Candlelit Mass	Kathleen Keenan (Spec Int)
Wednesday 21st December Advent Feria by Date	9:30am	St Peter in Chains	Rosary	
	10:00am		Holy Mass	Maureen Greene (Spec Int)
Thursday 22nd December Advent Feria by Date	6:30pm	Our Lady of Lourdes	Rosary & Confessions	
	7:00pm		Holy Mass	Jenny Sullivan (RIP)
Friday 23rd December Advent Feria by date	9:30am	St Peter in Chains	Rosary & Adoration	
	10:00am		Holy Mass	Helen Logue (RIP)
Saturday 24th December The Vigil of the Solemnity of the Nativity of the Lord	5:00pm	St Peter in Chains	Holy Mass	Katrina McDonough (RIP)
	6:15pm 7:00pm	Ss John & Columba's	Carol Service Holy Mass	Claire Coyle (Spec Int)
	9:15pm 10:00pm	Our Lady of Lourdes	Carol Service Holy Mass	Eddie Grant (RIP)
Sunday 25th December Solemnity of the Nativity of the Lord	9:00am	*Ss John & Columba's	Holy Mass	People of the Parish
(*Live Streamed)	11:00am	Our Lady of Lourdes	Holy Mass	Tom Higgins (Spec Intention)

PARISH GENERAL INFORMATION

Parish Administrator - Fr Joshua Kauras, (email: admin@catholicswfife.com)

Parish Office & Priests Address – 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202

 $\textbf{Parish Deacon - Rev Pat Carrigan} \ (\textbf{email: obl.columba@gmail.com})$

Parish Secretary - Mary Irvine (email: maryolol@btinternet.com) general enquiries only.

Parish Assistant & Newsletter Coordinator - Dean McGuire (email: mhtparishnewsletter@gmail.com) Submissions by 12 noon on a Friday.

Parish Safeguarding Officers - Vacant (PiC); Lisa Quinn & Karen Parker (J&C); Vacant (OLoL)

Marriages & Baptisms

Arrangements for weddings for which six months notice is required and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations & Funeral Arrangements

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Joshua to visit. For funeral arrangements please contact Fr Joshua or Deacon Pat. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain please request this from the nursing staff at the hospital. The Catholic Chaplain to the Victoria Hospital is Fr Gowans (Tel: 01592 592111) and for Queen Margaret Hospital Fr Syriac (625611) A patient/family request must be made before the clergy can visit.

Names for sick list

Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office.

Mass Intentions

If you wish for a Mass to be said for deceased relatives or friends, an anniversary or special or private intention, please collect an envelope from the back of the Church. When complete these can be placed in collection plate or post through the door of the presbytery at Our Lady of Lourdes, or given to the Priest.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

The Catholic Parish of the Most Holy Trinity.

Parish Newsletter.

Sunday 18th December 2022 4th Sunday in the Season of Advent (A)

Reflection - The Promise Fulfilled

The great Christmas feast is almost here. As always in Advent, what is promised in the first reading is brought to fulfilment in the Gospel reading. We began Advent with the cry, 'Come, Lord Jesus'. We will end it with the joyful shout, 'God is with us!'

Our Advent journey has called us to: stay awake to the coming of God, prepare ourselves to receive the Lord, rejoice that he is not afraid to make his home with us, and to receive him with faith and love.

At Christmas we will hear the call to give birth to him in word and action so that the saving power of God may be seen and experienced through our every thought, word and action.

The promise of the first reading from Isaiah that, "The virgin will conceive and give birth to a son and they will call him Emmanuel, a name which means 'God -is-with us'," is fulfilled in the Gospel which tells how Joseph received both Mary and Jesus into his home.

Following Joseph's example, we joyfully welcome Jesus, and Mary, into our hearts.

The great gift of Jesus to the world cannot be confined only to one moment in history. Through us, the Body of Christ, the Gift is given again and again; born into every moment of human history. The presents we exchange at Christmas are meant to be symbols of our readiness to give and receive Christ, the eternal gift of God's love.

As, year by year, we travel the liturgical journey of the Church's feasts and seasons we touch ever more deeply the living presence of Christ in us that we may become ever more deeply the living presence of Christ in the world.

(Reflection shared with permission from Carmelites website Ocarm.org)

The Season of Advent

The word "advent" means appearing, arrival, to come. Advent is the Church's time of preparation for celebrating God's gift of his Son. Our liturgy will gather the great Advent themes of hope, expectation and preparation. During Advent we recall Christ's coming at Bethlehem and we look forward to his second coming at the end of time. Advent is a season of joyful expectation.

