

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
Sunday 29th August 22nd Sunday of the Year (Year B) (*live Streamed*)	9:30am	*St John & Columba's*	Holy Mass	Alexander Brown (RIP)
	11:30am	Our Lady of Lourdes	Holy Mass	Vera Boag (RIP)
	5:00pm	Our Lady of Lourdes	Holy Mass	The Sick of the Parish
Monday 30th August 22nd Week in Ordinary Time	-	No Mass	-	-
Tuesday 31st August 22nd Week in Ordinary Time (*live Streamed*)	<i>6:30pm</i>	*Ss John & Columba's*	<i>Confessions</i>	
	7:00pm		Holy Mass	Alex Carrigan (RIP)
Wednesday 1st September 22nd Week in Ordinary Time	10:00am	St Peter in Chains	Holy Mass	Peter Boyle (RIP)
Thursday 2nd September 22nd Week in Ordinary Time	<i>6:30pm</i>	Our Lady of Lourdes	<i>Confessions</i>	
	7:00pm		Holy Mass	Deceased Members of the Allan & Boyd Families
Friday 3rd September Memorial of St Gregory the Great	10:00am	St Peter in Chains	Holy Mass	No Intention Requested
	12 Noon	St John & Columba's	Wedding Mass	Mark Robertson & Ashley Low
Saturday 4th September 22nd Week in Ordinary Time (*Live Streamed*)	10:00am	*Ss John & Columba's*	Holy Mass	No Intention Requested
	<i>10:30am</i>		<i>Confessions</i>	
	<i>4:15pm</i> 5:00pm	St Peter in Chains	<i>Confessions</i> Vigil Mass	People of the Parish
Sunday 5th September 23rd Sunday in Ordinary Time (Year B) (*Live Streamed*)	9:30am	*Ss John & Columba's*	Holy Mass	
	11:30am	Our Lady of Lourdes	Holy Mass	
	5:00pm	Our Lady of Lourdes	Holy Mass	People of the Parish

PARISH GENERAL INFORMATION

Parish Administrator - Fr Joshua Kauras, (email: admin@catholicswife.com)
 Parish Office & Priests Address – 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202
Pastoral Assistant - Rev Pat Carrigan (email: obl.columba@gmail.com)
Parish Secretary – Mary Irvine (email: maryiol@btinternet.com) general enquiries only.
Parish Newsletter Coordinator – Dean McGuire (email: mhtparishnewsletter@gmail.com) Submissions by 12 noon on a Friday.
Parish Safeguarding Officers
 Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

Baptisms & Marriages

Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations & Funeral Arrangements

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Joshua to visit. For funeral arrangements please contact Fr Joshua or Deacon Pat. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Isaac (625611) *A patient/family request must be made before the clergy can visit.*

Names for sick list

Names can only be added by the person themselves or by a member of the family. *Please advise the Parish Office.*

Mass Intentions

If you wish for a Mass to be said for deceased relatives or friends, an anniversary or special or private intention, please collect an envelope from the back of the Church. When complete these can be placed in collection plate or posted through the door of the presbytery at Our Lady of Lourdes, or given to the priest at the end of Holy Mass.

The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540

The Catholic Parish of the Most Holy Trinity.

Parish Newsletter.

Sunday 29th August 2021 22nd Sunday of the Year (B)

Reflection - Washing hearts, not hands

This weekend we resume reading from St Mark's Gospel. This Sunday's episode is about ritual purity verses purity of heart. The Pharisees were a group of especially observant Jews. They took ritual observance very seriously. These observant Pharisees and some scribes criticise the disciples for 'not following the tradition of the elders' by not washing their hands before eating.

This passage is not about good hygiene but about a ritual practice. By the time of Jesus the Pharisees wanted to extend the laws of ritual purity, which applied only to priests, to all the people. Jesus accuses them of substituting the law of God with mere human regulations.

The second point that Jesus makes is that it is not what goes into a person from outside which makes them unclean, but what they harbour in their hearts and minds.

We, too, can fall into the trap of thinking that our ritual practices (going to Mass, saying the Rosary, etc) are all that is necessary to be good followers of Jesus. Some Christians seem to think that ritual practice is about being at rights with God; almost like 'paying God off'. That having been done, they are free to do what they like in their actions towards other human beings.

The teaching of Jesus in the Gospel today challenges both those views.

It is the reform of our hearts, not our ritual practices, which needs attention and is most important in living out the vocation God has given us. If the goodness of God is not seen through us, where can it be seen?

Jesus reminds his listeners that evil does not come from the outside, but from within. According to Jesus, being at rights with God is not achieved through ritual practice but through inner conversion to the mind and heart of God. Real religion, according to the Jesus tradition, is not about ritual practise but about how we treat each other.

It's our hearts, not our hands, which need washing.

