



THE CATHOLIC PARISH OF THE MOST HOLY TRINITY

25th October 2020

THIRTIETH SUNDAY OF ORDINARY TIME (A)

IN THEIR POPULAR AND WELL KNOWN SONG, THE BEATLES TELL US, “*ALL YOU NEED IS LOVE...*” BUT IS THAT JUST A SENTIMENTAL IDEA?

Don't we need other things as well like food, homes, jobs, clothes, education and laws to make a happy and safe society?

In today's gospel a lawyer employed by the Pharisees asks Jesus a question. “Teacher, which commandment in the law is the greatest?” It's another ‘loaded’ question. The religious leaders had devised six hundred and thirteen commandments. If Jesus were to pick on one commandment as being more important than another then it would be to negate one of the other six hundred and twelve. But Jesus manages not to invalidate any one of the commandments. Rather, he chooses the commandment that underpins all the others. “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. You shall love your neighbour as yourself.”

It is difficult to think of a human situation that can't be remedied by a mutual love. Love in this context is not the warm fuzzy feelings that come in a Valentines card, but a deep empathy and compassion for fellow human beings. “It's easy.....” sing the Beatles. Well not at first perhaps... it's sometimes difficult to even like the people we meet let alone love them. Love takes practice. Love is seeing the similarities between ourselves and not the differences. Love sees that everyone wants the same things and needs the same things. Love starts by the little things we do for each other and gradually turns into a permanent state of being. Only then can we really claim to love God. We cannot claim to love God if we dislike or have a deep disdain for those around us.

Love starts in the mind, so start thinking today and every day how best to love and serve our neighbours.

The Parish Clergy

Parish Priest:

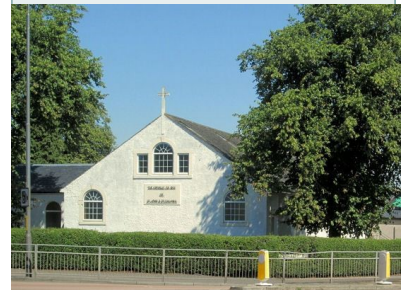
Fr Kevin Dow

Pastoral Assistant:

Rev Pat Carrigan
(Permanent Deacon)



St Peter in Chains Church,
Inverkeithing



Ss John & Columba's Church,
Rosyth



Our Lady of Lourdes Church,
Dunfermline



THE LITURGY OF THE WORD

First reading

Exodus 22:20-26

If you are harsh with the widow and orphan, my anger will flare against you

The Lord said to Moses, "Tell the sons of Israel this: "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

"If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

"If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

The Word of the Lord.

Responsorial Psalm

17(18):2-4,47,51

I love you, Lord, my strength.

I love you, Lord, my strength,
my rock, my fortress, my saviour.
My God is the rock where I take refuge;
my shield, my mighty help, my stronghold.
The Lord is worthy of all praise,
when I call I am saved from my foes.

Long life to the Lord, my rock!
Praised be the God who saves me,
He has given great victories to his king
and shown his love for his anointed.

Second reading

1 Thessalonians 1:5-10

You broke with idolatry and became servants of God; you are now waiting for his Son

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when

you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.
The Word of the Lord.

Gospel Acclamation

Jn14:23

Alleluia, alleluia!
If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.
Alleluia!

Gospel

Matthew 22:34-40

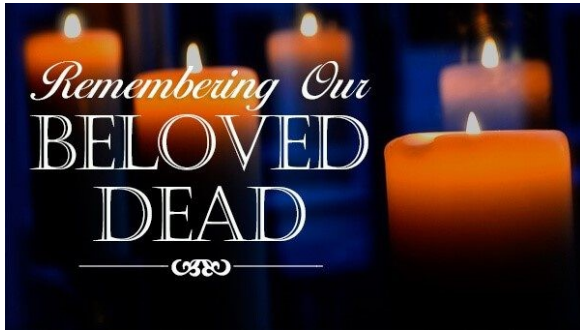
The commandments of love

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the Law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

The Gospel of the Lord.



