



# THE CATHOLIC PARISH OF THE MOST HOLY TRINITY

*17th July 2020*

## SIXTEENTH SUNDAY OF THE YEAR (A)

DEAR PARISHIONER,

I am looking forward to seeing many more of you for Holy Mass and in person this weekend. It is hard to believe that our last Mass together was on the Feast of St Joseph 17 weeks ago. Our Vigil Mass on Saturday will mark a big step forward and I want to thank you for your perseverance.

It is important that we try to get back to some sense of normality in the coming days and so I have set out a schedule for the week ahead that takes us some way forward.

Our focus will now shift from providing private prayer to Holy Mass and our volunteers have been briefed on how this will operate in our churches. We are still limited to between 30 and 50 people at Mass but hopefully only for a short time and with the lifting of restrictions we should be back to our usual capacity very soon. It has been difficult to be without Holy Mass in public for so long and I hope a few more days should not be too much of a burden.

Our booking system is up and running using Google Forms for the Sunday Masses, but we should not need to use a booking system at weekday Masses – unless you prove me wrong! Please remember that the Sunday obligation is still suspended and I would encourage you to go to one Mass in the week and keep the weekend available for those who are in full time employment and unable to attend a week day morning Mass.

As stated before, Holy Mass will be simplified to reduce the time we spend in large groups and face coverings will need to be worn at all times in church except for children under 5.

We would also ask those who are shielding to continue to follow government guidance and wait for restrictions to be lifted before attending.

If you have booked a seat for Mass it is very important that you get to church early, as your details will be checked at the door and a steward will take you to a designated seat.

Our sincere and grateful thanks go to our volunteers, as without them none of this would be possible.

God bless you all and thank you for your continued prayers and kindness.

Father Kevin

### The Clergy

**Parish Priest:**

Fr Kevin Dow

**Priest in Residence:**

Fr Nicholas Hodgson

**Pastoral Assistant:**

Rev Pat Carrigan  
(Permanent Deacon)



St Peter in Chains Church,  
Inverkeithing



Ss John & Columba's Church,  
Rosyth



Our Lady of Lourdes Church,  
Dunfermline



## THE LITURGY OF THE WORD

### First reading

Wisdom 12:13,16-19

*You will grant repentance after sin*

There is no god, other than you, who cares for every thing, to whom you might have to prove that you never judged unjustly.

Your justice has its source in strength, your sovereignty over all makes you lenient to all.

You show your strength when your sovereign power is questioned and you expose the insolence of those who know it; but, disposing of such strength, you are mild in judgement, you govern us with great lenience, for you have only to will, and your power is there.

By acting thus you have taught a lesson to your people how the virtuous man must be kindly to his fellow men, and you have given your sons the good hope

that after sin you will grant repentance.

*The Word of the Lord.*

### Responsorial Psalm

85(86):5-6,9-10,15-16

*O Lord, you are good and forgiving.*

O Lord, you are good and forgiving,  
full of love to all who call.

Give heed, O Lord, to my prayer  
and attend to the sound of my voice.

All the nations shall come to adore you  
and glorify your name, O Lord:  
for you are great and do marvellous deeds,  
you who alone are God.

But you, God of mercy and compassion,  
slow to anger, O Lord,  
abounding in love and truth,  
turn and take pity on me.

### Second reading

Romans 8:26-27

*The Spirit himself expresses our plea in a way that could never be put into words*

The Spirit comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

*The Word of the Lord.*

### Gospel Acclamation

Mt11:25

Alleluia, alleluia!  
Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom  
to mere children.  
Alleluia!

### Gospel

Matthew 13:24-43

*Let them both grow till the harvest*

Jesus put another parable before the crowds: 'The kingdom of heaven may be compared to a man who sowed good seed in his field. While every body was asleep his enemy came, sowed darnel all among the wheat, and made off. When the new wheat sprouted and ripened, the darnel appeared as well. The owner's servants went to him and said, "Sir, was it not good seed that you sowed in your field? If so, where does the darnel come from?" "Some enemy has done this" he answered. And the servants said, "Do you want us to go and weed it out?" But he said, "No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: First collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn.'"

He put another parable before them: 'The kingdom of heaven is like a mustard seed which a man took and sowed in his field. It is the smallest of all the seeds, but when it has grown it is the biggest shrub of all and becomes a tree so that the birds of the air come and shelter in its branches.'