The predominant colour during Advent is purple. Unlike Lent, Advent is not a penitential season. The purple colour represents hope, expectation and healing. It is one of the royal colours. We are preparing to welcome the King, the "sun of justice" who "will shine out with healing in its rays". (Mal 4:2 NRSV, 3:20 Jerusalem)

The custom of the Advent Wreath began in Germany in the 16th century. It symbolises the many years that the people of Israel waited in darkness for the coming of the expected Saviour. The light of the wreath grows steadily during our Advent prayer.

Advent has two parts. The first two Sundays focus on preparing for Jesus' return at the end of time. The second two Sundays focus on preparing to celebrate the anniversary of Jesus' birth.

The Gospels of the Sundays in Advent have four great movements: 1. Stay Awakel 2. Preparel 3. Rejoicel and 4. Receivel

Advent is a journey from Maranatha! Come, Lord Jesus! to Emmanuel. God-is-with-us!

The Parish Clergy

Parish Administrator:

Fr. Joshua Kauras

Parish Deacon (Permanent):

Rev. Pat Carrigan

Parish Secretary:
Mary Irvine



St Peter in Chains Church, Inverkeithing



Ss John & Columba's Church, Rosyth



Our Lady of Lourdes Church, Dunfermline

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Scripture Readings & Responses

FIRST READING ISAIAH 7:10-14

The Lord spoke to Ahaz and said, 'Ask the Lord your God for a sign for yourself coming either from the depths of Sheol or from the heights above.' 'No,' Ahaz answered 'I will not put the Lord to the test.' Then Isaiah said: 'Listen now, House of David: are you not satisfied with trying the patience of men without trying the patience of my God, too? The Lord himself, therefore, will give you a sign. It is this: the maiden is with child and will soon give birth to a son whom she will call Immanuel, a name which means "God-is-with-us."'

The Word of the Lord- Thanks be to God.

RESPONSORIAL PSALM PSALM 23

R. Let the Lord enter! He is the king of glory.

- 1. The Lord's is the earth and its fullness, the world and all its peoples. It is he who set it on the seas; on the waters he made it firm. (R)
- 2. Who shall climb the mountain of the Lord? Who shall stand in his holy place? The man with clean hands and pure heart, who desires not worthless things. (R)
- 3. He shall receive blessings from the Lord and reward from the God who saves him. Such are the men who seek him, seek the face of the God of Jacob. (R)

SECOND READING ROMANS 1:1-7

From Paul, a servant of Christ Jesus who has been called to be an apostle, and specially chosen to preach the Good News that God promised long ago through his prophets in the scriptures. This news is about the Son of God who, according to the human nature he took was a descendant of David: it is about Jesus Christ our Lord who, in the order of the spirit, the spirit of holiness that was in him, was proclaimed Son of God in all his power through his resurrection from the dead. Through him we received grace and our apostolic mission to preach the obedience of faith to all pagan nations in honour of his name. You are one of these nations, and by his call belong to Jesus Christ. To you all, then, who are God's beloved in Rome, called to be saints, may God our Father and the Lord Jesus Christ send grace and peace.

The Word of the Lord- Thanks be to God.

ACCLAMATION MATTHEW 1:23

Alleluia, alleluia! The virgin will conceive and give birth to a son and they will call him Emmanuel, a name which means 'God-is-with-us'. Alleluia!

GOSPEL MATTHEW 1:18-24

This is how Jesus Christ came to be born. His mother Mary was betrothed to Joseph; but before they came to live together she was found to be with child through the Holy Spirit. Her husband Joseph; being a man of honour and wanting to spare her publicity, decided to divorce her informally. He had made up his mind to do this when the angel of the Lord appeared to him in a dream and said, 'Joseph son of David, do not be afraid to take Mary home as your wife, because she has conceived what is in her by the Holy Spirit. She will give birth to a son and you must name him Jesus, because he is the one who is to save his people from their sins.' Now all this took place to fulfil the words spoken by the Lord through the prophet: The virgin will conceive and give birth to a son and they will call him Emmanuel, a name which means 'God-is-with-us.' When Joseph woke up he did what the angel of the Lord had told him to do: he took his wife to his home.

The Gospel of the Lord-Praise to you Lord Jesus Christ

Scripture Readings from The Jerusalem Bible © 1966 1967 and 1968 by Darton Longman & Todd Ltd and Doubleday and Company Ltd.