DEVOTIONAL LIFE & PRAYER



November is the Month of the Holy Souls

Next Sunday we'll enter the month of November, the month in which the Church prays for all who are in the purifying fires of Purgatory, waiting for the day when they will join the company of the saints in heaven. The celebration of Mass is the highest means the Church can provide for charity for the dead, but we can also relieve their sufferings through our prayers, sufferings and penances. We can also help the Poor Souls by doing acts and prayers that have indulgences attached to them. There are many indulgences, applicable only to the Souls in Purgatory, which can be obtained during the month of November.

The Holy Souls Masses:

During November we offer Masses for the dead. If you would like to enrol a loved one on the Parish November Mass List, they will have Mass offered for them, they will be included in the

Masses for the Holy Souls, and they will be prayed for (collectively) during the Intercessions every day. Holy Souls Mass offering envelopes are available in all three churches this week or so. Please return Mass offerings to Fr Kevin.

November Lists: Please collect a sheet from one of our churches and fill in the names of all whom you wish to be remembered in prayer during our Holy Souls Mass in this month of November, and return them to the burse/basket at the front of the altar.

Cemetery Sunday:

Unfortunately we will not be able to carry out our annual commemoration and blessing of the local graves due to government restrictions brought on by the global pandemic, but we would still encourage you to make a visit to your family graves and pray for the souls of your loved ones.

"It is therefore a holy and wholesome thought to pray for the dead that they may be loosed of their sins."
2 Maccabees 12:46

"Eternal rest grant unto them O Lord, and let perpetual light shine upon them."

A Spiritual Communion for use when not able to receive our Lord physically:

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Sacrament of Reconciliation - if you wish to make an appointment with Fr Kevin to go to confession (with all necessary safeguards in place), please contact him at the presbytery or by email.

PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND INFIRM

Canon McAllister,
James Lynch,
Maureen McLeod,
James Morris,
Elaine McCormick,
Sandra Graham,
Ester Wren,
Daniel Cornet,
Ann-Marie Bevan,
Patricia Phee,
Angie Kempson,
Margaret Lynch,
Edith Bryant,
Elizabeth McVay,
Veronica Fogherty,
David and Lynn Dean,
Colin Reid,
Martin Lacey,
Sandra Christie,
Eleanor Haggett,
Susan Stevenson,
Elizabeth Byrne,
Catherine Steven
and Jennifer Imrie
Our Lady, Mother of the sick—pray for them

OF YOUR CHARITY, PLEASE PRAY FOR THE RECENTLY DECEASED

William Davidson
RIP and all those who have died as a result of Covid-19 and all who have no one to pray for them

Fidelium animae per misericordiam Dei requiescant in pace. Amen

MAKING A DONATION

During this time of Church closure, and no public Masses being celebrated, you have very little chance of supporting the ongoing mission of the parish and upkeep of our church buildings.

We thank you for all that you have contributed in the past, and if you are able to continue your support, which can also be Gift Aided, we would be eternally grateful. God bless.

Below are the details for the bank accounts for each church if you wish to make your donation directly into the bank account:

St Peter in Chains—
RBS A/C No:
00600297
Sort Code: 833300

Ss John & Columba's—
RBS A/C No:
00114865
Sort Code: 832339

Our Lady of Lourdes—
RBS A/C No:
00249131
Sort Code: 833300



The obligation to attend Mass remains suspended at this time

Public Worship

As from the 15th July we have been able to open our 3 churches, following both the bishop's and the government guidelines.

We will only be able to continue to open our churches if enough parishioners volunteer to assist with the cleaning after each Mass...

