



THE CATHOLIC PARISH OF THE MOST HOLY TRINITY

30th August 2020

TWENTY-SECOND SUNDAY OF ORDINARY TIME (A)

JESUS BEGAN TO SHOW HIS DISCIPLES

that he must go to Jerusalem and undergo great suffering and death at the hands of the elders, chief priests and scribes. Peter took Jesus aside, "This must never happen to you," he said.

Surely Peter only had Jesus' best interests at heart. Imagine how mortified he must have felt to hear Jesus reply, "Get behind me Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

What kind of deal is it to get everything you want in life but lose your soul? So often when we finally get what we want in life, the euphoria is short lived. We might feel elated for a few days at achieving one of our closest held ambitions, but then we are left with that hollow, 'what next?' kind of feeling. Today Jesus is talking about the necessity for suffering and dying. But why does Jesus see accepting the cross as a necessity? Why does he not stop to consider the alternative that Peter suggests?

As Christians and as Catholics, we are asked to live life differently from those who struggle to fill life with pleasure and enjoyment. There is a saying that goes, 'It is better to die a meaningful death, than live a meaningless life.'

As Christians we have to transcend, self-interest, self-preservation and ego trips. The person who tries to indulge in every enjoyment may find him or herself chasing impossible rainbows. Could this be Satan's favourite trick? By trying to make life perfect by our own human agendas, are we in danger of reaching the end of life only to realise we have not lived life at all?

The Clergy

Parish Priest:

Fr Kevin Dow

Priest in Residence:

Fr Nicholas Hodgson

Pastoral Assistant:

Rev Pat Carrigan
(Permanent Deacon)



St Peter in Chains Church,
Inverkeithing



Ss John & Columba's Church,
Rosyth



Our Lady of Lourdes Church,
Dunfermline



THE LITURGY OF THE WORD

First reading

Jeremiah 20:7-9

The word of the Lord has meant insult for me

You have seduced me, Lord, and I have let myself be seduced;

you have overpowered me: you were the stronger.

I am a daily laughing-stock, everybody's butt.

Each time I speak the word, I have to howl and proclaim: 'Violence and ruin!'

The word of the Lord has meant for me insult, derision, all day long.

I used to say, 'I will not think about him, I will not speak in his name any more.'

Then there seemed to be a fire burning in my heart,

imprisoned in my bones.

The effort to restrain it wearied me,

I could not bear it.

The Word of the Lord

Responsorial Psalm

62(63):2-6,8-9

For you my soul is thirsting, O Lord my God.

O God, you are my God, for you I long;

for you my soul is thirsting.

My body pines for you

like a dry, weary land without water.

For you my soul is thirsting, O Lord my God.

So I gaze on you in the sanctuary to see your strength and your glory.

For your love is better than life,

my lips will speak your praise.

For you my soul is thirsting, O Lord my God.

So I will bless you all my life, in your name I will lift up my hands.

My soul shall be filled as with a banquet,

my mouth shall praise you with joy.

For you my soul is thirsting, O Lord my God.

For you have been my help; in the shadow of your wings I rejoice.

My soul clings to you;

your right hand holds me fast.

For you my soul is thirsting, O Lord my God.

Second reading

Romans 12:1-2

Offer your bodies as a living sacrifice

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

The Word of the Lord.

Gospel Acclamation

cf. Ep1:17,18

Alleluia, alleluia!

May the Father of our Lord Jesus Christ

enlighten the eyes of our mind,

so that we can see what hope his call holds for us.

Alleluia!

Gospel

Matthew 16:21-27

'Get behind me, Satan!'

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord;' he said 'this must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life?

'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

The Gospel of the Lord.

DEVOTIONAL LIFE & PRAYER

The Month of August is dedicated to the Immaculate Heart of Mary:

O Immaculate Heart of Mary, Heavenly beauty and splendour of the Father, You are the most valued Heavenly treasure.

New Eve, immaculate in soul, spirit and body, Created of the godly seed by the Spirit of God, You are the spiritual Mother of mankind.

Pure Virgin, full of grace then and now, Your whole being was raised Heavenly in full glory, To be elevated above all the hosts within the Kingdom of God.

O Heavenly Mother, Queen of Heaven and earth, I recognize the glory of your highest title, The Immaculate Heart of Mary!

Loving Mother, dispenser of endless blessings, You who continuously intercedes on our behalf, Please present my need before your loving Son Jesus.

(In your own words, make your special request here. Do not just mention



a word. Speak to the Immaculate Heart of Mary as you would speak to another person, begging your Heavenly Mother to plea to Jesus on your behalf, that you be granted this special request.)

