

LITURGICAL TIMETABLE FOR COMING WEEK

DATE	TIME	LITURGICAL ACT	PRESIDER	MASS INTENTION
Sunday 5th April <i>Palm Sunday</i>	10.00am	Holy Mass	<i>Fr Kevin</i>	<i>Pro Populo</i>
Monday 6th April <i>in Holy Week</i>	12.30pm	Holy Mass	<i>Fr Kevin</i>	<i>Fr Joe Millar RIP</i>
	<i>2.45pm</i>	<i>Exposition & Divine Mercy Devotions</i>	<i>Fr Kevin</i>	
	<i>6.00pm</i>	<i>Evening Prayer</i>	<i>Deacon Pat</i>	
Tuesday 7th April <i>in Holy Week</i>	12.30pm	Holy Mass	<i>Fr Kevin</i>	<i>Mgr Brian Halloran RIP</i>
	<i>2.45pm</i>	<i>Exposition & Divine Mercy Devotions</i>	<i>Fr Kevin</i>	
	<i>6.00pm</i>	<i>Evening Prayer</i>	<i>Deacon Pat</i>	
Wednesday 8th April <i>Spy Wednesday</i>	12.30pm	Holy Mass	<i>Fr Kevin</i>	
	<i>2.45pm</i>	<i>Exposition & Divine Mercy Devotions</i>	<i>Fr Kevin</i>	
	<i>6.00pm</i>	<i>Evening Prayer</i>	<i>Deacon Pat</i>	
Thursday 9th April <i>Maundy Thursday</i>	<i>10.00am</i>	<i>Morning Prayer</i>	<i>Fr Kevin</i>	<i>James Duffy RIP</i>
	7.00pm	The Lord's Supper	<i>Fr Kevin</i>	
	<i>10.00pm</i>	<i>Night Prayer</i>	<i>Fr Kevin</i>	
Friday 10th April <i>Good Friday</i>	<i>10.00am</i>	<i>Morning Prayer</i>	<i>Fr Kevin</i>	
	3.00pm	The Passion of our Lord	<i>Fr Kevin</i>	
	<i>7.00pm</i>	<i>Stations of the Cross</i>	<i>Deacon Pat</i>	
Saturday 11th April <i>Holy Saturday</i>	<i>10.00am</i>	<i>Morning Prayer</i>	<i>Fr Kevin</i>	<i>Pro Populo</i>
	8.30pm	Vigil of the Resurrection		
Sunday 12th April <i>Easter Sunday</i>	10.00am	Holy Mass	<i>Fr Kevin</i>	<i>An end to the Corona-19 Virus</i>

Newsletter available online at www.catholicswfife.com

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The Most Holy Trinity is a parish of the Archdiocese of St Andrews & Edinburgh.
A Charity registered in Scotland Number SC008540



THE CATHOLIC PARISH OF
THE MOST HOLY TRINITY



PALM SUNDAY OF THE PASSION OF THE LORD (A)

5th April 2020

PARISH COMMUNICATIONS

Parish Priest: Rev Fr Kevin A. Dow CF OCM BD MBIFD

Rev Nicholas Hodgson PhB STL JCL

Pastoral assistant: Rev Deacon Pat Carrigan BDiv
(*email: obl.columba@gmail.com*)

The Parish Office, 67 Aberdour Road, Dunfermline. KY11 4QZ
(*open Mon-Fri: 0930-1230*)

Telephone: 01383 722202 (*Office*) /412084 (*Presbytery*)

Email: admin@catholicswfife.com **Website:** www.catholicswfife.com



“As they were marching out, they came upon a man of Cyrene, Simon by name; this man they pressed into service to carry his cross.” (Matthew 27:32)

The Lord calls us to love God and to love our neighbour. Every day we are presented with opportunities to love our neighbour and help him “carry his cross.” These opportunities aren’t usually big events, they are usually ordinary occurrences like helping someone to get in shopping or checking they are ok. The key is putting the other person’s needs before our own and not expecting anything in return.

