



# THE CATHOLIC PARISH OF THE MOST HOLY TRINITY

12th July 2020

## FIFTEENTH SUNDAY OF THE YEAR

“IN ONE EAR AND OUT OF THE OTHER,”

is an expression that could be applied to most of us, for at least some of the time. Today's gospel is about the difference between simply hearing something and really listening. Jesus uses the parable of the sower and the seeds to illustrate the different ways in which God's word can be received ..... or not!

Firstly the sower drops seeds on a path only to be eaten by the birds. Jesus is describing those of us who hear the word but neither understands nor even tries to understand it. Next the sower drops seeds on rocky ground and the plants grow quickly but die off because the roots are not nourished. Jesus is describing those of us who receive the word without any real thought or commitment. Without foundation our faith can soon falter when put to the test. Then Jesus describes the seeds which fall among thorns. Sometimes we want to live by Jesus' teachings but worldly demands and temptation choke our good intentions. Lastly Jesus praises the good soil which enables the seeds to grow and bear fruit.



The parable of the sower and the seeds is clearly challenging us to be better prepared to receive the seed of the gospel. It is all too easy for us to go through the motions of listening when really not much is going on between our ears at all. The Bible is a treasure trove of inspiration but because it was written such a long time ago in words that aren't always easily understood we are often inclined to switch off. Do we come to church expecting to be bored by the readings or confused and indifferent before one word is even read? How different things might be if we allowed God's Word to impact our lives.

Listening is more than just opening our ears. Listening is about studying, learning, understanding ...and most importantly, turning that understanding into action.

### The Clergy

**Parish Priest:**

Fr Kevin Dow

**Priest in Residence:**

Fr Nicholas Hodgson

**Pastoral Assistant:**

Rev Pat Carrigan  
(Permanent Deacon)



St Peter in Chains Church,  
Inverkeithing



Ss John & Columba's Church,  
Rosyth



Our Lady of Lourdes Church,  
Dunfermline



## THE LITURGY OF THE WORD

### First reading

Isaiah 55:10-11

***The word that goes out from my mouth does not return to me empty***

Thus says the Lord: 'As the rain and the snow come down from the heavens and do not return without watering the earth, making it yield and giving growth to provide seed for the sower and bread for the eating, so the word that goes from my mouth does not return to me empty, without carrying out my will and succeeding in what it was sent to do.'

*The Word of the Lord*

### Responsorial Psalm

64(65):10-14

*Some seed fell into rich soil and produced its crop.*

You care for the earth, give it water,  
you fill it with riches.  
Your river in heaven brims over  
to provide its grain.

And thus you provide for the earth;  
you drench its furrows;  
you level it, soften it with showers;  
you bless its growth.

You crown the year with your goodness.  
Abundance flows in your steps,  
in the pastures of the wilderness it flows.

The hills are girded with joy,  
the meadows covered with flocks,  
the valleys are decked with wheat.  
They shout for joy, yes, they sing.

### Second reading

Romans 8:18-23

***The whole creation is eagerly waiting for God to reveal his sons***

I think that what we suffer in this life can never be compared to the glory, as yet unrevealed, which is waiting for us. The whole creation is eagerly waiting for God to reveal his sons. It was not for any fault on the part of creation that it was made unable to attain its purpose, it was made so by God; but creation still retains the hope of being freed, like us, from its slavery to decadence, to enjoy the same freedom and glory as the children of God. From the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; and not only creation, but all of us who possess the first-fruits of the Spirit, we too groan inwardly as we wait for our bodies to be set free.

*The Word of the Lord*

### Gospel Acclamation

1S3:9, Jn6:68

Alleluia, alleluia!  
The seed is the word of God, Christ the sower;  
whoever finds this seed will remain for ever.  
Alleluia!

### Gospel

Matthew 13:1-23

***A sower went out to sow***

Jesus left the house and sat by the lakeside, but such large crowds gathered round him that he got into a boat and sat there. The people all stood on the beach, and he told them many things in parables.

He said, 'Imagine a sower going out to sow. As he sowed, some seeds fell on the edge of the path, and the birds came and ate them up. Others fell on patches of rock where they found little soil and sprang up straight away, because there was no depth of earth; but as soon as the sun came up they were scorched and, not having any roots, they withered away. Others fell among thorns, and the thorns grew up and choked them. Others fell on rich soil and produced their crop, some a hundredfold, some sixty, some thirty. Listen, any one who has ears!'

