



THE CATHOLIC PARISH OF THE MOST HOLY TRINITY

1st November 2020

THE SOLEMNITY OF ALL SAINTS

WE CAN LAND MEN ON THE MOON OR MARS,

find cures for cancer and AIDS, or define the 'big bang theory' but ultimately our destiny is shaped not by man's conquests or discoveries, but by the simple acceptance of a sermon Jesus gave over two thousand years ago. The 'Sermon On the Mount', sometimes called the 'greatest sermon of all time', begins with a list of revolutionary statements, which we now know as the 'Beatitudes'. The Beatitudes give us a blue print for living our lives, and a key for entering the Kingdom of God.

Be poor in spirit we are told, not allowing our lives to be governed by money or material concerns. We should be meek, always seeking to serve rather than seeking the power with which to lord it over others. Hunger for righteousness we are told, never tolerating injustice, always having the integrity to suffer for what we believe in if needs be. We should be merciful, not only with those we feel deserve mercy like the poor and the disadvantaged, but with those who need our forgiveness and consideration. Are we always pure of heart or do we enjoy a good gossip, a joke at someone else's expense? Are we peacemakers, or do we fuel battles against neighbours, workmates or people from different communities?

The Beatitudes are a list of ideals and challenges designed to shape our lives for the better, but are we left looking at the list and feeling that it's just too much of a tall order? As in anything that initially seems too difficult are we in danger of simply 'switching off', imagining that Jesus' ideals are meant for others but not for us?

On this the feast of 'All Saints' we celebrate the lives of those saints whose lives we aim to imitate. But what is interesting to note, is that not even these very special men and women have managed to live by every single beatitude. A saint is not necessarily a perfect person, but someone who has sought his or her hardest to be faithful to God. When we determine to live our lives by Jesus' ideals what matters is our commitment and integrity, not our measure of success.

The Parish Clergy

Parish Priest:

Fr Kevin Dow

Pastoral Assistant:

Rev Pat Carrigan
(*Permanent Deacon*)



St Peter in Chains Church,
Inverkeithing



Ss John & Columba's Church,
Rosyth



Our Lady of Lourdes Church,
Dunfermline



THE LITURGY OF THE WORD

First reading

Apocalypse 7:2-4,9-14

I saw a huge number, impossible to count, of people from every nation, race, tribe and language

I, John, saw another angel rising where the sun rises, carrying the seal of the living God; he called in a powerful voice to the four angels whose duty was to devastate land and sea, 'Wait before you do any damage on land or at sea or to the trees, until we have put the seal on the foreheads of the servants of our God.' Then I heard how many were sealed: a hundred and forty-four thousand, out of all the tribes of Israel.

After that I saw a huge number, impossible to count, of people from every nation, race, tribe and language; they were standing in front of the throne and in front of the Lamb, dressed in white robes and holding palms in their hands. They shouted aloud, 'Victory to our God, who sits on the throne, and to the Lamb!' And all the angels who were standing in a circle round the throne, surrounding the elders and the four animals, prostrated themselves before the throne, and touched the ground with their foreheads, worshipping God with these words, 'Amen. Praise and glory and wisdom and thanksgiving and honour and power and strength to our God for ever and ever. Amen.'

One of the elders then spoke, and asked me, 'Do you know who these people are, dressed in white robes, and where they have come from?' I answered him, 'You can tell me, my lord.' Then he said, 'These are the people who have been through the great persecution, and they have washed their robes white again in the blood of the Lamb.'

The Word of the Lord.

Responsorial Psalm

23(24):1-6

Such are the men who seek your face, O Lord.

The Lord's is the earth and its fullness,
the world and all its peoples.
It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?
The man with clean hands and pure heart,
who desires not worthless things.

He shall receive blessings from the Lord
and reward from the God who saves him.
Such are the men who seek him,
seek the face of the God of Jacob.

Second reading

1 John 3:1-3

We shall be like God because we shall see him as he really is

Think of the love that the Father has lavished on us, by letting us be called God's children; and that is what we are.

Because the world refused to acknowledge him, therefore it does not acknowledge us.

My dear people, we are already the children of God but what we are to be in the future has not yet been revealed;

all we know is, that when it is revealed we shall be like him because we shall see him as he really is.

Surely everyone who entertains this hope must purify himself, must try to be as pure as Christ.

The Word of the Lord.