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Sunday 11th December 2022	St Peter in Chains	Ss John & Columba's	Our Lady of Lourdes
Thank you for your generosity	<u>Inverkeithing</u>	<u>Rosyth</u>	<u>Dunfermline</u>
Offertory Collection	£259.85	£101.00	£432.52
Building Fund		£51.00	
Standing Orders	£220.00	£415.25	£144.75
Bank Account Details	RBS A/C No: 00600297	RBS A/C No: 00114865	RBS A/C No: 00249131
	Sort Code:833300	Sort Code: 832339	Sort Code: 833300 2

This Weeks News & Events

Christmas Mass Times

Please note the Christmas Mass times are as follows. Saturday 24th December the Vigil Mass of Christmas will be at 5pm in St Peter in Chains, Ss John & Columba's at 7pm (6:15pm Carol Service) and Our Lady of Lourdes at 10pm (Carol Service 9:15pm). Mass on Christmas Day will begin at 9am in St John & Columba's and Our Lady of Lourdes at 11am. There will be no 5pm Mass in Our Lady of Lourdes that evening.

Weekday Mass Change

Please note that there will be no morning Mass in Ss John & Columba's next Saturday Morning (24th December).

Ladies Group

The ladies group are having a pre Christmas coffee get together at 10.30am this Monday (19th December) in Our Lady of Lourdes. All are welcome to come together and have a catch up before the business of the festive season.

Let Us Pray

Sr Anna Marie McGuan RSM hosts the final 30 minute online Advent talk on different forms of prayer on this Monday 19 December at 7:30pm. No registration required, just use the following link on the night to join and take part: bit.ly/adventtalks22 (Zoom event). Catch up with previous talks on the Archdiocesan YouTube channel which can be found at: bit.ly/ArchYouTube

Advent Rosary for Life

Join Archbishop Leo and people from across the Archdiocese to pray for unborn children, their mothers and all prolife intentions. The Advent Rosary for Life takes place on Wednesday 21 December from 7:45pm – 8:20pm. Register at bit.ly/archprolifeevents (Zoom event).

Catechesis of the Good Shepherd

We're still working at building our atrium for the Catechesis of the Good Shepherd for the very young children in our Parish. This involves preparing the environment where the children can listen to the voice of God. Thank you for the practical help and support already given for the Atrium. We're still seeking our parishioners' help and would be very grateful if anyone can donate the following items: Small wooden bookshelves around 1m high, 2 metal/brass candlesticks (roughly about 5cm high) small clear glass jugs, tiny funnels (like you used to get with a steam iron!), 4 x small tables (similar in size to the top of a nest of tables) 3 x plain coloured rugs roughly 1.5 m long, house plant with large leaves (for plant care- watering and wiping the leaves.) If you have any of the above items and would be able to donate them, we'd be very grateful. Please contact Ann Neil on 07986 824314. Many thanks.

Holy Hour with Archbishop Cushley

Join Archbishop Cushley for Eucharistic Adoration at St Margaret's Chapel at the Gillis Centre, 100 Strathearn Road, Edinburgh, to pray for "insight, courage and joy in our mission," as part of the Synod 2023. It takes place at 6pm on the following dates: Sun 18 Dec, Tue 10 Jan, Sun 12 Feb, Sun 12 Mar. No registration required, just turn up and pray.

Archdiocesan Directory

The 2023 Archdiocesan Directory is now available for sale. It includes a liturgical calendar and key contacts for churches, schools, organisation and religious orders in the Archdiocese. It's a perfect stocking filler and costs just £3.

Female Vocations

Thinking about a vocation to the religious life? Join other young Catholic women to chat and explore God's will in five monthly get-togethers. Led by Sr Mirjam Hugens FSO, the first one takes place on Sunday 29 January, 4-7pm at St Columba's, 9 Upper Gray Street. It is a chance to pray, share and discuss in a relaxed environment, and refreshments will be served. The series continues on the last Sunday of each month at the same time/venue: 26 Feb, 26 Mar, 30 Apr, 28 May. To register or find out more, please email religiousvocations@staned.org.uk

Valentine's Retreat 2023

This free half-day retreat offers couples a chance to reflect on their love and commitment to each other, to God and to their community. It will be led by Annette and Paul O'Beirne, of Equipes Notre-Dame - Teams of Our Lady, which supports married couples in their vocation. They will share some of the stories and tools gathered over their 42 years together. The retreat takes place from 2-5pm on Saturday 11 February at the Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB (free parking onsite). Register at bit.ly/valentineretreat

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