

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 6th March <i>1st Sunday in the Season of Lent (C)</i> <i>(*Live Streamed)</i>	8:30am	*St John & Columba's	Holy Mass	Lorna Walters (RIP)
	11:30am	Our Lady of Lourdes	Holy Mass	Alex McAuley (RIP)
	5:00pm	Our Lady of Lourdes	Holy Mass	Gerry Gallen
Monday 7th March <i>1st Week in Season of Lent</i>	NO	MASS	CELEBRATED	TODAY
Tuesday 8th March <i>1st Week in the Season of Lent</i> <i>(*Live Streamed)</i>	6:30pm	*Ss John & Columba's	<i>Stations of the Cross & Confessions</i>	
	7:00pm		Holy Mass	Hugh Greene (RIP)
Wednesday 9th March <i>1st Week in the Season of Lent</i>	10:00am	St Peter in Chains	Holy Mass	Alex McAuley (RIP)
Thursday 10th March <i>Feast of St John Ogilvie</i>	6:30pm	Our Lady of Lourdes	<i>Stations of the Cross & Confessions</i>	
	7:00pm		Holy Mass	Mary Downs (75th Birthday Ann)
Friday 11th March <i>1st Week in the Season of Lent</i>	09:30am 10:00am	St Peter in Chains	<i>Stations of the Cross</i> Holy Mass	Alex McAuley (RIP)
Saturday 12th March <i>1st Week in the Season of Lent</i> <i>(*Live Streamed)</i>	09:30am	*Ss John & Columba's	<i>Stations of the Cross</i>	Alex McAuley (RIP)
	10:00am		Holy Mass	
	10:30am		<i>Confessions</i>	
<i>Vigil of the 2nd Sunday in the Season of Lent (C)</i>	4:15pm 5:00pm	St Peter in Chains	<i>Confessions</i> Holy Mass	People of the Parish
Sunday 13th March <i>2nd Sunday in the Season of Lent (C)</i> <i>(*Live Streamed)</i>	8:30am	*Ss John & Columba's	Holy Mass	People of the Parish
	11:30am	Our Lady of Lourdes	Holy Mass	Gerry Gallen (RIP)
	5.00pm	Our Lady of Lourdes	Holy Mass	Alex McAuley (RIP)

PARISH GENERAL INFORMATION

Parish Administrator - Fr Joshua Kauras, (email: admin@catholicswife.com)
 Parish Office & Priests Address – 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202
Parish Deacon - Rev Pat Carrigan (email: obl.columba@gmail.com)
Parish Secretary – Mary Irvine (email: marylol@btinternet.com) general enquiries only.
Parish Assistant & Newsletter Coordinator – Dean McGuire (email: mhparishnewsletter@gmail.com) Submissions by 12 noon on a Friday.
Parish Safeguarding Officers - Patricia Watt (PiC); Lisa Quinn & Karen Parker (J&C); Jane Imrie & Margaret Hall (OLoL)

Marriages & Baptisms

Arrangements for weddings for which six months notice is required and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations & Funeral Arrangements

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Joshua to visit. For funeral arrangements please contact Fr Joshua or Deacon Pat. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Isaac (625611) *A patient/family request must be made before the clergy can visit.*

Names for sick list

Names can only be added by the person themselves or by a member of the family. *Please advise the Parish Office.*

Mass Intentions

If you wish for a Mass to be said for deceased relatives or friends, an anniversary or special or private intention, please collect an envelope from the back of the Church. When complete these can be placed in collection plate or posted through the door of the presbytery at Our Lady of Lourdes, or given to the priest at the end of Holy Mass.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

The Catholic Parish of the Most Holy Trinity.

Parish Newsletter.

Sunday 6th March 2022

First Sunday in the Season of Lent (C)

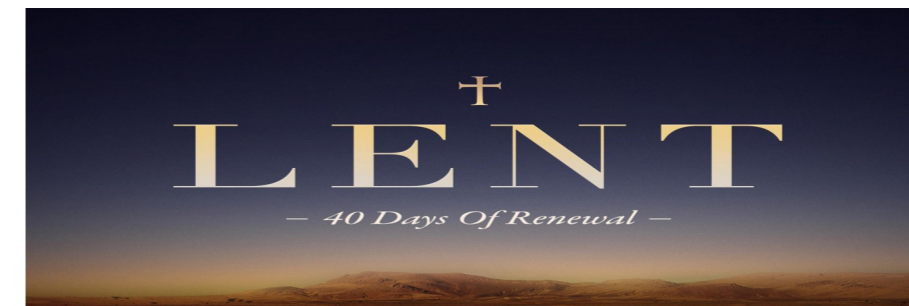
Reflection - Temptation to Transfiguration

Our great Lenten journey has begun. It's a journey which begins in ash and ends in water. Fire is a profound part of our experience. We know its power to destroy, blacken and reduce to ash.

We know that evil can do the same - destroy our wholeness of spirit, blacken our lives and reduce the beauty of human life to so much dust.

We begin Lent in the ash of acknowledging our own part in harbouring, creating and doing evil - those places in our hearts where the fire of anger, bitterness, selfishness or narrowness of mind and heart has left nothing but cold ash.

The ash is a reminder that our true life is not found in mortal things which eventually turn to dust, but in eternal things. We also know that out of ash new life can bud, grow strong, bloom into fullness - that's the Easter miracle.



As always, the Gospels of the first two Sundays in Lent provide a road map for our Lenten journey from temptation (this Sunday) to transfiguration (next Sunday). We allow ourselves to be tempted out of the ash of selfishness and narrowness of heart and into a life of open-hearted goodness. We celebrate God's graciousness to us by sharing what we have with those in need whether it be food, wealth, time, love, friendship or compassion. That's what it means to 'repent and believe the Good News'.