Then the disciples went up to him and asked, 'Why do you talk to them in parables?' 'Because' he replied, 'the mysteries of the kingdom of heaven are revealed to you, but they are not revealed to them. For anyone who has will be given more, and he will have more than enough; but from anyone who has not, even what he has will be taken away. The reason I talk to them in parables is that they look without seeing and listen without hearing or understanding. So in their case this prophecy of Isaiah is being fulfilled:

You will listen and listen again, but not understand, see and see again, but not perceive.

For the heart of this nation has grown coarse, their ears are dull of hearing, and they have shut their eyes, for fear they should see with their eyes, hear with their ears, understand with their heart, and be converted and be healed by me.

'But happy are your eyes because they see, your ears because they hear! I tell you solemnly, many prophets and holy men longed to see what you see, and never saw it; to hear what you hear, and never heard it.

'You, therefore, are to hear the parable of the sower. When anyone hears the word of the kingdom without understanding, the evil one comes and carries off what was sown in his heart: this is the man who received the seed on the edge of the path. The one who received it on patches of rock is the man who hears the word and welcomes it at once with joy. But he has no root in him, he does not last; let some trial come, or some persecution on account of the word, and he falls away at once. The one who received the seed in thorns is the man who hears the word, but the worries of this world and the lure of riches choke the word and so he produces nothing. And the one who received the seed in rich soil is the man who hears the word and understands it; he is the one who yields a harvest and produces now a hundredfold, now sixty, now thirty.'

*The Gospel of the Lord.*

## DEVOTIONAL LIFE & PRAYER



### **The Litany of the Most Precious Blood (July Devotion)**

Lord, have mercy. **Lord, have mercy.**  
Christ, have mercy. **Christ, have mercy.**  
Lord, have mercy. **Lord, have mercy.**

Christ, hear us. **Christ, hear us.**  
Christ, graciously hear us.  
**Christ, graciously hear us.**

God the Father of Heaven, **have mercy on us.**  
God the Son, Redeemer of the world, **have mercy on us.**  
God, the Holy Spirit, **have mercy on us.**  
Holy Trinity, One God, **have mercy on us.**

Blood of Christ, only-begotten Son of the eternal Father, **save us.**  
Blood of Christ, Incarnate Word or God, **save us.**  
Blood of Christ, of the New and Eternal Testament, **save us.**  
Blood of Christ, falling upon the earth in Agony, **save us.**  
Blood of Christ, shed profusely in the Scourging, **save us.**  
Blood of Christ, flowing forth in the Crowning with Thorns, **save us.**  
Blood of Christ, poured out on the Cross, **save us.**  
Blood of Christ, price of our salvation, **save us.**  
Blood of Christ, without which there is no

forgiveness, **save us.**  
Blood of Christ, Eucharistic drink and refreshment of souls, **save us.**  
Blood of Christ, stream of mercy, **save us.**  
Blood of Christ, victor over demons, **save us.**  
Blood of Christ, courage of Martyrs, **save us.**  
Blood of Christ, strength of Confessors, **save us.**  
Blood of Christ, bringing forth Virgins, **save us.**  
Blood of Christ, help of those in peril, **save us.**  
Blood of Christ, relief of the burdened, **save us.**  
Blood of Christ, solace in sorrow, **save us.**  
Blood of Christ, hope of the penitent, **save us.**  
Blood of Christ, consolation of the dying, **save us.**  
Blood of Christ, peace and tenderness of hearts, **save us.**  
Blood of Christ, pledge of eternal life, **save us.**  
Blood of Christ, freeing souls from purgatory, **save us.**  
Blood of Christ, most worthy of all glory and honour, **save us.**

Lamb of God, who taketh away the sins of the world, **spare us, O Lord.**  
Lamb of God, who taketh away the sins of the world, **graciously hear us, O Lord.**  
Lamb of God, who taketh away the sins of the world, **have mercy on us, O Lord.**

V. Thou hast redeemed us, O Lord, in Thy Blood.  
**R. And made us, for our God, a kingdom.**

Almighty and eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by his blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen.