Response to the Psalm:

My God, my God, why have you forsaken me?

Gospel Acclamation:

Praise to you, O Christ, king of eternal glory!

Christ was humbler yet, even to accepting death, death on a cross.

But God raised him high and gave him the name which is above all names.

Please remember in your prayers the sick and infirm

Canon McAllister, Maureen McLeod, James Morris, Elaine McCormick, Sandra Graham, Ester Wren, Daniel Cornet, Ann-Marie Bevan, Patricia Phee, Angie Kempson, Margaret Lynch, Edith Bryant, Elizabeth McVay, Veronica Fogherty, David and Lynn Dean, Colin Reid, Martin Lacey, Sandra Christie, Eleanor Haggett, Bonnie Gauson, Susan Stevenson, Elizabeth Byrne and Jennifer Imrie

Our Lady, Mother of the sick—pray for them

Of your charity, please pray for the recently deceased

Those who have died of Covid-19

Parish Safeguarding Coordinators

Patricia Watt (PiC); Lisa Quinn (J&C); Jane Imrie & Margaret Hall (OLOL)

Baptisms & Marriages

Arrangements for weddings (for which six months notice is required) and Baptisms should be made by appointment with one of the clergy.

Sacrament of the Sick / Hospital Visitations

Those who require the Sacrament of the Sick at home should contact the Parish Office to arrange for Fr. Dow to visit. The Anointing of the Sick should ordinarily be arranged prior to any prolonged hospital visit. The Catholic Chaplain to the Victoria Hospital is Fr Gowans of St Marie’s Kirkcaldy (Tel: 01592 592111). In cases of emergency where you or a family member require the pastoral assistance of the Catholic Chaplain (*emergency cover is provided by the various priests in Fife*) please request this from the nursing staff at the hospital. For patients in Queen Margaret Hospital please contact Fr Chris Heenan at St Margaret’s (625611)

Please note that a patient/family request must be made before the clergy can visit.

Names for sick list

Names can only be added by the person themselves or by a member of the family.

Please advise the Parish Office of any name to be added or removed.

Mass Intentions

Please try to have any intention that is required to be said on a particular date in a month before hand. *On occasion when a funeral takes place, the stated intention will be moved to the next available date.*

Hall Bookings

Please contact (for St Peter’s Hall) Mrs Pat Reid on 417214 or Mary Irvine at the Parish Office (for Our Lady of Lourdes Hall) for availability.

Bulletin Notices

All notices should be with the Parish Office by Thursday morning for inclusion in the week-end bulletin.

Church	Gift Aid	Loose monies	Stand Orders	Total
St Peter in Chains			£121.00	
Ss John & Columba’s			£372.00	
Our Lady of Lourdes			£34.75	

Thank you for your generosity

NEWS & EVENTS

Welcome: If you are a visitor to the parish, we want you to know how welcome you are – whether you have come from another part of the country, from across the world or simply from another parish.—*welcome!*

Parish Activities: as you can expect, all parish activities, clubs, services etc are currently on hold. We do not know when the government will allow us to resume normal activities, and so please bear with us. Let us pray that the all clear may come soon, and that the virus does not claim anyone from our parish community.

During this trying time, both Deacon Pat and Fr Kevin have taken to social media to try and keep some form of parish activities on going. The timetable on the back of the newsletter, tells you of when and what we are doing. All of these Masses and services are being ‘live streamed’ through the parish Facebook pages: “**The Catholic Parish of the Most Holy Trinity**” and “**Most Holy Trinity Parish-Our Lady of Lourdes Church.**” If you have Facebook and you have not already ‘liked’ these pages (*why wouldn’t you have already?!!*), then please do so and keep in touch with the parish.

During this time of trial, as we have said before, if you are in need of anything, shopping, prescription etc, please do get in touch.

Although the obligation has been lifted for Catholics to attend Mass on Sundays, the obligation to keep Sunday as the Lord’s day has not been. We encourage you as a household, to take some time on Sundays to stop and read through the Mass readings together, and to reflect upon the Word of God. It is a good and pious act to make a Spiritual Communion.