In these days when we are so conscious of the impact of human life on God's creation, perhaps we could think about some permanent fasting from our excessive consumption of power, food and petrol in order to allow our earth to heal, to breathe and to continue to be a source of nourishment and life for the whole human family.

(Reflection shared with permission from Carmelites website Ocarm.org)

The Parish Clergy

Parish Administrator:

Fr. Joshua Kauras

Parish Deacon

(Permanent):

Rev. Pat Carrigan

Parish Secretary:

Mary Irvine



St Peter in Chains Church, Inverkeithing



Ss John & Columba's Church, Rosyth



Our Lady of Lourdes Church, Dunfermline

Scripture Readings & Responses

FIRST READING

DEUTERONOMY 26:4-10

Moses said to the people: ‘The priest shall take the pannier from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement: “My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me.” ‘You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.’

The Word of the Lord– Thanks be to God.

RESPONSORIAL PSALM

PSALM 90

R. Be with me, O Lord, in my distress.

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: ‘My refuge, my stronghold, my God in whom I trust! (R)
2. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. (R)
3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. (R)
4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: ‘I am with you,’ I will save him in distress and give him glory. (R)

SECOND READING

ROMANS 10:8-13

Scripture says: The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, for everyone who calls on the name of the Lord will be saved.

The Word of the Lord– Thanks be to God.

ACCLAMATION

Matthew 4

Praise to you O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!

GOSPEL

LUKE 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, ‘If you are the Son of God, tell this stone to turn into a loaf.’ But Jesus replied, ‘Scripture says: Man does not live on bread alone.’ Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, ‘I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.’ But Jesus answered him, ‘Scripture says: You must worship the Lord your God, and serve him alone.’ Then he led him to Jerusalem and made him stand on the parapet of the Temple. ‘If you are the Son of God,’ he said to him ‘throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.’ But Jesus answered him, ‘It has been said: You must not put the Lord your God to the test.’ Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

The Gospel of the Lord– Praise to you Lord Jesus Christ.

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This Weeks News & Events

Covid-19 Parish Update

Please continue so sanitise your hands when you arrive for Holy Mass as well as wearing your face covering when inside the Church building (unless exempt). There is no longer a requirement to give personal details to attend any of the Masses in the Parish or Archdiocese. Please **do not** attend Holy Mass if you do have symptoms of Covid-19 and follow public health advice. If you think you may have been a close contact to someone when attending any of the Churches please contact the Parish Priest and let them know. Holy water stoups have returned to the Churches, the sign of peace during mass remains a gesture only such as a bow or hand gesture.

Ukrainian Appeal - Update

Many thanks to all of you in the parish, your family, friends and the wider community for donating either in cash, online or by giving essential items that will be used to assist those affected by the war in Ukraine. The generosity has been overwhelming, please take a look at the parish Facebook accounts where you will see the sheer amount of items donated. At the Ash Wednesday masses a special collection was taken, this money will assist organisers get the items to those most in need at the Polish Border. Thanks to your generosity the sum of £1160 was raised meaning that two vans will be leaving this weekend! We will be continuing to raise funds over the coming weeks so please keep an eye on the newsletter and our Facebook pages for more information. As you read this it would be appreciated if you could say the following prayer:

O Loving God, your Son, Jesus Christ, came into the world to do your will and leave us his peace. Through the intercession and example of our Blessed Mother Mary, Queen of Peace, grant us the wisdom and humility to reflect that peace to the world. Inspire our thoughts, words and deeds to bear witness to your presence in our hearts. May your Holy Spirit fill us with every grace and blessing so that we may pursue what leads to peace for all humanity. Amen

Parish Stations of the Cross

During the season of Lent we will as a parish pray the stations prior to all of the weekday masses. This is a great opportunity to spend time in prayer and journey with our Blessed Lord through the stations. If you would like to lead the stations please speak to the sacristan in your church.

SCIAF - Wee Boxes Available This Weekend!

As part of our Lenten journey we are encouraged to support the poor through almsgiving. As with previous years the parish will support the SCIAF campaign. Please collect you pack which includes your wee box. Many thanks for your support for the world’s poorest people.

Deanery Synodal Meeting - This Coming Week!

Pope Francis invites the whole Church to question itself on synodality, a decisive theme for the life and mission of the Church. This is a time for everyone to be involved and work together for the greater good of God’s Holy Church. The Synodal meeting will take place this coming Tuesday 8th March at 7pm in St Margaret’s Memorial Church, Dunfermline. This is an opportunity for the entire Fife Deanery to come together and share their views. If you are able to attend your participation will be warmly welcome.

How to Contact Fr Isaac & Fr Syriac

A reminder that if you need to speak to Fr Isaac or Fr Syriac (even in an emergency) please call St Margaret’s Presbytery on 01383 625611 where one of the Priests will be happy to assist.

Lent – Pro-Life Stations of the Cross

The Archdiocesan Pro-Life Stations of the Cross takes place online throughout Lent, each Tuesday on Zoom at 7:45pm. It begins on 8th March and will feature a reflection from Archbishop Cushley. Pray with clergy and parishioners from across the Archdiocese for mothers, unborn children and all pro-life intentions.

Register at bit.ly/prolifeevents

Sunday 27th February 2022 <i>Thank you for your generosity</i>	<i>St Peter in Chains</i> <i>Inverkeithing</i>	<i>Ss John & Columba’s</i> <i>Rosyth</i>	<i>Our Lady of Lourdes</i> <i>Dunfermline</i>
Loose Plate	£187.10	£94.00	£477.42
Building Fund		£36.00	
Standing Orders	£220.00	£415.25	£144.75
Bank Account Details	RBS A/C No: 00600297 Sort Code: 833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300