O Immaculate Heart of Mary, I know that you are now presenting my need before Jesus, For you have never turned away those in dire need.

Mother dearest, I await your favourable answer, Submitting myself to the Divine will of the Lord, For all glories are His forever and ever.
Amen

A Spiritual Communion for use when not able to receive our Lord physically:

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Sacrament of Reconciliation - if you wish to make an appointment with Fr Kevin to go to confession (with all necessary safeguards in place), please contact him at the presbytery or by email.

Parish Safeguarding Coordinators Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLOL)

Baptisms & Marriages Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie's Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (emergency cover is provided by the various priests in Fife) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret's (625611) **Please note that a patient/family request must be made before the clergy can visit.**

Names for sick list Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office of any name to be added or removed.

PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND INFIRM

Canon McAllister,
Maureen McLeod,
James Morris,
Elaine McCormick,
Sandra Graham,
Ester Wren,
Daniel Cornet,
Ann-Marie Bevan,
Patricia Phee,
Angie Kempson,
Margaret Lynch,
Edith Bryant,
Elizabeth McVay,
Veronica Fogherty,
David and Lynn Dean,
Colin Reid,
Martin Lacey,
Sandra Christie,
Eleanor Haggett,
Susan Stevenson,
Elizabeth Byrne
and Jennifer Imrie
Our Lady, Mother of the sick—pray for them

OF YOUR CHARITY, PLEASE PRAY FOR THE RECENTLY DECEASED

Dom Donald McGlynn, Abbot emeritus of Nunraw and all those who have died as a result of Covid-19 and all who have no one to pray for them

Fidelium animae per misericordiam Dei requiescant in pace. Amen

MAKING A DONATION

During this time of Church closure, and no public Masses being celebrated, you have very little chance of supporting the ongoing mission of the parish and upkeep of our church buildings.

We thank you for all that you have contributed in the past, and if you are able to continue your support, which can also be Gift Aided, we would be eternally grateful. God bless.

Below are the details for the bank accounts for each church if you wish to make your donation directly into the bank account:

St Peter in Chains—
RBS A/C No:
00600297
Sort Code: 833300

Ss John & Columba's—
RBS A/C No:
00114865
Sort Code: 832339

Our Lady of Lourdes—
RBS A/C No:
00249131
Sort Code: 833300



The obligation to attend Mass remains suspended at this time

Public Worship

As from the 15th July we have been able to open our 3 churches, following both the bishop's and the government guidelines.

We will only be able to continue to open our churches if enough parishioners volunteer to assist with the cleaning after each Mass...

- You may attend any weekday Mass, instead of attending the Sunday one;
 - If you are shielding, it's important that you do not come out to Mass at all;
 - We will need to record your name and address when you attend Mass, in case you need to be traced;
 - We are not allowed more than 50 people in church.
 - Seating according to physical distancing rules. Currently, Rosyth would have a capacity of 30, Inverkeithing will also be about 30 and Dunfermline is 48. Households may sit together. **You will be guided to a seat by a passkeeper—you will not be able to sit where you normally do.**
 - **You are legally obliged to wear a face covering.** Exemptions are children under 5 and those with a condition such as asthma.
 - You will need to sanitise your hands on entering and leaving. This will be provided. Please
- avoid touching statues and other surfaces. If you wish to light votive candles, please place them in the basket provided for this purpose (*We ask you not to light the candles yourself, as your hands have flammable liquid on them...*)
 - There will be no music or singing, no readers, ministers of communion, altar servers or sacristans. Only the priest will be allowed in the sacristy and toilet facilities will not be available.
 - Mass will be celebrated without the Gloria or Creed and only one reading, psalm and the gospel.
 - Holy Communion (under the one species) will be distributed after the final blessing and people are asked to leave immediately.
 - For holy Communion, please keep your face covering in place when you receive Holy Communion, and then step to the side, remove mask, consume and replace mask.
 - Offertory donations may be placed in baskets as you leave the church at the end of Mass
 - There will be no Teas etc. after Mass.
 - We will suspend the Holy Hours to focus on Mass, until we can resume normal services.
 - The church will have to be cleaned after each Mass.
 - We will need a team of at least 2 pass keepers, and 2 or 3 cleaners for each Mass. Please consider volunteering your time and help make this all possible.
 - My thanks to those who are presently volunteering to clean the churches at the end of each period.