- You may attend any weekday Mass, instead of attending the Sunday one;
 - If you are shielding, it's important that you do not come out to Mass at all;
 - We will need to record your name and address when you attend Mass, in case you need to be traced;
 - We are not allowed more than 50 people in church.
 - Seating according to physical distancing rules. Currently, Rosyth would have a capacity of 30, Inverkeithing will also be about 30 and Dunfermline is 48. Households may sit together. **You will be guided to a seat by a passkeeper—you will not be able to sit where you normally do.**
 - **You are legally obliged to wear a face covering.** Exemptions are children under 5 and those with a condition such as asthma.
 - You will need to sanitise your hands on entering and leaving. This will be provided. Please
- There will be no music or singing, no readers, ministers of communion, altar servers or sacristans. Only the priest will be allowed in the sacristy and toilet facilities will not be available.
- Mass will be celebrated without the Gloria or Creed.
- Holy Communion (under the one species) will be distributed after the final blessing and people are asked to leave immediately.
- For holy Communion, please keep your face covering in place when you receive Holy Communion, and then step to the side, remove mask, consume and replace mask.
- Offertory donations may be placed in baskets as you leave the church at the end of Mass
- There will be no Teas etc. after Mass.
 - We will suspend the Holy Hours to focus on Mass, until we can resume normal services.
 - The church will have to be cleaned after each Mass.
- We will need a team of at least 2 pass keepers, and 2 or 3 cleaners for each Mass. Please consider volunteering your time and help make this all possible.
- My thanks to those who are presently volunteering to clean the churches at the end of each period.

COVID-19 & OUR

avoid touching statues and other surfaces. If you wish to light votive candles, please place them in the basket provided for this purpose (*We ask you not to light the candles yourself, as your hands have flammable liquid on them...*)



News from the Archbishop:

Missio: October is Mission Month, please support the work of MISSIO. Text MISSIOSCOT to 70085 to give £3 or visit www.missioscotland.com/donate

National Rosary Relay Rally: Pray the Rosary online with others in the Archdiocese for the National Rosary Rally on Saturday 31 October at 1pm. Pray along on the Archdiocese's Facebook, YouTube or website: archedinburgh.org/new-events.

Catechesis event: The Archdiocese is running an exciting new series of catechesis events for adults, led by Sr Anna Marie McGuan RSM. The first takes place on Zoom at 2pm and 7pm this Monday (26 October) for parishioners in the Fife deanery. To register, choose a time and email SrAnna.Marie@staned.org.uk

Event for Grandparents: If you're a grandparent please register for 'Grandparents: Our Mission'. This Zoom event is led by Catherine Wiley of the Catholic Grandparents Association. She will present a vision of grandparents' ministry which includes sharing the faith with grandchildren and building a sense of mission in today's Church. It takes place at 7pm on Wednesday 04 November 2020. Register at bit.ly/GrandparentsEvent.

Abortion consultation: The Scottish Government is carrying out a consultation regarding the extension of the abortion 'pills by post' scheme beyond the current pandemic. SPUC has created a simple guide to help you fill out the consultation so please visit spuc.org.uk and search 'Scottish DIY'. Please pray for the unborn.

In God's Image

The Bishops' Conference of Scotland would like to hear from you if you wish to propose any changes to 'In God's Image', the safeguarding policy manual for the Catholic Church in Scotland. They state: "We want to hear from lay people, as well as from clergy and religious. Above all, we are keen to hear from survivors or victims of abuse so that the church can plan to ensure sensitive responses to all allegations and concerns." Closing date is 30 November. Please go to bcos.org.uk/InGodsImageV2.

Safeguarding Webinar

If you have a safeguarding role in the Church, please consider registering for a Zoom webinar hosted by the Scottish Catholic Safeguarding on Saturday 14 November from 11am-1:30pm. The webinar will focus on safeguarding and online risks in the pandemic. To register email: registration@scsafeguarding.org.uk

Parish Safeguarding Coordinators Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

Baptisms & Marriages Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie's Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (emergency cover is provided by the various priests in Fife) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret's (625611) **Please note that a patient/family request must be made before the clergy can visit.**

Names for sick list Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office of any name to be added or removed.

Mass Intentions Please try to have any intention that is required to be said on a particular date in a month before hand. On occasion when a funeral takes place, the stated intention will be moved to the next available date.

Bulletin Notices All notices should be with Fr Kevin in Rosyth by Thursday morning for inclusion in the weekend bulletin

NEWS & EVENTS

Obligation to attend Mass: The Bishop's have as yet not reinstated the obligation and so as we approach the colder weather, it may be good to remind ourselves that doors and windows of the churches must be kept open for air flow, and so we advise either dress for winter, or perhaps stay at home and watch online...