### **A Spiritual Communion for use when not able to receive our Lord physically:**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

**Sacrament of Reconciliation & Holy Communion: if you wish to make an appointment with Fr Kevin to go to confession and receive Holy Communion (with all necessary safeguards in place), please contact him at the presbytery or by email.**

### **PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND INFIRM**

Canon McAllister,  
Maureen McLeod,  
James Morris,  
Elaine McCormick,  
Sandra Graham,  
Ester Wren,  
Daniel Cornet,  
Ann-Marie Bevan,  
Patricia Phee,  
Angie Kempson,  
Margaret Lynch,  
Edith Bryant,  
Elizabeth McVay,  
Veronica Fogherty,  
David and Lynn  
Dean, Colin Reid,  
Martin Lacey,  
Sandra Christie,  
Eleanor Haggett,  
Susan Stevenson,  
Elizabeth Byrne  
and Jennifer Imrie  
*Our Lady, Mother  
of the sick—pray  
for them*

### **OF YOUR CHARITY, PLEASE PRAY FOR THE RECENTLY DECEASED**

All those who have died of Covid-19 and all who have no one to pray for them

*Fidelium animae  
per misericordiam  
Dei requiescant in  
pace. Amen*

## COVID-19 & OUR PARISH

### MAKING A DONATION

During this time of Church closure, and no public Masses being celebrated, you have very little chance of supporting the ongoing mission of the parish and upkeep of our church buildings.

We thank you for all that you have contributed in the past, and if you are able to continue your support, which can also be Gift Aided, we would be eternally grateful. God bless.

Below are the details for the bank accounts for each church if you wish to make your donation directly into the bank account:

**St Peter in Chains—**  
RBS A/C No:  
00600297  
Sort Code: 833300

**Ss John & Columba's—**  
RBS A/C No:  
00114865  
Sort Code: 832339

**Our Lady of Lourdes—**  
RBS A/C No:  
00249131  
Sort Code: 833300



**The obligation to attend Mass remains suspended at this time**

### Public Worship

*Preparations are underway for the re-opening of Churches for public services. This, according to the latest information, may take place from the 15th of July. This is what you can expect.*

**All being well Mass resumes on Wednesday 15th July – the 15th Wednesday in Ordinary Time**

- You may attend any weekday Mass, instead of attending the Sunday one;
  - If you are shielding, it's important that you do not come out to Mass at all;
- We will need to record your name and address when you attend Mass, in case you need to be traced;
- We are not allowed more than 50 people in church.
- Seating according to physical distancing rules. Currently, Rosyth would have a capacity of 30, Inverkeithing will also be about 30 and Dunfermline is        Households may sit together. You will be guided to a seat by a passkeeper you not be able to sit where you normally do.
- You will need to wear a face covering. Exemptions are children under 5 and those with a condition such as asthma. We have a very limited supply of

masks if you do not have your own.

- You will need to sanitise your hands on entering and leaving. This will be provided. Please avoid touching statues and other surfaces. If you wish to light votive candles, please place them in the basket provided for this purpose (*We ask you not to light the candles yourself, as your hands have flammable liquid on them...*)
- There will be no music or singing, no readers, ministers of communion, altar servers or sacristans. Only the priest will be allowed in the sacristy and toilet facilities will not be available.
- Mass will be celebrated without the Gloria or Creed and only one reading, psalm and the gospel.
- Holy Communion (under the one species) will be distributed after the final blessing and people are asked to leave immediately.
- Offertory donations may be placed in baskets as you leave the church at the end of Mass
- There will be no Teas etc. after Mass.
  - We will suspend the Holy Hours to focus on Mass, until we can resume normal services.
- The church will have to be cleaned after each Mass.
- We will need a team of at least 2 pass keepers, and 2 or 3 cleaners for each Mass. Please consider volunteering your time and help make this all possible.
- My thanks to those who are presently volunteering to clean the churches at the end of each period.



## DID YOU KNOW.....

Catholics are, first and foremost, Christians who believe that Jesus Christ is the Son of God (Sadly there are some who call themselves Christians—an even some who call themselves Catholic, who try to claim that Catholics are not Christians!).