COVID-19 & OUR

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Take Up Your Cross

"If anyone would come after me, he must deny himself and take up his cross and follow me." Mark 8:34b (NIV)

Based on Mark 8:27-38



O C I G P R O P H E T S B R N
 F Y V I L L A G E S Y I F C Z
 A S L S O U L I D D G S G H V
 C R O S S D W L A B C U O R S
 A H R G T M R G J M L F R I J
 L A F E Q O B L O H L F I S X
 D O J O W F E H I S U E S T Q
 S I S A R R B U I F P R E U K
 D A S E F F R D S Q E E Z E I
 E S T C A O E Q A A I F L N L
 N F E A I K L I V A V Z S X L
 Y U W V N P S L T H V E Q G E
 C N M H I W L L O O O N V T D
 B Y G A I N D E I W T E A C H
 E H A A F E T A S D W O E Z P

WORLD	CHRIST	LIFE	TEACH	DISCIPLES
DENY	KILLED	SOUL	FOLLOW	SATAN
FORFEIT	VILLAGES	LOSE	GOSPEL	GAIN
PROPHETS	SUFFER	SAVE	RISE	CROSS

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Mass Intentions Please try to have any intention that is required to be said on a particular date in a month before hand. On occasion when a funeral takes place, the stated intention will be moved to the next available date.

Bulletin Notices All notices should be with Fr Kevin in Rosyth by Thursday morning for inclusion in the weekend bulletin

NEWS & EVENTS

Fr Nicholas: this weekend is Fr Hodgson's final weekend with us in MHT, as the Archbishop has appointed him to become the parish administrator of the parishes of Duns, Eyemouth & Berwick upon Tweed. We thank him for his assistance with our Masses over the past year whilst he has been in residence in our parish.

Weekday Masses: with Fr Nicholas' departure, we will need to resume the previous timetable of weekday Mass starting next Monday 7th September.

Church halls: these remain closed at the present time until advised by the Archbishop that it is safe to open them up.

Parish Groups: currently remain suspended during this period also.

Time of private prayer: now that the public celebration of the Mass has been allowed, we will stop the periods of private prayer, to cut down on the time in church—and yes, I know that sounds wrong, but so is dying on a contagious virus!

Prayer resources <https://archedinburgh.org/wp-content/uploads/Scottish-Church-Leaders-Forum-Statement-30th-August-2020.pdf>

Parish First Holy Communion celebrations: because of the on going pandemic and the closure of our churches, the scheduled celebrations have been provisionally moved to the following dates after consultation with the senior management teams in our parish schools: Our Lady of Lourdes Church (St Margaret's PS) - Saturday 7th November at 11am & Ss John & Columba's Church (St John's PS) - Saturday 21st November at 10am. Advice received from the Archbishop this week is that we are to allow each child a restricted number of family to attend, since we are still restricted to 50 maximum in the churches. Further details will be issued soon.

Children's Sunday Newsletter: Copy and paste this link into your web browser and it will take you to this weeks edition of a newsletter designed especially for our younger members of the parish <https://www.galacatholic.org/wp-content/uploads/2020/08/the-kids-bulletin-22nd-sunday.pdf>

Children's Liturgy material for you to use at home with the children can be found here: <https://archedinburgh.org/wp-content/uploads/30thAug2020-22ndSunOrdTimeYrAPDF.pdf>

OUR VIRTUAL PARISH...

as you all know, whilst all public services, activities, clubs, etc are currently on hold. Public Masses have resumed, but with certain restrictions in place. We do not know when the government will allow us to resume everything as normal, and so please bear with us. Let us pray that the all clear may come soon, and that the virus does not claim anyone from our parish community.

During this trying time, whilst Masses are being celebrated with a smaller number of parishioners physically present in our churches, Fr Kevin will continue to celebrate Mass live from Rosyth and recorded in Inverkeithing to be later added to the parish Facebook Page. If there is a desire for the videos to be added to our Youtube channel, please advise that you would like this to happen.

All of these Masses and services are being 'live streamed' through the parish Facebook pages: "The Catholic Parish of the Most Holy Trinity" and "Most Holy Trinity Parish-Our Lady of Lourdes Church." If you have Facebook and you have not already 'liked' these pages (why wouldn't you have already?!), then please do so and keep in touch with the parish.

If you do not have Facebook, then please subscribe to our parish YouTube channel, where Masses are uploaded for you to view.



DEACON PAT'S PONDERINGS



Growing up, you begin to realise things at different times and in different ways, and that is the start of making choices. As an infant when you like something, perhaps a toy or a television show, it makes you happy. As you get older and go to Nursery you see other children and in this social mix

you start to realise different things.