Gospel Acclamation

Mt11:28

Alleluia, alleluia!

Come to me, all you who labour and are overburdened and I will give you rest, says the Lord.

Alleluia!

Gospel

Matthew 5:1-12a

How happy are the poor in spirit

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

'How happy are the poor in spirit;
theirs is the kingdom of heaven.

Happy the gentle:

they shall have the earth for their heritage.

Happy those who mourn:

they shall be comforted.

Happy those who hunger and thirst for what is right:

they shall be satisfied.

Happy the merciful:

they shall have mercy shown them.

Happy the pure in heart:

they shall see God.

Happy the peacemakers:

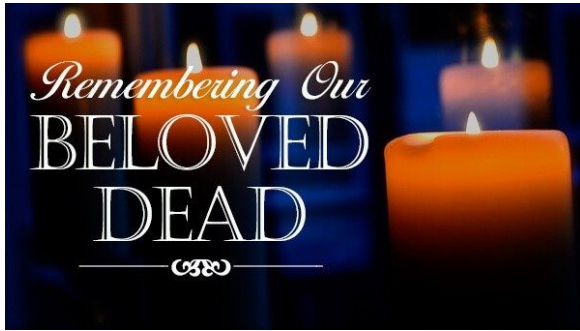
they shall be called sons of God.

Happy those who are persecuted in the cause of right:

theirs is the kingdom of heaven.

'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.' *The Gospel of the Lord.*

DEVOTIONAL LIFE & PRAYER



November is the Month of the Holy Souls

This Sunday we'll enter the month of November, the month in which the Church prays for all who are in the purifying fires of Purgatory, waiting for the day when they will join the company of the saints in heaven. The celebration of Mass is the highest means the Church can provide for charity for the dead, but we can also relieve their sufferings through our prayers, sufferings and penances. We can also help the Poor Souls by doing acts and prayers that have indulgences attached to them. There are many indulgences, applicable only to the Souls in Purgatory, which can be obtained during the month of November.

The Holy Souls Masses:

During November we offer Masses for the dead. If you would like to enrol a loved one on the Parish November Mass List, they will have Mass offered for them, they will be included in the

Masses for the Holy Souls, and they will be prayed for (collectively) during the Intercessions every day. Holy Souls Mass offering envelopes are available in all three churches this week or so. Please return Mass offerings to Fr Kevin.

November Lists: Please collect a sheet from one of our churches and fill in the names of all whom you wish to be remembered in prayer during our Holy Souls Mass in this month of November, and return them to the burse/basket at the front of the altar.

Cemetery Sunday:

Unfortunately we will not be able to carry out our annual commemoration and blessing of the local graves due to government restrictions brought on by the global pandemic, but we would still encourage you to make a visit to your family graves and pray for the souls of your loved ones.

"It is therefore a holy and wholesome thought to pray for the dead that they may be loosed of their sins."
2 Maccabees 12:46

"Eternal rest grant unto them O Lord, and let perpetual light shine upon them."

A Spiritual Communion for use when not able to receive our Lord physically:

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Sacrament of Reconciliation - if you wish to make an appointment with Fr Kevin to go to confession (with all necessary safeguards in place), please contact him at the presbytery or by email.

PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND INFIRM

Canon McAllister,
James Lynch,
Maureen McLeod,
James Morris,
Elaine McCormick,
Sandra Graham,
Ester Wren,
Daniel Cornet,
Ann-Marie Bevan,
Patricia Phee,
Angie Kempson,
Margaret Lynch,
Edith Bryant,
Elizabeth McVay,
Veronica Fogherty,
David and Lynn Dean,
Colin Reid,
Martin Lacey,
Sandra Christie,
Eleanor Haggett,
Susan Stevenson,
Elizabeth Byrne,
Catherine Steven
and Jennifer Imrie
Our Lady, Mother of the sick—pray for them

OF YOUR CHARITY, PLEASE PRAY FOR THE RECENTLY DECEASED

William Davidson
RIP and all those who have died as a result of Covid-19 and all who have no one to pray for them

Fidelium animae per misericordiam Dei requiescant in pace. Amen

MAKING A DONATION

During this time of Church closure, and no public Masses being celebrated, you have very little chance of supporting the ongoing mission of the parish and upkeep of our church buildings.

We thank you for all that you have contributed in the past, and if you are able to continue your support, which can also be Gift Aided, we would be eternally grateful. God bless.