He told them another parable: 'The kingdom of heaven is like the yeast a woman took and mixed in with three measures of flour till it was leavened all through.'

In all this Jesus spoke to the crowds in parables; indeed, he would never speak to them except in parables. This was to fulfil the prophecy:

I will speak to you in parables  
and expound things hidden since the foundation  
of the world.

Then, leaving the crowds, he went to the house; and his disciples came to him and said, 'Explain the parable about the darnel in the field to us.' He said in reply, 'The sower of the good seed is the Son of Man. The field is the world; the good seed is the subjects of the kingdom; the darnel, the subjects of the evil one; the enemy who sowed them, the devil; the harvest is the end of the world; the reapers are the angels. Well then, just as the darnel is gathered up and burnt in the fire, so it will be at the end of time. The Son of Man will send his angels and they will gather out of his kingdom all things that provoke offences and all who do evil, and throw them into the blazing furnace, where there will be weeping and grinding of teeth. Then the virtuous will shine like the sun in the kingdom of their Father. Listen, anyone who has ears!'

*The Gospel of the Lord.*

## DEVOTIONAL LIFE & PRAYER



### **The Litany of the Most Precious Blood (July Devotion)**

Lord, have mercy. **Lord, have mercy.**  
Christ, have mercy. **Christ, have mercy.**  
Lord, have mercy. **Lord, have mercy.**

Christ, hear us. **Christ, hear us.**  
Christ, graciously hear us.  
**Christ, graciously hear us.**

God the Father of Heaven, **have mercy on us.**  
God the Son, Redeemer of the world, **have mercy on us.**  
God, the Holy Spirit, **have mercy on us.**  
Holy Trinity, One God, **have mercy on us.**

Blood of Christ, only-begotten Son of the eternal Father, **save us.**  
Blood of Christ, Incarnate Word or God, **save us.**  
Blood of Christ, of the New and Eternal Testament, **save us.**  
Blood of Christ, falling upon the earth in Agony, **save us.**  
Blood of Christ, shed profusely in the Scourging, **save us.**  
Blood of Christ, flowing forth in the Crowning with Thorns, **save us.**  
Blood of Christ, poured out on the Cross, **save us.**  
Blood of Christ, price of our salvation, **save us.**  
Blood of Christ, without which there is no

forgiveness, **save us.**  
Blood of Christ, Eucharistic drink and refreshment of souls, **save us.**  
Blood of Christ, stream of mercy, **save us.**  
Blood of Christ, victor over demons, **save us.**  
Blood of Christ, courage of Martyrs, **save us.**  
Blood of Christ, strength of Confessors, **save us.**  
Blood of Christ, bringing forth Virgins, **save us.**  
Blood of Christ, help of those in peril, **save us.**  
Blood of Christ, relief of the burdened, **save us.**  
Blood of Christ, solace in sorrow, **save us.**  
Blood of Christ, hope of the penitent, **save us.**  
Blood of Christ, consolation of the dying, **save us.**  
Blood of Christ, peace and tenderness of hearts, **save us.**  
Blood of Christ, pledge of eternal life, **save us.**  
Blood of Christ, freeing souls from purgatory, **save us.**  
Blood of Christ, most worthy of all glory and honour, **save us.**

Lamb of God, who taketh away the sins of the world, **spare us, O Lord.**  
Lamb of God, who taketh away the sins of the world, **graciously hear us, O Lord.**  
Lamb of God, who taketh away the sins of the world, **have mercy on us, O Lord.**

V. Thou hast redeemed us, O Lord, in Thy Blood.  
**R. And made us, for our God, a kingdom.**

Almighty and eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by his blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen.

### **A Spiritual Communion for use when not able to receive our Lord physically:**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

**Sacrament of Reconciliation & Holy Communion: if you wish to make an appointment with Fr Kevin to go to confession and receive Holy Communion (with all necessary safeguards in place), please contact him at the presbytery or by email.**

### **PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND INFIRM**

Canon McAllister,  
Maureen McLeod,  
James Morris,  
Elaine McCormick,  
Sandra Graham,  
Ester Wren,  
Daniel Cornet,  
Ann-Marie Bevan,  
Patricia Phee,  
Angie Kempson,  
Margaret Lynch,  
Edith Bryant,  
Elizabeth McVay,  
Veronica Fogherty,  
David and Lynn  
Dean, Colin Reid,  
Martin Lacey,  
Sandra Christie,  
Eleanor Haggett,  
Susan Stevenson,  
Elizabeth Byrne  
and Jennifer Imrie  
*Our Lady, Mother  
of the sick—pray  
for them*

### **OF YOUR CHARITY, PLEASE PRAY FOR THE RECENTLY DECEASED**

All those who have died of Covid-19 and all who have no one to pray for them

*Fidelium animae  
per misericordiam  
Dei requiescant in  
pace. Amen*

## MAKING A DONATION

During this time of Church closure, and no public Masses being celebrated, you have very little chance of supporting the ongoing mission of the parish and upkeep of our church buildings.