A Spiritual Communion fir use when not able to receive our Lord physically:

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.

I embrace You as if You were already there
and unite myself wholly to You. Never permit
me to be separated from You.

Amen.

Parish finances and coronavirus: We have been asked how people can continue to support their parish when we cannot put money in the plate at church. If your income has been impacted by the crisis, please do not feel obliged to contribute at this time. If your income is secure and you wish to contribute, the best option would be to set up a standing order if you have not already done so. If you have online banking you can set this up quickly using the parish sort code and account number (if your circumstances change this can be amended/cancelled). We also have standing order forms available which you can complete, sign and post to your bank (using the branch address on your cheque book or bank statement).

Alternatively you can donate using electronic banking. The Parish account details are:

Sort Code: **833300**

Account Number: **19119778**

Account name: **Archdiocese of St Andrews & Edinburgh The Most Holy Trinity – Fife**

(Please include your name as the payment reference).

Holy Week

D S T A H M O S U R V O W G V U P P E R R O O M
 T I N O G S Y E K N O D R R D F K X X F Z V R Y
 W M S O S N D A T F T X J P U I R D R U Y Q S G
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 R J N A H W N S N M V P Z E G O K P X P C X R E
 G B J M Y V M I N L A F Y R F X L X K R X S P P
 U Q V V K P E X A A C C I J E N A M E S H T E G
 P S N N H A U Q G P W H P Z C Q F L Z O P N G I
 G T I D U F B L J G W U Q Q J G D L I X Y T M T

anoint	betray	den of thieves	donkey
garden	Gethsemane	house of prayer	Jerusalem
keep watch	king	Moneychangers	Palm Sunday
palms	Passover	temple	Upper room

Answers to the Holy Week Quiz

1. Gethsemane or the Mount of Olives
2. Judas
3. Peter
4. Pontius Pilate
5. Barabbas
6. 14
7. 3
8. Simon of Cyrene
9. Veronica
10. King of the Jews
11. Joseph of Arimathea
12. Mary Magdalene

My dear sisters and brothers in Christ,

Your parish clergy will be praying daily for the life of the whole parish including those who are sick, isolated at this time and for all who are working in healthcare. Let us pledge to pray for each other.

I'm sure there are people and places you are looking forward to seeing once you are no longer cocooned? Opportunities you want to make the most of? Part of the strangeness and strain of what we are living through is that the future feels so uncertain. We can dream but we cannot plan. On Passion Sunday, at Holy Mass we find all our statues and images veiled. These shrouds serve as a memento mori, reminding us to renew our Lenten mortification so that we have something more substantial to unite with Our Lord's Passion in Holy Week.

Let us remind ourselves what would normally take place. On Holy Thursday, we enter the mystery of the institution of the Sacrifice of the Mass and of the Sacrament of Our Lord's Body and Blood at the Last Supper. At the end of that Mass, we normally accompany the Blessed Sacrament to the Altar of Repose, to unite ourselves with Our Lord's prayer in the Garden of Gethsemane.

On Good Friday, we find the altars stripped and bleak. For three hours, we watch and venerate the Cross and this is pretty much on empty stomachs, Good Friday and Ash Wednesday being the only two real fast days that remain in the Church's calendar. The Blessed Sacrament is consumed at the end of the Liturgy of Our Lord's Passion, so that for the rest of the day and throughout Holy Saturday the empty tabernacles bring us face to face with the desolation of Jerusalem after Our Lord's death and burial.

Then, Deo Gratias, the flame that flickers in the darkness of the night at the beginning of the Easter Vigil suggests that something is stirring in the Tomb, until finally the explosion of bells, music and light that erupts at the beginning of the Gloria in excelsis leaves us in no doubt: Christ is risen, sin and death have been conquered, and the Church cannot contain Her jubilation.