Online booking form for Mass attendance: Please note that a lot of admin time is required every week to set up and monitor the online form so please be patient with us. The alternative is to not use a form and have a free for all at each Mass and you can fight it out amongst yourselves on the church doorsteps as to who can get in! A link to the form is posted on the parish website and the 2 Facebook Pages at the same time. Once the allowed numbers for each Mass has been reached the Mass option and then the form is closed once full. People have asked why there can't be more Masses said on a Sunday? Currently Fr Kevin is already celebrating more Masses in 1 day than allowed in Canon Law, and since there is no obligation to attend on a Sunday, and attendance at the weekday Masses are poor (there were 8 people at Mass this morning...), therefore there is plenty of pastoral provision and the opportunity to attend Mass in our parish as so there is no need for more Masses to be put on—*why not attend one of the Masses already being celebrated?*

Visits to the Sick: unfortunately we have still not been given the go ahead to start visiting the sick and bringing Holy Communion to them as yet. I know that this is not ideal, but the clergy and lay ministers would not want to be the cause of spreading any infections from one house to the next. Obviously in cases of extreme nature, Fr Kevin will attend.

Parish First Holy Communion celebrations: Our Lady of Lourdes Church (St Margaret's PS) - Saturday 7th November at 10am & 1130am

Ss John & Columba's Church (St John's PS) - Saturday 21st November at 10am.

Due to the government restrictions, we are only allowed 50 people in church at a time, therefore in OLOL, we will hold 2 Masses. At each of the 3 Masses, there will be enough space for a child, plus 4 family members only. *Please respect the fact that only the children and their immediate family are allowed to attend, along with the class teaching staff, and so do not try to attend if you have not been invited!*

Children's Sunday Newsletter: Copy and paste this link into your web browser and it will take you to this weeks edition of a newsletter designed especially for our younger members of the parish <https://thekidsbulletin.files.wordpress.com/2020/09/the-kids-bulletin-30th-sunday.pdf>

Children's Liturgy material for you to use at home with the children can be found here: <https://>

OUR VIRTUAL PARISH...

as you all know, whilst all public services, activities, clubs, etc are currently on hold. Public Masses have resumed, but with certain restrictions in place. We do not know when the government will allow us to resume everything as normal, and so please bear with us. Let us pray that the all clear may come soon, and that the virus does not claim anyone from our parish community.

During this trying time, whilst Masses are being celebrated with a smaller number of parishioners physically present in our churches, Fr Kevin will continue to celebrate Mass live from Rosyth. If there is a desire for the videos to be added to our Youtube channel, please advise that you would like this to happen.

All of these Masses and services are being 'live streamed' through the parish Facebook pages: "The Catholic Parish of the Most Holy Trinity" and "Most Holy Trinity Parish-Our Lady of Lourdes Church." If you have Facebook and you have not already 'liked' these pages (why wouldn't you have already?!), then please do so and keep in touch with the parish.

If you do not have Facebook, then please subscribe to our parish YouTube channel, where Masses are uploaded for you to view.



DEACON PAT'S PONDERINGS



Scotland is wearing her autumn coat of many colours at the moment and the hills are adorned in russets and golds, reds and yellows as verdant and vibrant greens reach upwards to the cloudy skies.

Beyond the tree line the higher peaks are dusted in what looks like icing sugar,

but it is the early snows that glint in the infrequent sunshine.

The mighty rivers are swollen with recent rainwater but the salmon and trout spawning has already taken place and the gravel beds are still able to protect the newly fertilised eggs and alvins, the fish of the future. The Tay, the Clyde, the Don and the Tweed throw themselves seaward carrying smolts to the ocean where they will mature returning as adult fish in tomorrow's years.

The trails are waterlogged and muddy but delightfully isolated allowing time to drink in the views, taking time to stop and stare at the wonders of nature, our gift from God.

It's at times such as these or when we are alone on an isolated beach that our inbred spirituality comes to the surface and in the silence of these wonderful places we can merge with God in his divinity for just a moment and realise what awaits us as our inheritance because of the salvation secured for us by Christ.