We thank you for all that you have contributed in the past, and if you are able to continue your support, which can also be Gift Aided, we would be eternally grateful. God bless.

Below are the details for the bank accounts for each church if you wish to make your donation directly into the bank account:

**St Peter in Chains—**  
RBS A/C No:  
00600297  
Sort Code: 833300

**Ss John & Columba's—**  
RBS A/C No:  
00114865  
Sort Code: 832339

**Our Lady of Lourdes—**  
RBS A/C No:  
00249131  
Sort Code: 833300



**The obligation to attend Mass remains suspended at this time**

## Public Worship

*As from the 15th July we have been able to open our 3 churches, following both the bishop's and the government guidelines.*

**We will only be able to continue to open our churches if enough parishioners volunteer to assist with the cleaning after each Mass...**

- You may attend any weekday Mass, instead of attending the Sunday one;
  - If you are shielding, it's important that you do not come out to Mass at all;
  - We will need to record your name and address when you attend Mass, in case you need to be traced;
  - We are not allowed more than 50 people in church.
  - Seating according to physical distancing rules. Currently, Rosyth would have a capacity of 30, Inverkeithing will also be about 30 and Dunfermline is 48. Households may sit together. You will be guided to a seat by a passkeeper you not be able to sit where you normally do.
  - You will need to wear a face covering. Exemptions are children under 5 and those with a condition such as asthma. We have a very limited supply of masks if you do not have your own.
- You will need to sanitise your hands on entering and leaving. This will be provided. Please avoid touching statues and other surfaces. If you wish to light votive candles, please place them in the basket provided for this purpose (*We ask you not to light the candles yourself, as your hands have flammable liquid on them...*)
- There will be no music or singing, no readers, ministers of communion, altar servers or sacristans. Only the priest will be allowed in the sacristy and toilet facilities will not be available.
- Mass will be celebrated without the Gloria or Creed and only one reading, psalm and the gospel.
- Holy Communion (under the one species) will be distributed after the final blessing and people are asked to leave immediately.
- Offertory donations may be placed in baskets as you leave the church at the end of Mass
- There will be no Teas etc. after Mass.
  - We will suspend the Holy Hours to focus on Mass, until we can resume normal services.
  - The church will have to be cleaned after each Mass.
- We will need a team of at least 2 pass keepers, and 2 or 3 cleaners for each Mass. Please consider volunteering your time and help make this all possible.
- My thanks to those who are presently volunteering to clean the churches at the end of each period.

## COVID-19 & OUR



## DID YOU KNOW.....

- The name “Christian” and “Catholic,” used to refer to the followers of Jesus of Nazareth, and both came from the town of Antioch in Syria at very early dates. (See Acts 11:26 and [Ignatius of Antioch’s letter to the Smyrnaeans](#), ch. 8).
- Adrian, or Hadrian IV (Nicholas Breakspear), is the only English-born pope (so far) reigning from 1154-1159. (*There has not been a Scottish born Pope—yet!*)
- The oldest liturgy still in use is the Liturgy of St. James, believed to have been composed in its final form sometime in the 4th century.



- The word “monstrance,” also known as an “ostensorium,” comes from the Latin word meaning “to show.” (*monstrare* – to point out, show; *ostendere* – to hold out, show, display; to expose).
- Popes Francis and Benedict XVI frequently cite or cited the apocalyptic book “Lord of the World” by Robert Hugh Benson, a convert to Catholicism. It was published in 1907, but

is extremely current and at times eerily predicative. In fact, it just so happens to take place in our current decade of the twenty-teens.

