

DATE	TIME	CHURCH	LITURGICAL ACT	INTENTION
<b>Sunday 1st August</b> 18th Sunday of the Year (Year B)	<b>9:30am</b>	*St John & Columba's*	Holy Mass	Fr John Scally (RIP)
	<b>11:30am</b>	Our Lady of Lourdes	Holy Mass	Ron Pope (RIP)
	<b>5:00pm</b>	Our Lady of Lourdes	Holy Mass	The Sick of the Parish
<b>Monday 2nd August</b> 18th Week in Ordinary Time	-	<b>No Mass</b>	-	-
<b>Tuesday 3rd August</b> 18th Week in Ordinary Time (*Live Streamed*)	<i>6:30pm</i>	*Ss John & Columba's*	<i>Confessions</i>	Susan Wilson (Ann)
	<b>7.00pm</b>		Holy Mass	
<b>Wednesday 4th August</b> Memorial of St John Vianney	<b>10:00am</b>	St Peter in Chains	Holy Mass	Joan McBride (RIP)
<b>Thursday 5th August</b> 18th Week in Ordinary Time	<i>6:30pm</i>	Our Lady of Lourdes	<i>Confessions</i>	Hughie Martin (RIP)
	<b>7:00pm</b>		Holy Mass	
<b>Friday 6th August</b> Feast of the Transfiguration of the Lord (B)	<b>10:00am</b>	St Peter in Chains	Holy Mass	Marguerite Pace Balzan (RIP)
<b>Saturday 7th August</b> 18th Week in Ordinary Time (*Live Streamed*)	<b>10:00am</b>	*Ss John & Columba's*	Holy Mass	Christina Paul (RIP)
	<i>10:30am</i>		<i>Confessions</i>	
	<i>4:15pm</i> <b>5:00pm</b>	St Peter in Chains	<i>Confessions</i> Vigil Mass	
<b>Sunday 8th August</b> 19th Sunday of the Year (Year B) (*Live Streamed*)	<b>9:30am</b>	*Ss John & Columba's*	Holy Mass	Christina Paul (RIP)
	<b>11:30am</b>	Our Lady of Lourdes	Holy Mass	Anthony & Florence Anichukwueze (Spec Int)
	<b>5.00pm</b>	Our Lady of Lourdes	Holy Mass	People of the Parish

#### PARISH GENERAL INFORMATION

**Parish Administrator - Fr Joshua Kauras**, (email: [admin@catholicswife.com](mailto:admin@catholicswife.com))  
 Parish Office & Priests Address – 67 Aberdour Road, Dunfermline, KY11 4QZ Telephone 01383 722202  
**Pastoral Assistant - Rev Pat Carrigan** (email: [obl.columba@gmail.com](mailto:obl.columba@gmail.com))  
**Parish Secretary – Mary Irvine** (email: [maryiol@btinternet.com](mailto:maryiol@btinternet.com)) general enquiries only.  
**Parish Newsletter Coordinator – Dean McGuire** (email: [mhtparishnewsletter@gmail.com](mailto:mhtparishnewsletter@gmail.com)) Submissions by 12 noon on a Friday.  
**Parish Safeguarding Officers**  
 Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

#### Baptisms & Marriages

Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

#### Sacrament of the Sick / Hospital Visitations & Funeral Arrangements

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Joshua to visit. For funeral arrangements please contact Fr Joshua or Deacon Pat. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Isaac (625611) *A patient/family request must be made before the clergy can visit.*

#### Names for sick list

Names can only be added by the person themselves or by a member of the family. *Please advise the Parish Office.*

#### Mass Intentions

If you wish for a Mass to be said for deceased relatives or friends, an anniversary or special or private intention, please collect an envelope from the back of the Church. When complete these can be placed in collection plate or posted through the door of the presbytery at Our Lady of Lourdes, or given to the priest at the end of Holy Mass.