God has given us everything we need to survive our time on earth; food and shelter, heat and community and if we stop and consider the events that form our lives we realise that God never puts before us anything we cannot handle. It may be a challenge but we can always puzzle it out and resolve the situation. Harmony is restored.

All these gifts from God including those starry, starry nights that are a privilege to behold come to us via love, God's love for us. All these gifts are His message's letting us know that He cares for us and it is His will that we should be happy.

Some may say 'What about the storms and floods that have devastated the world in recent years?'

'Where was God then?' Well, our younger generations are telling us where God was; he had been pushed aside in favour of selfish actions that were destroying the planet and killing off species of animals even to extinction. Thankfully we are coming to our senses and making efforts to restore our world, allowing God's plan for us to be repaired.

In this Sunday's Gospel we again hear of the evil men of the world trying to put the Messiah to the test in the hope that he would trip himself up. Not so!

'Teacher, what is the most important commandment if the law?' Without hesitation Jesus responded:

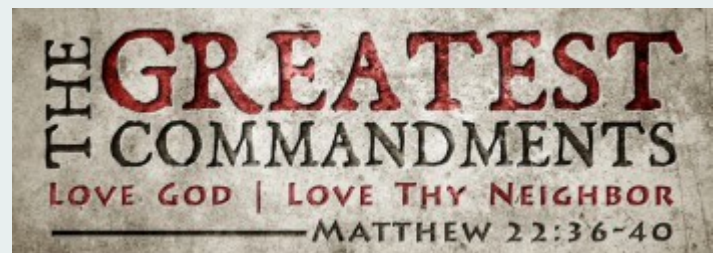
"You shall love the Lord, your God, with all your heart, with all your soul and with all your mind.

This is the first and most important of the commandments. But after this there is another one very similar to it: You shall love your neighbour as yourself'.

So, it is only through attending to God and all the gifts he has laid out for us in this world that we come to love the Father as we should. In a similar way, it is by being attentive to our neighbours, whether that is in our working lives, our circle of colleagues or friends or within our family that the lessons of love can be experienced and held in our hearts.

Dare I say: 'Love one another as I have loved you'

Oops, that's a story for another day!



LITURGICAL TIMETABLE FOR COMING WEEK

Sunday 25th October <i>Thirtieth Sunday of the Year (A)</i>	9.30am	Ss John & Columba's	Holy Mass	<i>Pro Populo</i>
	11.00am	Our Lady of Lourdes	Holy Mass	-
	5.00pm	Our Lady of Lourdes	Holy Mass	<i>Gordon Allan RIP</i>
Monday 26th October <i>in the 30th Week of the Year</i>	No Mass		-	
Tuesday 27th October <i>in the 30th Week of the Year</i>	7.00pm	Ss John & Columba's	Holy Mass	<i>Archie Buchan RIP</i>
Wednesday 28th October <i>Feast of Ss Simon & Jude</i>	10.00am	St Peter in Chains	Holy Mass	<i>Canon Niall Hayes RIP</i>
Thursday 29th October <i>in the 30th Week of the Year</i>	10.00am	St Peter in Chains	Funeral Mass	<i>William Davidson RIP</i>
	7.00pm	Our Lady of Lourdes	Holy Mass	<i>Fr Hugh Purcell RIP</i>
Friday 30th October <i>in the 30th Week of the Year</i>	10.00am	St Peter in Chains	Holy Mass	<i>Alasdair Aitken RIP</i>
Saturday 31st October <i>in the 30th Week of the Year</i> <i>Vigil of All Saints</i>	10.00am	Ss John & Columba's	Holy Mass	<i>Charlie Moran RIP</i>
	5.00pm	St Peter in Chains	Holy Mass	<i>Fr Hugh Purcell RIP</i>
Sunday 1st November <i>Solemnity of All Saints</i>	9.30am	Ss John & Columba's	Holy Mass	<i>Holy Souls</i>
	11.00am	Our Lady of Lourdes	Holy Mass	<i>Pro Populo</i>
	5.00pm	Our Lady of Lourdes	Holy Mass	<i>Holy Souls</i>



The Catholic Parish of The Most Holy Trinity



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*The Most Holy Trinity is a parish of the Archdiocese of St Andrews & Edinburgh.
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