- Domino’s Pizza founder, Tom Monaghan, is a practicing Catholic and founder of the Ave Maria Foundation, Ave Maria School of Law, Ave Maria University, and the town of Ave Maria, FL. I’m surprised he didn’t create a pizza named the “Ave Maria” topped with extra-virgin olive oil and angel hair pasta. (*<—Okay, that was pretty bad. But c’mon!*)



- The first book ever printed by Gutenberg was the bible in 1454 or 1455. All the bibles he printed included the Deuterocanonicals later removed by Protestants.
- If Jorge Mario Bergoglio, who reportedly came in second in votes in the 2005 conclave that elected Joseph Ratzinger, would have been chosen at that time, he would have taken the name “John XXIV” rather than “Francis.”

- Thirty-five (35) craters on the moon are named for Jesuit scientists and astronomers. (*But of course the Catholic Church doesn’t believe in science....*)



## NEWS & EVENTS

**Ordinations:** please remember in your prayers Brother Sam Burke OP of St Albert's Parish in Edinburgh, who will be ordained to the Priesthood of Jesus Christ this coming Saturday, in our cathedral, for the Dominican Order. Please also remember in your prayers Robert Taylor and Martin Eckersley who will be ordained to the transitional diaconate a week on Saturday, in the cathedral, for service in our archdiocese, and please God will be ordained priests next year.

**Church halls:** these remain closed at the present time until advised by the Archbishop that it is safe to open them up.

**Parish Groups:** currently remain suspended during this period also.

**Time of private prayer:** now that the public celebration of the Mass has been allowed, we will stop the periods of private prayer, to cut down on the time in church—and yes, I know that sounds wrong, but so is dying on a contagious virus!

**Prayer resources** There are an increasing number of valuable resources online that are very useful to Catholics during the lockdown. One which you may find worthwhile is on a website called Thy Kingdom Come, which has issued a range of neatly formatted resources, including Morning, Evening and Night prayer as well as a Pentecost Novena. You may wish to share these with parishioners. Visit: <https://www.thykingdomcome.global/resources/resources-catholic-church>

**Parish First Holy Communion celebrations:** because of the on going pandemic and the closure of our churches, the scheduled celebrations have been provisionally moved to the following dates after consultation with the senior management teams in our parish schools: Our Lady of Lourdes Church (St Margaret's PS) - Saturday 7th November at 11am & Ss John & Columba's Church (St John's PS) - Saturday 21st November at 10am.

**Children's Sunday Newsletter:** Copy and paste this link into your web browser and it will take you to this weeks edition of a newsletter designed especially for our younger members of the parish: <https://thekidsbulletin.files.wordpress.com/2020/07/the-kids-bulletin-16th-sunday.pdf>

**Children's Liturgy material** for you to use at home with the children can be found here: <https://archedinburgh.org/wp-content/uploads/16th-Sunday-of-Ord-Time-Year-A-PDF.pdf>

### OUR VIRTUAL PARISH...

as you all know, all public Masses, services, activities, clubs, etc are currently on hold. We do not know when the government will allow us to resume normal activities, and so please bear with us. Let us pray that the all clear may come soon, and that the virus does not claim anyone from our parish community.

During this trying time, both Deacon Pat and Fr Kevin have taken to social media to try and keep some form of parish activities on going. The timetable on the back of the newsletter, tells you of when and what we are doing.

All of these Masses and services are being 'live streamed' through the parish Facebook pages: "The Catholic Parish of the Most Holy Trinity" and "Most Holy Trinity Parish-Our Lady of Lourdes Church." If you have Facebook and you have not already 'liked' these pages (why wouldn't you have already?!), then please do so and keep in touch with the parish.



## DEACON PAT'S PONDERINGS



Eusabius...No, not Eusébio the famous Portuguese footballer! Eusabius (c. AD 260-339) was a Bishop of the early Christian Church and lived most of his life in Caesarea in Palestine, although he got about a bit and sometimes didn't see eye to eye with some of his fellow Bishops. You'll be

realising by now that this is a scholarly paper that's being penned this week and I only mentioned the footballer to catch the men's eye.

So, back to Eusabius, he is important because his recorded account of the early Church is the only surviving historical record of those first 300 years of Christianity and its struggle to survive. He also backed up his account of events with extensive quotations from original sources.

We also have the document named the *Didache* which is one of the earliest Christian documents which provides practical instructions on how a Christian community should function and provides some unique insights into how the early Christians lived and Chapter Nine describes a Eucharistic Prayer.

