

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
<b>Sunday 8th August</b> 18th Sunday of the Year (Year B)	<b>9:30am</b>	*St John & Columba's*	Holy Mass	Christina Paul (RIP)
	<b>11:30am</b>	Our Lady of Lourdes	Holy Mass	Anthony & Florence Anichukwueze (Spec Int)
	<b>5:00pm</b>	Our Lady of Lourdes	Holy Mass	Fr Anthony Behan (RIP)
<b>Monday 9th August</b> Feast of St Teresa Benedicta of the Cross	-	<b>No Mass</b>	-	-
<b>Tuesday 10th August</b> Feast of St Lawrence (*live Streamed*)	<b>10:00am</b>	St Peter in Chains	Funeral Mass	Hannah (Joan) McBride (RIP)
	<b>6:30pm</b> <b>7:00pm</b>	*Ss John & Columba's*	<i>Confessions</i> Holy Mass	Linda McLees (Spec Int)
<b>Wednesday 11th August</b> Memorial of St Clare	<b>10:00am</b>	St Peter in Chains	Holy Mass	Joan Hannah McBride (RIP)
<b>Thursday 12th August</b> 19th Week in Ordinary Time	<b>6:30pm</b>	Our Lady of Lourdes	<i>Confessions</i>	
	<b>7:00pm</b>		Holy Mass	Bobbie Robertson (Sick)
<b>Friday 13th August</b> 19th Week in Ordinary Time	<b>10:00am</b>	St Peter in Chains	Holy Mass	Stella Morrison (RIP)
<b>Saturday 14th August</b> Memorial of St Maximilian Mary Kolbe (*Live Streamed*)	<b>10:00am</b> <i>10:30am</i>	*Ss John & Columba's*	Holy Mass <i>Confessions</i>	Anna Jack (Spec Int)
	<b>4:15pm</b> <b>5:00pm</b>	St Peter in Chains	<i>Confessions</i> Vigil Mass	People of the Parish
<b>Sunday 15th August</b> The Assumption of the Blessed Virgin Mary (*Live Streamed*)	<b>9:30am</b>	*Ss John & Columba's*	Holy Mass	Josephine Duffy (Ann)
	<b>11:30am</b>	Our Lady of Lourdes	Holy Mass	Emeka Ebelechukwu (Spec Int)
	<b>5.00pm</b>	Our Lady of Lourdes	Holy Mass	People of the Parish

#### PARISH GENERAL INFORMATION

**Parish Administrator - Fr Joshua Kauras**, (email: [admin@catholicswife.com](mailto:admin@catholicswife.com))  
 Parish Office & Priests Address – 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202  
**Pastoral Assistant - Rev Pat Carrigan** (email: [obl.columba@gmail.com](mailto:obl.columba@gmail.com))  
**Parish Secretary – Mary Irvine** (email: [maryol@btinternet.com](mailto:maryol@btinternet.com)) general enquiries only.  
**Parish Newsletter Coordinator – Dean McGuire** (email: [mhtparishnewsletter@gmail.com](mailto:mhtparishnewsletter@gmail.com)) Submissions by 12 noon on a Friday.  
**Parish Safeguarding Officers**  
 Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

#### Baptisms & Marriages

Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

#### Sacrament of the Sick / Hospital Visitations & Funeral Arrangements

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Joshua to visit. For funeral arrangements please contact Fr Joshua or Deacon Pat. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Isaac (625611) *A patient/family request must be made before the clergy can visit.*

#### Names for sick list

Names can only be added by the person themselves or by a member of the family. *Please advise the Parish Office.*

#### Mass Intentions

If you wish for a Mass to be said for deceased relatives or friends, an anniversary or special or private intention, please collect an envelope from the back of the Church. When complete these can be placed in collection plate or posted through the door of the presbytery at Our Lady of Lourdes, or given to the priest at the end of Holy Mass.

**The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540**

# The Catholic Parish of the Most Holy Trinity.

## Parish Newsletter.

**Sunday 8th August 2021**  
**19th Sunday of the Year**  
**(Year B)**

### Reflection - The living bread that nourishes life

At the end of last week's Gospel, Jesus said: I am the bread of life, those who come to me will never be hungry; those who believe in me will never thirst. In other words, Jesus feeds us with the living bread of God's word, which is himself. But this word can only be received by those who believe, that is, who are in relationship with Jesus. The first step is to recognise where Jesus comes from (God).

In a great example of unbelief the Jewish authorities reject Jesus at the beginning of this week's Gospel because they know where he comes from and therefore he cannot be 'from heaven'. Once again they are unable to read the face of God in Jesus. They think they know exactly who Jesus is - we know his father and mother. And their focus remains firmly fixed on the bread they ate, not the person who provided it.

Jesus tells them to stop complaining and insists that only those drawn by God can believe in him. Jesus insists again that God draws people to belief in him. One cannot be taught by God apart from hearing and believing the word of Jesus. And those who believe have eternal life.

Jesus again insists that he is the Bread of Life. Referring to his earlier conversation with the crowd in last week's Gospel, Jesus says that those who ate the manna in the desert are dead; and those who eat the bread of life he is offering will live. Life comes from being in relationship (in communion) with Jesus.