Catholicism shares some beliefs with other Christian practices, but essential Catholic beliefs include the following:

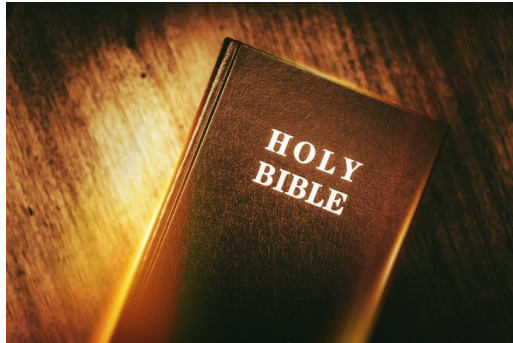
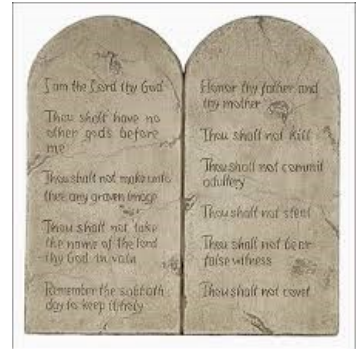
- **The Bible** is the inspired, error-free, and revealed word of God.
- **Baptism**, the rite of becoming a Christian, is necessary for salvation — whether the Baptism occurs by water, blood, or desire.
- **God's Ten Commandments** provide a moral compass — an ethical standard to live by.
- The existence of the **Holy Trinity** — one God in

three persons. Catholics embrace the belief that God, the one Supreme Being, is made up of three persons: God the Father, God the Son, and God the Holy Spirit.

Catholics also believe that since Adam and Eve disobeyed God in the Garden of Eden, all humans

are born with original sin, which only Baptism removes. A happier belief is in grace, a totally free, unmerited gift from God.

Grace is a sharing in the divine; the inspiration to do God's will.

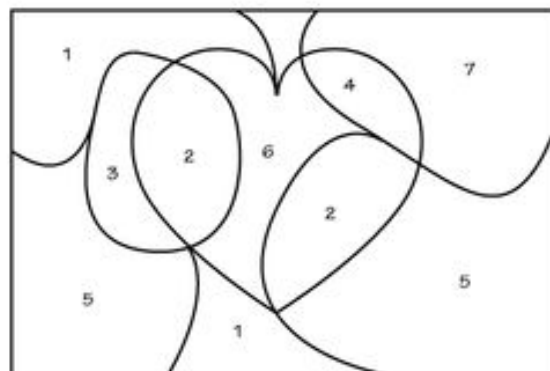


Can you find these words?

JESUS      SOW      FRUIT  
JOY      HARVEST

D E I X M S O W Y J  
J S A U Y C Q A S E  
B O Z F R U I T B S  
P X Y R W D A K M U  
K H A R V E S T X S

Shade in the shapes with even numbers to see the love you sow.



## NEWS & EVENTS

**Lourdes:** Catholics across the Archdiocese can sample the special Lourdes experience by taking part in a virtual pilgrimage. The innovative online idea has been organised by the Pilgrimage & Hospitalité Committees to make up for the disappointment of having to cancel the annual French trip due to the Covid-19 pandemic.

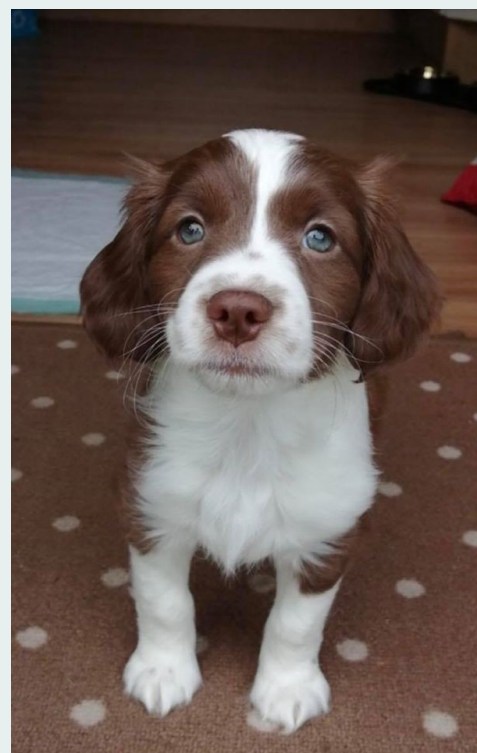
A spokesperson for the committees said: "The Pilgrimage & Hospitalité Committees have put together an experience to re-create our Pilgrimage with Masses, prayers, videos and interactive events. These will take place during the week when we would have been in Lourdes (10-17 July), and we bring this to you virtually by using our [website](#), [Facebook](#) and Zoom. More information can be found here: <https://archedinburgh.org/get-online-for-this-years-lourdes-pilgrimage/>