**The Most Holy Trinity is a Parish of the Archdiocese of St Andrews & Edinburgh. A Charity registered in Scotland Number SC008540**

# The Catholic Parish of the Most Holy Trinity.

## Parish Newsletter.

### Sunday 1st August 2021 18th Sunday of the Year (Year B)

#### Reflection - I am the Bread of Life

Our journey through Chapter 6 of St John's Gospel continues. Two weeks ago, Jesus showed himself the true shepherd-king, feeding the inner hunger of the people for the Word of God. Last week, Jesus fed the physical hunger of a great multitude with a simple meal of bread and fish. The people, impressed by what they saw, wanted to make him their warrior-king, one who would lead them in a revolt against the occupying Romans and satisfy their every desire. Jesus escaped into the hills.

This Sunday, the crowd has caught up with Jesus. He accuses them of looking for him only because he gave them all the bread they wanted to eat, not because they had understood that the bread was a sign of the real food Jesus was offering: himself. Jesus urges them to work for 'food that endures to eternal life'. Working for this food means to believe in the one God has sent: Jesus himself.

The crowd asks for a sign to prove that they should believe in Jesus. After all, they say, Moses gave our ancestors bread to eat in the desert; what will you do? Their request underlines their failure to really see the sign that they had already been given. Jesus reformulates their quote from scripture: It is God who gives the true bread from heaven, the bread of God which gives life to the world. In that case, they say, give us that bread always.

Jesus replies: I am the bread of life, those who come to me will never be hungry; those who believe in me will never thirst. Jesus is real food for the hungers and thirsts of the human heart.

To be nourished by Jesus one must believe (have faith) in him. This implies a personal relationship with Jesus. Once this personal relationship has been established everything else finds its proper place and true purpose.

Our relationships feed and sustain us as human beings. They are born of the food of love, compassion and forgiveness. Being in a relationship is to be drawn into communion with another person. We always draw life from those we love and those who love us. It is the same with Jesus. In order to draw life from him, to be fed by him, we have to be in loving relationship with him.

(Reflection from Carmelite Fathers Lectio Divina)

## The Parish Clergy

### Parish Administrator:

Fr Joshua Kauras

### Pastoral Assistant:

Rev Pat Carrigan  
(Permanent Deacon)

### Parish Secretary:

Mary Irvine



St Peter in Chains Church, Inverkeithing



Ss John & Columba's Church, Rosyth



Our Lady of Lourdes Church,  
Dunfermline

## Scripture Readings & Responses

### First Reading

Exodus 16:2-4,12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, ‘Why did we not die at the Lord’s hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart’s content! As it is, you have brought us to this wilderness to starve this whole company to death!’ Then the Lord said to Moses, ‘Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day’s portion; I propose to test them in this way to see whether they will follow my law or not. ‘I have heard the complaints of the sons of Israel. Say this to them, “Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart’s content. Then you will learn that I, the Lord, am your God.”’ And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, ‘What is that?’ not knowing what it was. ‘That’ said Moses to them ‘is the bread the Lord gives you to eat.’

*The Word of the Lord— Thanks be to God.*

### Responsorial Psalm

Psalm 77

**R. The Lord gave them bread from heaven.**

1. The things we have heard and understood, the things our fathers have told us, these we will not hide from their children but will tell them to the next generation; the glories of the Lord and his might. ( R )
2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. ( R )
3. Mere men ate the bread of angels. He sent them abundance of food; he brought them to his holy land, to the mountain which his right hand had won. ( R )

### Second Reading

Ephesians 4:17,20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God’s way, in the goodness and holiness of the truth.

*The Word of the Lord— Thanks be to God.*

### Acclamation

John 6

**Alleluia, alleluia! I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me. Alleluia!**

### Gospel

John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, ‘Rabbi, when did you come here?’ Jesus answered: ‘I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.’ Then they said to him, ‘What must we do if we are to do the works that God wants?’ Jesus gave them this answer, ‘This is working for God: you must believe in the one he has sent.’ So they said, ‘What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.’ Jesus answered: ‘I tell you most solemnly, I was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.’ ‘Sir,’ they said ‘give us that bread always.’ Jesus answered: ‘I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.’