Below are the details for the bank accounts for each church if you wish to make your donation directly into the bank account:

St Peter in Chains—
RBS A/C No:
00600297
Sort Code:**833300**

Ss John & Columba's—
RBS A/C No:
00114865
Sort Code: **832339**

Our Lady of Lourdes—
RBS A/C No:
00249131
Sort Code: **833300**



The obligation to attend Mass remains suspended at this time

Public Worship

As from the 15th July we have been able to open our 3 churches, following both the bishop's and the government guidelines.

We will only be able to continue to open our churches if enough parishioners volunteer to assist with the cleaning after each Mass...

- You may attend any weekday Mass, instead of attending the Sunday one;
 - If you are shielding, it's important that you do not come out to Mass at all;
 - We will need to record your name and address when you attend Mass, in case you need to be traced;
 - We are not allowed more than 50 people in church.
 - Seating according to physical distancing rules. Currently, Rosyth would have a capacity of 30, Inverkeithing will also be about 30 and Dunfermline is 48. Households may sit together. **You will be guided to a seat by a passkeeper—you will not be able to sit where you normally do.**
 - **You are legally obliged to wear a face covering.** Exemptions are children under 5 and those with a condition such as asthma.
 - You will need to sanitise your hands on entering and leaving. This will be provided. Please

COVID-19 & OUR

avoid touching statues and other surfaces. If you wish to light votive candles, please place them in the basket provided for this purpose (*We ask you not to light the candles yourself, as your hands have flammable liquid on them...*)

- There will be no music or singing, no readers, ministers of communion, altar servers or sacristans. Only the priest will be allowed in the sacristy and toilet facilities will not be available.
- Mass will be celebrated without the Gloria or Creed.
- Holy Communion (under the one species) will be distributed after the final blessing and people are asked to leave immediately.
- For holy Communion, please keep your face covering in place when you receive Holy Communion, and then step to the side, remove mask, consume and replace mask.
- Offertory donations may be placed in baskets as you leave the church at the end of Mass
- There will be no Teas etc. after Mass.
 - We will suspend the Holy Hours to focus on Mass, until we can resume normal services.
 - The church will have to be cleaned after each Mass.
- We will need a team of at least 2 pass keepers, and 2 or 3 cleaners for each Mass. Please consider volunteering your time and help make this all possible.
- My thanks to those who are presently volunteering to clean the churches at the end of each period.



News from the Archbishop:

Dear friends,

The Archdiocese is launching an online Diploma in Catechetics in January. It's open to anyone who wants to learn more about their faith and to deepen their understanding of Catholic theology.

It's easy to take part. Each Thursday evening you join a 45-minute lecture on Zoom from the comfort of your home. The course is led by Sister Anna Marie McGuan, our new Catechetics Advisor, who will be joined by priests, religious and lay people in delivering the course.

I particularly invite anyone involved in the catechetical work of the Church to get involved – such as children's liturgists, RCIA team members, teachers and youth group leaders.

In these days of enforced social isolation and of limited possibilities to bring people together, I think this is an excellent initiative. I sincerely encourage any of you who want to deepen your faith to think seriously about taking up this opportunity.

You can register now by emailing Sister Anna Marie. Her email is on the poster at the back of the church. Find out more on the news section of the Archdiocesan website or visit our Facebook and Twitter.

Sincerely in Christ,

+Leo Cushley Archbishop of St Andrews & Edinburgh



EXPLORE THE FAITH
(FROM THE COMFORT OF YOUR COUCH) ☕

DIPLOMA IN CATECHETICS | ONE YEAR ONLINE COURSE

Grab your laptop. Put the kettle on. Then join people across the Archdiocese each week to learn and share **our Catholic Faith.**

EACH THURSDAY 7:30PM ON ZOOM
BEGINS JANUARY 2021 | COST £100

For further details and to register contact Sr Anna Marie McGuan, Diocesan Catechetical Advisor. Email: sranna.marie@standed.org.uk

ARCHDIOCESE OF ST ANDREWS & EDINBURGH | COMMISSION FOR CATECHETICS

Parish Safeguarding Coordinators Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

Baptisms & Marriages Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie's Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (emergency cover is provided by the various priests in Fife) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret's (625611) **Please note that a patient/family request must be made before the clergy can visit.**

Names for sick list Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office of any name to be added or removed.