(Reflection taken and shared from Carmelites Online)

The Parish Clergy

Parish Administrator:

Fr Joshua Kauras

Pastoral Assistant:

Rev Pat Carrigan
(Permanent Deacon)

Parish Secretary:

Mary Irvine



St Peter in Chains Church, Inverkeithing



Ss John & Columba's Church, Rosyth



Our Lady of Lourdes Church,
Dunfermline

Scripture Readings & Responses

First Reading

Deuteronomy 4:1-2, 6-8

Moses said to the people: ‘Now, Israel, take notice of the laws and customs that I teach you today, and observe them, that you may have life and may enter and take possession of the land that the Lord the God of your fathers is giving you. You must add nothing to what I command you, and take nothing from it, but keep the commandments of the Lord your God just as I lay them down for you. Keep them, observe them, and they will demonstrate to the peoples your wisdom and understanding. When they come to know of all these laws they will exclaim, “No other people is as wise and prudent as this great nation.” And indeed, what great nation is there that has its gods so near as the Lord our God is to us whenever we call to him? And what great nation is there that has laws and customs to match this whole Law that I put before you today?’

The Word of the Lord– Thanks be to God.

Responsorial Psalm

Psalm 14

R. The just will live in the presence of the Lord.

1. Lord, who shall dwell on your holy mountain? He who walks without fault; he who acts with justice and speaks the truth from his heart. (R)
2. He who does no wrong to his brother, who casts no slur on his neighbour, who holds the godless in disdain, but honours those who fear the Lord. (R)
3. He who keeps his pledge, come what may; who takes no interest on a loan and accepts no bribes against the innocent. Such a man will stand firm for ever. (R)

Second Reading

James 1:17-18, 21-22, 27

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with him there is no such thing as alteration, no shadow of a change. By his own choice he made us his children by the message of the truth so that we should be a sort of first-fruits of all that he had created. Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves. Pure, unspoiled religion, in the eyes of God our Father is this: coming to the help of orphans and widows when they need it, and keeping oneself uncontaminated by the world.

The Word of the Lord– Thanks be to God.

Acclamation

John 6

Alleluia, alleluia! Your words are Spirit, Lord, and they are life: you have the message of eternal life. Alleluia!

Gospel

Mark 7:1-8, 14-15, 21-23

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, ‘Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?’ He answered, ‘It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture: This people honours me only with lip-service, while their hearts are far from me. The worship they offer me is worthless, the doctrines they teach are only human regulations. You put aside the commandment of God to cling to human traditions.’ He called the people to him again and said, ‘Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men’s hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.’

The Gospel of the Lord– Praise to you Lord Jesus Christ.

This Weeks News & Events

Covid-19 Parish Update

The Scottish Government has now lifted almost every restriction that has shaped Parish life since March 2020. There is no longer a requirement for parishioners to book a place at Sunday Mass, this includes the Vigil Mass. You can also choose your own seat within the Church, but please leave a little distance from the person next to you. The wearing of face coverings will continue (unless exempt) as will the regular use of hand sanitiser. As well as this the need to operate a one way system in the Churches has ended. So that we have a list of attendees can you please indicate to the Church Coordinators which Sunday Mass you are most likely to attend going forward. Any visitors to the Parish will be asked to provide their details. The windows and doors will also remain open throughout Mass to maintain good ventilation.

For Your Prayers

Please remember in your prayers Susan Stevenson a parishioner of St John & Columba’s Church who has died and Peter Boyle from Inverkeithing (who passed away in Argyll). Eternal rest grant unto them O Lord and let perpetual light shine upon them. May they rest in Peace. Amen. May God continue to console and guide their families.

Commissioning of Our Lady of Lourdes Grotto

On Wednesday 8th September the Birthday of Our Lady, we will officially commission our new Grotto. The Vicar General will be visiting where he will concelebrate Holy Mass with Fr Joshua and commission the Grotto. Mass will begin in Our Lady of Lourdes Church at 12 noon. All are welcome.

Landings Group Meetings

Landings meetings have restarted within the Parish. This series of small group meetings is for anybody who wants to get to know a few other Catholics better after the pandemic’s isolation. Together we share faith, life stories and great hospitality. This is for ALL Catholics who want a better connection to God and the Church. Phone Margaret on 01383 728844 for more information.

National Pilgrimage at Carfin Grotto

The Bishops’ Conference of Scotland invite you to the shrine of Our Lady of Lourdes at Carfin for the annual national pilgrimage. The event is in honour of St Joseph in this year of dedication to him. It takes place at 3pm next Sunday (5th September). All are welcome.

Justice & Peace Mass

The Annual Archdiocesan Justice & Peace Mass takes place at 7:30pm on Monday 6 September at St Columba’s, Upper Gray Street, Edinburgh (EH9 1SN). It marks the beginning of the Season of Creation and will be a chance to pray for the success of COP26. Refreshments will served after Mass. Register at bit.ly/JusticeAndPeaceMass2021

Mass for Vocations to the Priesthood and Religious Life

This months Mass for Vocations will be at 6:30pm on Monday 6 September at St David’s in Dalkeith, Edinburgh. Please join us if you can. May God continue to bless us with priests and religious to guide us in our faith.

HCPT Group 88

If anyone in the Parish has information about the HCPT group 88 Scotland, Lourdes 1984 can they please contact Fr Joshua who is looking for some more information about the group.

Special Collection Update

Many thanks to all who generously donated to the special collection last weekend for African Missions & Holy Places. St PiC- £179.40, St J&C £132.00 and OLoL £153.50

Sunday 22nd August 2021	St Peter in Chains	Ss John & Columba’s	Our Lady of Lourdes
Loose Plate	£163.00	£221.00	£533.29
Standing Orders	£220.00	£415.25	£144.75
Bank Account Details	RBS A/C No: 00600297 Sort Code:833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300