The Gospel concludes with Jesus once again stating that he is indeed the living bread which has come down from heaven. Those who eat this bread will live for ever. The bread that Jesus will give is his own flesh offered on the altar of the cross for the life of the world and given in prophetic sign at the Last Supper.

If we enter into communion with Jesus we can become the living bread through whom God continues to feed his people with wisdom, compassion, hope, forgiveness and love.

(Reflection from Carmelite Fathers Lectio Divina)

## The Parish Clergy

### Parish Administrator:

Fr Joshua Kauras

### Pastoral Assistant:

Rev Pat Carrigan  
(Permanent Deacon)

### Parish Secretary:

Mary Irvine



St Peter in Chains Church, Inverkeithing



Ss John & Columba's Church, Rosyth



Our Lady of Lourdes Church,  
Dunfermline

## Scripture Readings & Responses

### First Reading

Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

*The Word of the Lord— Thanks be to God.*

### Responsorial Psalm

Psalm 33

**R. Taste and see that the Lord is good.**

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. ( R )
2. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. ( R )
3. Look towards him and be radiant; let your faces not be abashed. This poor man called, the Lord heard him and rescued him from all his distress. ( R )
4. The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him. ( R )

### Second Reading

Ephesians 4:30-5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

*The Word of the Lord— Thanks be to God.*

### Acclamation

John 14:23

**Alleluia, alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!**

### Gospel

John 6:41-51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

*The Gospel of the Lord— Praise to you Lord Jesus Christ.*

## This Weeks News & Events

### **Weekend Mass Bookings**

Please continue to follow the guidance from the Parish Pastoral Council and book through our Church Coordinators, face masks (unless exempt), hand sanitiser and one way systems will remain in place. Please email your request on a Friday **between 12 noon and 6pm**, stating how many places you require, your name and telephone number to:

St Peter in Chains:

Ss John & Columba's:

Our Lady of Lourdes:

kathleen481@outlook.com

lisaquinn50@hotmail.co.uk

hall\_margaret4@sky.com

You will only receive a response if you have been unsuccessful in getting an allocated seat.

### **For Your Prayers**

Please pray for the repose of the soul of Hannah (Joan) McBride who has died recently. Joan's Funeral Mass will take place in St Peter in Chains Church on Tuesday 10th August at 10am, with internment following at Hillend Cemetery at 10:45am. Eternal rest grant unto her O Lord and let perpetual light shine upon her. May she rest in Peace. Amen. May God continue to console and guide her family.

### **Scammers Targeting Churches in the Archdiocese**

Parishioners are reminded that if they are ever contacted by anyone via email, phone or any other means saying they are Fr Joshua, Deacon Pat, or Dean or Mary from the office asking you to send iTunes vouchers or anything to this effect please **DO NOT DO THIS**. We would **NEVER** expect anyone to do this. Parishes across the Archdiocese have recently been targeted. We just wanted to remind of this so none of us fall victim. If you ever need clarity on the authenticity of an email, you can contact the Parish office on 01383 722202 to check this first before replying. Many Thanks.

### **Grotto at Our Lady of Lourdes Church**

Many thanks to all parishioners from all three Churches who have so generously donated towards the Grotto appeal. To date we have received donations of over **£2,515** meaning we have met our fundraising target. Due to the supplier letting us down they are now unable to provide statue. If anyone knows of a company that could assist with the procurement of a new one, please contact Deacon Pat via email (address on back page).

### **Getting married? - A Message from the Archdiocese**

You should be in touch with your parish priest at least six months before getting married ahead of making any preparations. A Marriage Preparation Course is a requirement for those wishing to get married in the Catholic Church. Your parish priest will give you guidance on how to do the preparation and which course to use. As one of the options, there is a course run by the Archdiocese which seeks to lead couples to a greater understanding of God's plan for marriage and his call to live this beautiful vocation. Course details and dates can be found at [bit.ly/ArchMarriagePrep2021-22](http://bit.ly/ArchMarriagePrep2021-22)

### **Parish Pastoral Council Meeting**

The next meeting takes place on Wednesday 25th August. If you wish for the Council to discuss a matter on your behalf, please speak to one of the members Kathleen Paterson, Magdalena Orzegwydra, Michelle Glass (St PiC) Lisa Quinn, Dean McGuire (St J&C) Margaret Hall, Julie Sullivan (OLOL). Thank you.

### **Parish Finances**

Whilst the Covid-19 pandemic has affected people in different ways, our Parish has seen a dramatic drop in revenue. We still have all the same outgoings as before but with less money. If you are able to return to giving your weekly collection no matter how small it would be very much appreciated. If you would like to sign up to standing order please speak to Moira McVey (St PiC), Graham O'Connor (St J&C) or Mary Irvine (OLOL). May the Lord continue to bless you in your support for our Parish.

Sunday 1st August 2021	St Peter in Chains	Ss John & Columba's	Our Lady of Lourdes
Loose Plate	<b>£126.20</b>	<b>£102.00</b>	<b>£187.81</b>
Standing Orders	<b>£220.00</b>	<b>£415.25</b>	<b>£144.75</b>
Bank Account Details	RBS A/C No: 00600297 Sort Code: 833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300