Mass Intentions Please try to have any intention that is required to be said on a particular date in a month before hand. On occasion when a funeral takes place, the stated intention will be moved to the next available date.

Bulletin Notices All notices should be with Fr Kevin in Rosyth by Thursday morning for inclusion in the weekend bulletin

NEWS & EVENTS

Obligation to attend Mass: The Bishop's have as yet not reinstated the obligation and so as we approach the colder weather, it may be good to remind ourselves that doors and windows of the churches must be kept open for air flow, and so we advise either dress for winter, or perhaps stay at home and watch online...

Fr Kevin is currently isolating in the presbytery upon advice from his GP. We thank the visiting priests who are covering the Masses this weekend and to Deacon Pat who stepped in at the last minute last weekend and carried out Services of the Word and distribution of Holy Communion. Hopefully Fr Kevin will be back fighting fit next weekend in time for the first of our celebrations of First holy Communion!

SSVP: Due to the pandemic and the Church being closed for so long, we have had no financial donations. With Christmas approaching, and many families in need, we have to decide if we can afford to offer support. If you can afford to help, the SSVP would be very grateful. There is a collection box on exit from the churches. If you prefer to make an online donation our details for OLOL SSVP are :-
Sort Code :- 80-08-09 Account Number :- 06002932. Bank of Scotland

AFRICA PROJECT: Due to the pandemic and the lack of finances, It has been decided that the SSVP can no longer fund the Africa Project. We would like to thank all parishioners who have knitted, provided materials for and made donations to the Project over the last seven years.

Visits to the Sick: unfortunately we have still not been given the go ahead to start visiting the sick and bringing Holy Communion to them as yet. I know that this is not ideal, but the clergy and lay ministers would not want to be the cause of spreading any infections from one house to the next. Obviously in cases of extreme nature, Fr Kevin will attend.

Parish First Holy Communion celebrations: Our Lady of Lourdes Church (St Margaret's PS) - Saturday 7th November at 10am & 1130am

Ss John & Columba's Church (St John's PS) - Saturday 21st November at 10am.

Due to the government restrictions, we are only allowed 50 people in church at a time, therefore in OLOL, we will hold 2 Masses. At each of the 3 Masses, there will be enough space for a child, plus 4 family members only. *Please respect the fact that only the children and their immediate family are allowed to attend, along with the class teaching staff, and so do not try to attend if you have not been invited!*

Children's Sunday Newsletter: Copy and paste this link into your web browser and it will take you to this weeks edition of a newsletter designed especially for our younger members of the parish <https://thekidsbulletin.files.wordpress.com/2020/10/the-kids-bulletin-all-saints.pdf>

OUR VIRTUAL PARISH...

as you all know, whilst all public services, activities, clubs, etc are currently on hold. Public Masses have resumed, but with certain restrictions in place. We do not know when the government will allow us to resume everything as normal, and so please bear with us. Let us pray that the all clear may come soon, and that the virus does not claim anyone from our parish community.

During this trying time, whilst Masses are being celebrated with a smaller number of parishioners physically present in our churches, Fr Kevin will continue to celebrate Mass live from Rosyth. If there is a desire for the videos to be added to our Youtube channel, please advise that you would like this to happen.

All of these Masses and services are being 'live streamed' through the parish Facebook pages: "The Catholic Parish of the Most Holy Trinity" and "Most Holy Trinity Parish-Our Lady of Lourdes Church." If you have Facebook and you have not already 'liked' these pages (why wouldn't you have already?!), then please do so and keep in touch with the parish.

If you do not have Facebook, then please subscribe to our parish YouTube channel, where Masses are uploaded for you to view.



DEACON PAT'S PONDERINGS



November has arrived, the harbinger of shorter days and longer nights and here he is the herald of the coming sleep that will sustain nature. The trees are shedding their leaves and soon they will be stark skeletal landmarks on the horizon.

Squirrels are busy gathering and storing nuts to sustain

them through this time and soon our hedgehogs, dormice and bats will go into suspended animation as will our queen bumblebees and butterflies. This suspended animation we call hibernation and it differs from regular sleep because it is a state of inactivity and decreased metabolism activated while these living creatures await the Spring.

For Christians I suppose we could call death a process of hibernation whereby our metabolism ceases and our body no longer functions, but, instantly we are gathered to Christ and we experience the springtime of our resurrection in the spiritual life and those of us who have fought the good fight remain with God forever.