*The Gospel of the Lord— Praise to you Lord Jesus Christ.*

## This Weeks News & Events

### **Weekend Mass Bookings**

Please continue to follow the guidance from the Parish Pastoral Council and book through our Church Coordinators, face masks (unless exempt), hand sanitiser and one way systems will remain in place. Please email your request on a Friday **between 12 noon and 6pm**, stating how many places you require, your name and telephone number to:

St Peter in Chains:

kathleen481@outlook.com

Ss John & Columba’s:

lisaquinn50@hotmail.co.uk

Our Lady of Lourdes:

hall\_margaret4@sky.com

You will only receive a response if you have been unsuccessful in getting an allocated seat.

### **Sunday Mass Time Change From This Sunday**

Please remember from Sunday (1st August) the morning Mass time at Our Lady of Lourdes will change. Holy Mass will begin at **11:30am**. This is to allow our Parish Clergy time to get from one Church to another safely, and to give them time to prepare spiritually. Your understanding is very much appreciated.

### **Grotto at Our Lady of Lourdes Church**

Many thanks to all parishioners from all three Churches who have so generously donated towards the Grotto appeal. To date we have received donations of over **£2,515** meaning we have met our fundraising target. This has allowed us to purchase a statue of Our Lady and to carry out other necessary work. The finishing touches are being made ahead of the big reveal, watch this space for details.

### **Safeguarding Webinar**

To learn more about *In God’s Image v2*, clergy, religious, church employees and volunteers across Scotland are encouraged to take part in a national safeguarding webinar at 11am on Saturday 2 October. The Bishops of Scotland hope to use this opportunity to convey key messages about the document and to encourage everyone to reflect upon its implications for their own safeguarding role in the Church. The link to register is: [bit.ly/3gQRdPu](http://bit.ly/3gQRdPu)

### **Courses at Gillis Centre, Edinburgh**

Applications are now open for variety of courses run by St Mary’s University, Twickenham, at our Gillis Centre Campus in Edinburgh this autumn. Why not improve your knowledge of the faith with an MA in Theology? Visit [stmarys.ac.uk/edinburgh](http://stmarys.ac.uk/edinburgh)

### **Getting married? - A Message from the Archdiocese**

You should be in touch with your parish priest at least six months before getting married ahead of making any preparations. A Marriage Preparation Course is a requirement for those wishing to get married in the Catholic Church. Your parish priest will give you guidance on how to do the preparation and which course to use. As one of the options, there is a course run by the Archdiocese which seeks to lead couples to a greater understanding of God’s plan for marriage and his call to live this beautiful vocation. Course details and dates can be found at [bit.ly/ArchMarriagePrep2021-22](http://bit.ly/ArchMarriagePrep2021-22)

### **Parish Pastoral Council Meeting**

The next meeting takes place on Wednesday 25th August. If you wish for the Council to discuss a matter on your behalf, please speak to one of the members Kathleen Paterson, Magdalena Orzegwydra, Michelle Glass (St PiC) Lisa Quinn, Dean McGuire (St J&C) Margaret Hall, Julie Sullivan (OLOL). Thank you.

### **Parish Finances**

Whist the Covid-19 pandemic has affected people in different ways, our Parish has seen a dramatic drop in revenue. We still have all the same outgoings as before but with less money. If you are able to return to giving your weekly collection no matter how small it would be very much appreciated. If you would like to sign up to standing order please speak to Moira McVey (St PiC), Graham O’Connor (St J&C) or Mary Irvine (OLOL). May the Lord continue to bless you in your support for our Parish.

Sunday 25th July	St Peter in Chains	Ss John & Columba’s	Our Lady of Lourdes
Loose Plate	<b>£190.00</b>	<b>£89.00</b>	<b>£153.25</b>
Standing Orders	<b>£392.50</b>	<b>£95.00</b>	<b>£155.00</b>
Bank Account Details	RBS A/C No: 00600297 Sort Code:833300	RBS A/C No: 00114865 Sort Code: 832339	RBS A/C No: 00249131 Sort Code: 833300