**Prayer resources** There are an increasing number of valuable resources online that are very useful to Catholics during the lockdown. One which you may find worthwhile is on a website called Thy Kingdom Come, which has issued a range of neatly formatted resources, including Morning, Evening and Night prayer as well as a Pentecost Novena. You may wish to share these with parishioners. Visit: <https://www.thykingdomcome.global/resources/resources-catholic-church>

**Parish First Holy Communion celebrations:** because of the on going pandemic and the closure of our churches, the scheduled celebrations have been provisionally moved to the following dates after consultation with the senior management teams in our parish schools: Our Lady of Lourdes Church (St Margaret's PS) - Saturday 7th November at 11am & Ss John & Columba's Church (St John's PS) - Saturday 21st November at 10am.

**Children's Sunday Newsletter:** Copy and paste this link into your web browser and it will take you to this weeks edition of a newsletter designed especially for our younger members of the parish: <https://thekidsbulletin.files.wordpress.com/2020/07/the-kids-bulletin-15th-sunday.pdf>

**Children's Liturgy material** for you to use at home with the children can be found here: <https://archedinburgh.org/wp-content/uploads/15thSunOrdTime-Yr-A-12July2020PDF.pdf>



### OUR VIRTUAL PARISH...

as you all know, all public Masses, services, activities, clubs, etc are currently on hold. We do not know when the government will allow us to resume normal activities, and so please bear with us. Let us pray that the all clear may come soon, and that the virus does not claim anyone from our parish community.

During this trying time, both Deacon Pat and Fr Kevin have taken to social media to try and keep some form of parish activities on going. The timetable on the back of the newsletter, tells you of when and what we are doing.

All of these Masses and services are being 'live streamed' through the parish Facebook pages: "The Catholic Parish of the Most Holy Trinity" and "Most Holy Trinity Parish-Our Lady of Lourdes Church." If you have Facebook and you have not already 'liked' these pages (why wouldn't you have already?!), then please do so and keep in touch with the parish.



## DEACON PAT'S PONDERINGS



It's been many Moons and years since I was last wakened by the baby crying in the house! What made it even more concerning for me was when I remembered in those dark hours that I was on the two o'clock and four o'clock feeds. The crying was getting louder and more persistent. Nothing else for it, I had

to get up and head for the Nursery. Immediate silence when I entered the room and the crying turned into little noises of pleasure. There she was, wide eyed and busy tailed knowing full well that there was really nothing wrong and she only wanted company.

Well, out of the bed she came, the call of nature cleaned up and she was made fresh and beautiful again. There was no interest in food and all she wanted was company and a soothing voice reminding her that she was wanted and welcomed.

Thoughts are deep and provoking in the 'wee sma' hours' and you are left wondering at the joy of creation. Some would have this world of ours and all of us, and everything else within it, labelled accident. How can that be so? The intricate patterns of Nature and the way she guards and defends us, the way that life in all its forms is conceived for every reason under the sun. How can anyone argue that this world of ours can be an accident and there is no Creator at the helm. Yes, there may be illnesses and in the worst scenario that we are facing at the moment, a pandemic causing many deaths and sorrow. But we have been given knowledge and the abilities to fight such viruses and keep ourselves safe.

We listen hard to the words of the Scientists when our lives are at stake and we take the precautions that they advise. Those who don't listen are alien to

the hazards they provoke, they may spread the disease or may catch it themselves. Sadly, some people lose their lives, others have their lives turned around by experiencing the illness and go on to enjoy life.