This weekend the Church celebrates the Feast of All Saints, one of the few feasts that may be celebrated on a Sunday, and we honour the Saints known and unknown.

On Monday it is the Feast of All Souls and we offer Masses and prayers on behalf of the faithful departed. We take time to remember our loved ones and friends who have gone before us, Mums and Dads, brothers and sisters, Grannies and Grandads, Nanans and Papas, and sadly for some our children. We take consolation in our faith that these souls are with the Father and are content.

In Sunday's Gospel Jesus lays out the roadmap to salvation for us and clearly shows us the way in which we should lead our lives if we are to attain the gift of Paradise.

Matthew adapts the words of Jesus and addresses this discourse to Christian believers in his time. The Church had already spread and Christian communities brought together all sorts of people; slaves, ordinary people and wealthy ones. Matthew is telling them and us that the Gospel is significant

for everyone. It is our attitude and inner life that needs tweaked!

In this passage which we call the Beatitudes, the Kingdom of God is at the same time the land promised to the children of Abraham and the land where peace reigns for God is present there. Those who hunger for justice will be given both bread and the holiness of God, because in the Bible justice also means being as God wants us to be and because of this Jesus tells us we will be satisfied and consoled.

Our consolation here on earth is the knowledge that God loves us and cares for us and in spite of everything can overturn the situations of the oppressed. We live in the understanding that even when we feel God is not listening to our prayer our life, our cross, has meaning and purpose.

We should never forget that in our future life God will reward us and give us more than we could ever hope for or deserve. This is our destiny.

We must pay attention particularly to the last beatitude: 'Happy are you when people abuse you and persecute you and speak all kinds of calumny on my account. Rejoice and be glad, for your reward will be great in heaven.'

Why? Well, it doesn't matter where we are, you will find that as a Christian you cannot live your life without persecution. Our societies are becoming more and more secular and the Christian ways are being eroded by a sea of sceptic humanism and our own reluctance to offer a challenge to this culture.

Remember the old saying "If you don't use it, you lose it" and that can be applied particularly to our way of life. Just this week Euthanasia has been approved in certain circumstances in New Zealand. Is this another seed that has been sown to undervalue human life?



LITURGICAL TIMETABLE FOR COMING WEEK

| | | | | |
|--|----------------|---------------------|------------------|----------------------------|
| Sunday 1st November <i>Solemnity of All Saints</i> | 9.30am | Ss John & Columba's | Holy Mass | - |
| | 11.00am | Our Lady of Lourdes | Holy Mass | - |
| | 5.00pm | Our Lady of Lourdes | Holy Mass | - |
| Monday 2nd November <i>All Souls Day</i> | No Mass | | | |
| Tuesday 3rd November <i>Memorial of St Martin de Porres</i> | No Mass | Ss John & Columba's | Holy Mass | - |
| Wednesday 4th November <i>Memorial of St Charles Borromeo</i> | No Mass | St Peter in Chains | Holy Mass | - |
| Thursday 5th November <i>in the 31st Week of the Year</i> | No Mass | Our Lady of Lourdes | Holy Mass | - |
| Friday 6th November <i>in the 31st Week of the Year</i> | No Mass | St Peter in Chains | Holy Mass | - |
| Saturday 7th November <i>in the 31st Week of the Year</i> <i>Vigil of 32nd Sunday of the Year</i> | 10.00am | Our Lady of Lourdes | Holy Mass | <i>1st Communicants</i> |
| | 11.30am | Our Lady of Lourdes | Holy Mass | |
| | 5.00pm | St Peter in Chains | Holy Mass | <i>Fr Hugh Purcell RIP</i> |
| Sunday 8th November <i>Thirty-second Sunday of the Year</i> | 9.30am | Ss John & Columba's | Holy Mass | <i>Holy Souls</i> |
| | 11.00am | Our Lady of Lourdes | Holy Mass | <i>Pro Populo</i> |
| | 5.00pm | Our Lady of Lourdes | Holy Mass | <i>Holy Souls</i> |



The Catholic Parish of The Most Holy Trinity



Parish Office
67 Aberdour Road,
Dunfermline
KY11 4QZ

Phone: 01383 722202 (office)
01383 412084 (Presbytery)

E-mail: admin@catholicswfife.com

Website: www.catholicswfife.com



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