To me, the most comforting part of Holy Week is not the waving of triumphal palms on one Sunday morning, or the flowers and joyous hymns on Easter Sunday. It's what happens in between. It's Jesus on Maundy Thursday sharing a table with the people he loved the most. It's him washing their feet, and showing that the mark of a true leader is whether they can serve others. And it's Jesus still loving those disciples even though he knew that, at best, they would abandon him, and at worst, they would betray him. And it's Jesus in the garden, alone, heart-broken, and struggling between what he wanted to do and what he knew he had to do. And on Good Friday, it continues. The world turns against him, and the ones who cheered his entry in Jerusalem instead cheer his death. He suffers. He calls out to a God who does not seem to answer. He doubts. He feels pain, and loss, and grief. And in the end he loses the life he knew.

I'm sometimes asked by those who are going through a difficult time whether God is angry when they have doubts, or when they wonder why God doesn't seem to be answering prayers. They ask if God understands when we suffer, or when we feel alone.

When they do, I point first not to the Christ of Palm Sunday or Easter, but to the Christ of Maundy Thursday and Good Friday. The one who lived as one of us. Who loved as one of us. Who doubted as one of us. Who suffered as one of us. And who died as one of us.

And only then do I point to the Christ who rose again, and overcame the worst that the world could throw at him.

I sometimes worry that we forget the lessons of Holy Week the rest of the year. But when we forget Holy Week, I wonder if we are losing that time we once had to sit with Christ in his own human struggles? And I wonder if when we lose that time, we lose our ability to learn to sit with others in their struggle, and with ourselves in our own?

But what would Christian life look like if we took that time. What if we became known not just as the people who knew what to do on Sundays, but the ones who knew how to stay with you when your life was falling apart, just as Christ asks us to do on Maundy Thursday? Or the ones who could stand by and still love and respect you even when you call out your doubts, as Jesus did on the cross? What would happen if we weren't just know for our Easter Sunday celebrations, but for our Thursday night solidarity? Our Friday afternoon compassion?

We have the capacity to be those people. We have it because Christ has called us to be those people. All we have to do is be willing to make the journey with him. Not just on Sundays, but on the days between.

Christ is waiting for us there. May we join him on this holy path during Holy Week?

Let us seek the Lord together in the silence & beauty of the coming week that we may hear His Voice and receive His Word. As we do this together, as we fall to our knees before the majesty of God, united in the silent bond of prayer, we will delve into such a deep fraternal bond of faith to which no amount of conversation, or handshaking, or revelling could ever take us.

I know, more than anything, you want to follow this drama not as mere spectators, but as real participants. Let us during this Holy Week unite ourselves more to Our Lord's Passion through acts of sacrificial love, the more fully we shall be able to participate in the joy and the life of the Resurrection on Easter Day

Holy Week 2020 is upon us and COVID-19 does not have the last word. If you are reading this alone at home, please know that your health and well-being are of utmost concern to us, and that you are not alone. If you are able to join with Deacon Pat and myself as we celebrate (separately!) the liturgies of Holy week via the means of 'live streaming' on the parish Facebook page – *The Catholic Parish of the Most Holy Trinity*, then please do journey with us and Christ.

Wishing you a restful weekend and joyous celebrations in the week to come.

Yours fraternally in Christ, Fr Kevin

Holy Week Quiz—to keep the brain active!

How much do you remember about the people and events of Holy Week? Here's a little quiz to test your knowledge.

1. Where did the Agony in the Garden take place?
2. Who betrayed Jesus?
3. Who denied Jesus three times?
4. Who ordered Jesus to be scourged?
5. What criminal was released instead of Jesus?
6. How many Stations of the Cross are there?
7. How many times does Jesus fall on the way to Calvary?
8. Who helped Jesus carry his cross?
9. Who wiped the face of Jesus?
10. What did the sign on the cross say?
11. Who made arrangements for the burial of Jesus?
12. Who was the first to discover that Jesus had risen?



A picture of Jesus' triumphal entry into Jerusalem for you to colour in.....