So, why the history lesson? Well, what I'm pointing out is, after being at Mass this week for the first time since the Feast of St Joseph, our Catholic Church has survived from Christ to the present day by adapting to circumstances and external forces. Just as God planned! Yes, our liturgy has changed and at the moment we are not using the Creed or the Gloria but that does not invalidate the Mass in any way. We have to act and dress differently so that we can attend the Eucharistic Feast and although an inconvenience

it does not deprive us of the Spiritual gift which the Mass and the Eucharist provide.

The Sunday Obligation has been lifted at the moment by our Bishops and we are being asked to spread ourselves out a bit by attending Mass just once a week on any day. Everything that is being done is for our safety and wellbeing so that we don't become Saints before our time!

The Mass is back, slightly changed but have a look at the Mass as described by Saint Justin Martyr (c. AD 100-165)(Full description available at <https://aleteia.org/2017/04/13/what-was-mass-like-for-the-early-christians/>):

*'And on the day called Sunday, all who live in cities or in the country gather together to one place, and the memoirs [letters] of the apostles or the writings of the prophets are read, as long as time permits; then, when the reader has ceased, the president [the presiding priest or bishop] verbally instructs, and exhorts to the imitation of these good things. Then we all rise together and pray, and, as we before said, when our prayer is ended, bread and wine and water are brought, and the president in like manner offers prayers and thanksgivings, according to his ability, and the people assent, saying Amen; and there is a distribution to each, and a participation of that over which thanks have been given, and to those who are absent a portion is sent by the deacons.'*

Sometimes we have to look to the past to illuminate the future. The essence of the Mass has never changed in over 2000 years, we abide by the instructions of Christ. "Take this and eat for this is my body.... Take this and drink for this is my blood, the blood of the Covenant, poured out for many" and we are sustained.

**Parish Safeguarding Coordinators** Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

**Baptisms & Marriages** Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

**Sacrament of the Sick / Hospital Visitations** Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie's Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (emergency cover is provided by the various priests in Fife) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret's (625611) **Please note that a patient/family request must be made before the clergy can visit.**

**Names for sick list** Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office of any name to be added or removed.

**Mass Intentions** Please try to have any intention that is required to be said on a particular date in a month before hand. On occasion when a funeral takes place, the stated intention will be moved to the next available date.

**Bulletin Notices** All notices should be with Fr Kevin in Rosyth by Thursday morning for inclusion in the weekend bulletin

## LITURGICAL TIMETABLE FOR COMING WEEK

<b>Sunday 19th July</b> <i>Sixteenth Sunday of the Year</i>	<b>9.30am</b>	Ss John & Columba's	<b>Holy Mass</b>	<i>Pro Populo</i>
	<b>11.30am</b>	Our Lady of Lourdes	<b>Holy Mass</b>	-
	<b>5.00pm</b>	Our Lady of Lourdes	<b>Holy Mass</b>	-
<b>Monday 20th July</b> <i>in the 16th Week of the Year</i>	<b>No Mass</b>			
<b>Tuesday 21st July</b> <i>in the 16th Week of the Year</i>	<b>10.00am</b>	Our Lady of Lourdes	<b>Holy Mass</b>	-
	<b>7.00pm</b>	Ss John & Columba's	<b>Holy Mass</b>	<i>Michael Gaffney RIP</i>
<b>Wednesday 22nd July</b> <i>Feast of St Mary Magdalene</i>	<b>10.00am</b>	St Peter in Chains	<b>Holy Mass</b>	-
<b>Thursday 23rd July</b> <i>Feast of St Bridget of Sweden</i>	<b>10.00am</b>	Ss John & Columba's	<b>Holy Mass</b>	-
	<b>7.00pm</b>	Our Lady of Lourdes	<b>Holy Mass</b>	-
<b>Friday 24th July</b> <i>in the 16th Week of the Year</i>	<b>10.00am</b>	St Peter in Chains	<b>Holy Mass</b>	-
<b>Saturday 25th July</b> <i>Feast of St James</i>	<b>10.00am</b>	Ss John & Columba's	<b>Holy Mass</b>	-
	<b>5.00pm</b>	St Peter in Chains		
<b>Sunday 26th July</b> <i>Seventeenth Sunday of the Year</i>	<b>9.30am</b>	Ss John & Columba's	<b>Holy Mass</b>	<i>Pro Populo</i>
	<b>11.30am</b>	Our Lady of Lourdes	<b>Holy Mass</b>	-
	<b>5.00pm</b>	Our Lady of Lourdes	<b>Holy Mass</b>	-



## The Catholic Parish of The Most Holy Trinity



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