We protect our bodies, so why don't we protect our souls? We listen to the words of Christ in today's Gospel and as Christians we are hopefully among those who have eyes to see and ears to hear. We have heard the Word and are taking the precautions and altering our life in the way that Jesus teaches. We protect our spiritual being in the hope of sharing God's Divinity. We are made to be in the likeness of the Father and to enjoy His company for all time. The Psalmist wrote "O, Lord, you search me and you know me, you know my resting and my rising, you discern my purpose from afar" The trouble is we don't try to discern our purpose at times.

Ask yourself... Am I the fertile soil, do I hear the Word and understand it? And, importantly do I act on it?

Oops! I'm not paying enough attention to a certain young lady and she is making her presence felt. Ok, settle, down now, gently, gently, here come the yawns. Oh, big stretches and the eyes are closing. The head droops and she snuggles in drifting off to sleep.

I sit quietly for a few minutes watching this little girl, so much in awe of life, how everything is formed, especially you and me.

She's off now, sleeping soundly and I pick up Ellie our new puppy addition to our family and slip her into her bed. She'll get me up again in a couple of hours and I'll be the sleepy one. Anyway, to all the little ones out there, sleep tight, God Bless!

*(Pic of Ellie on pg 6) Walkies!*

**Parish Safeguarding Coordinators** Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLoL)

**Baptisms & Marriages** Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

**Sacrament of the Sick / Hospital Visitations** Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie's Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (emergency cover is provided by the various priests in Fife) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret's (625611) **Please note that a patient/family request must be made before the clergy can visit.**

**Names for sick list** Names can only be added by the person themselves or by a member of the family. Please advise the Parish Office of any name to be added or removed.

**Mass Intentions** Please try to have any intention that is required to be said on a particular date in a month before hand. On occasion when a funeral takes place, the stated intention will be moved to the next available date.

**Bulletin Notices** All notices should be with Fr Kevin in Rosyth by Thursday morning for inclusion in the weekend bulletin

## LITURGICAL TIMETABLE FOR COMING WEEK

<b>Sunday 12th July</b> <i>Fourteenth Sunday of the Year</i>	<b>10.00am</b> 4.00pm		<b>Holy Mass</b> <i>Exposition &amp; Benediction</i>	<i>Pro Populo</i>
<b>Monday 13th July</b> <i>in the 15th Week of the Year</i>	<b>No Mass</b>			
<b>Tuesday 14th July</b> <i>in the 15th Week of the Year</i>	<b>10.00am</b>		<b>Holy Mass</b>	<i>Kathleen McHale RIP</i>
<b>Wednesday 15th July</b> <i>Memorial of St Bonaventure</i>	<b>10.00am</b>	St Peter in Chains	<b>Holy Mass</b>	<i>Agnes Kollmuss RIP</i>
<b>Thursday 16th July</b> <i>Memorial of Our Lady of Mount Carmel</i>	<b>10.00am</b>	Ss John & Columba's	<b>Holy Mass</b>	<i>John Devine RIP</i>
	<b>7.00pm</b>	Our Lady of Lourdes	<b>Holy Mass</b>	<i>John McLoughlin RIP</i>
<b>Friday 17th July</b> <i>in the 15th Week of the Year</i>	<b>10.00am</b>	St Peter in Chains	<b>Holy Mass</b>	<i>Gerry Welsh RIP</i>
<b>Saturday 18th July</b> <i>in the 15th Week of the Year</i>	<b>10.00am</b>	Ss John & Columba's	<b>Holy Mass</b>	<i>Winnie Keane RIP</i>
	<b>5.00pm</b>	St Peter in Chains		
<b>Sunday 19th July</b> <i>Fifteenth Sunday of the Year</i>	<b>9.30am</b>	Ss John & Columba's	<b>Holy Mass</b>	<i>Pro Populo</i>
	<b>11.30am</b>	Our Lady of Lourdes	<b>Holy Mass</b>	
	<b>5.00pm</b>	Our Lady of Lourdes	<b>Holy Mass</b>	



### The Catholic Parish of The Most Holy Trinity



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Website: [www.catholicswife.com](http://www.catholicswife.com)

Facebook: <https://www.facebook.com/catholicswife/>



*The Most Holy Trinity is a parish of the Archdiocese of St Andrews & Edinburgh.  
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