Some of the group have different toys from you, not everyone has the same clothing or food in their lunchbox. Some children are brought to the club in cars, some walk and some even come by bicycle as they get older. Then comes the realisation that there is a thing called fashion out there in the world.

Fashion dictates what you should wear... specific shoes, fancy trousers for the boys, shorts skirts for the girls. How your hair should be styled and even in some cases people take to dying their locks to belong to a certain group. The *Peer* group, and now the pressure really is on.

Life becomes a roller coaster of 'must haves' and in this modern world it is the advertisers who manipulate the styles and fashions and promote vigorously all these 'must have' items for your particular peer group.

But... what if you reject all this pressure and be your own person, decide to follow your own path and make a life for yourself in your own way.

Oh No! How dare you be different, you can't do that, you have to conform. Can you imagine what it must be like to support a football club when all you're pals support a different team? Can you imagine life without a mobile phone or a computer nowadays?

Daring to be different means you stand out, which is a good thing in a world where everyone is trying to blend in. It means you're interesting, because you're different. It means you are less restricted by what's comfortable, able to explore new ground, not afraid of things because you don't know about them.

Being a person of Faith in this modern world means you are different; it means you challenge the world and life is not so easy. Being a Catholic Christian is particularly challenging because your views are different from societies. You live a different life style and you as a Christian are seen

as other people conscience.

The thing is, more and more people, in these days of Covid, are examining their own lifestyle and realising that there is more to life than struggling to buy that must have car, or handbag, or pair of shoes. They are coming to realise that they are spiritual people and have turned to the Internet, in the case of Catholics, to view and attend Mass, in their millions! Others are seeking out Meditation webpages without realising that the peace they seek is right in front of their nose.

A truly Christian lifestyle leads to the peace that folk are seeking.

In today's Gospel Christ makes it plain and simple for us, he almost uses words of one syllable to get the message across. To be a Christian you *have* to be different, you have to accept the sling shots and arrows, the gossip and the bullying and the isolation that may come your way. As Jesus says: *"If anyone wants to be a follower of mine, let him renounce himself and take up his cross ... what then will a man gain if he wins the whole world and ruins his life?"*



We only have to pick up a tabloid newspaper or certain magazines to see how our society seeks to know all the ins and outs of the lifestyles of the rich and famous, and oh how they gloat when that poor person falls and their life is in tatters.

Aye, being a Catholic Christian in this modern world is not easy, hopefully we would reach out a hand to this poor person and help in many ways. Hopefully we would keep an eye out for the families who are suffering and be there for them.

Being a Catholic does not mean life is dull or boring ... Remember the first miracle at Cana!

LITURGICAL TIMETABLE FOR COMING WEEK

Sunday 30th August <i>Twenty-second Sunday of the Year (A)</i>	9.30am	Ss John & Columba's	Holy Mass	<i>Pro Populo</i>
	11.30am	Our Lady of Lourdes	Holy Mass	-
	5.00pm	Our Lady of Lourdes	Holy Mass	-
Monday 31st August <i>in the 22nd Week of the Year</i>	No Mass			
Tuesday 1st September <i>Memorial of St Giles</i>	10.00am	Our Lady of Lourdes	Holy Mass	-
	6.00pm	Ss John & Columba's	Holy Mass	-
Wednesday 2nd September <i>in the 22nd Week of the Year</i>	10.00am	St Peter in Chains	Holy Mass	<i>Charlie Curran RIP</i>
Thursday 3rd September <i>Memorial of St Gregory the Great</i>	10.00am	Ss John & Columba's	Holy Mass	-
	7.00pm	Our Lady of Lourdes	Holy Mass	-
Friday 4th September <i>Memorial of St Cuthbert</i>	10.00am	St Peter in Chains	Holy Mass	<i>Stella Morrison RIP</i>
Saturday 5th September <i>in the 22nd Week of the Year</i>	10.00am	Ss John & Columba's	Holy Mass	-
	5.00pm	St Peter in Chains	Holy Mass	-
Sunday 6th September <i>Twenty-Third Sunday of the Year (A)</i>	9.30am	Ss John & Columba's	Holy Mass	<i>Pro Populo</i>
	11.30am	Our Lady of Lourdes	Holy Mass	-
	5.00pm	Our Lady of Lourdes	Holy Mass	-



The Catholic Parish of The Most Holy Trinity



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*The Most Holy Trinity is a parish of the Archdiocese of St Andrews & Edinburgh.
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